



Washing your hands stops MRSA.

Why wash?

- MRSA germs live on skin.
- Germs can spread quickly in jails and prisons.
- Washing hands removes germs.
- Avoid taking germs home.

How?

- Wash hands with soap and water.
- Rub hands with lather for 20 seconds.
- Rinse well with water.
- Dry with a clean towel.

Department of Health and Human Services • Centers for Disease Control and Prevention • National Institute for Occupational Safety and Health

www.cdc.gov/niosh

DHHS (NIOSH) Publication No. 2013-114, January 2013

Stop MRSA in Jails and Prisons

