### **RANDS1 Questionnaire**

#### **PHSTAT**

Would you say health in general is excellent, very good, good, fair, or poor?

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor
- 9 (Don't Know)

NEW SCREEN
------------

These next questions are about whether you were always able to afford the food you needed in the last 30 days.

First, you are going to see several statements that people have made about their food situation. For these statements, please indicate whether the statement was often true, sometimes true, or never true for you in the last 30 days.

#### **FSRUNOUT**

I worried whether my food would run out before I got money to buy more

- 1 Often true
- 2 Sometimes true
- 3 Never true
- 9 (Don't Know)

#### **FSLAST**

The food that I bought just didn't last, and I didn't have money to get more.

- 1 Often true
- 2 Sometimes true
- 3 Never true
- 9 (Don't Know)

#### **FSBALANCE**

I couldn't afford to eat balanced meals.

- 1 Often true
- 2 Sometimes true
- 3 Never true
- 9 (Don't Know)

NEW SCREEN	

#### **FSSKIP**

In the last 30 days, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

- 1 Yes
- 2 No
- 9 (Don't Know)

#### **FSLESS**

In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?

- 1 Yes
- 2 No
- 9 (Don't Know)

#### **FSHUNGRY**

In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?

- 1 Yes
- 2 No
- 9 (Don't Know)

#### **FSWEIGHT**

In the last 30 days, did you lose weight because there wasn't enough money for food?

- 1 Yes
- 2 No

9 (Don't Know)
NEW SCREEN
<b>FHCDV2W</b> During the last 2 weeks, did you see a doctor or other health care professional at a doctor's office, a clinic, an emergency room, or some other place?
1 Yes 2 No 9 (Don't Know)
Skip: (If code 1 in FHCDV2W, continue, otherwise skip to F10DVYR)
NEW SCREEN
PHCDVN2W How many times did you visit a doctor or other health care professional during the last 2 weeks?
Please enter a number between 0 and 14.
NEW SCREEN
<b>F10DVYR</b> During the past 12 months, did you receive care from doctors or other health care professionals 10 or more times? Do not include telephone calls.
1 Yes 2 No 9 (Don't Know)
NEW SCREEN

а

#### **FHICOV**

The next few questions are about health insurance, including health insurance obtained through employment, purchased directly, as well as government programs like Medicare and Medicaid that provide Medical care or help pay medical bills.

Are you covered by any kind of health insurance or some other kind of health care plan?

- 1 Yes
- 2 No
- 9 (Don't Know)

Skip: (If code 2 in FHICOV skip to WRKCOR, otherwise continue)

NEW SCREEN
------------

#### HIKIND

Do you have any of the following kinds of health insurance or health care coverage? Include those plans that pay for only one type of service, such as nursing home care, accidents, or dental care. Exclude private plans that only provide extra cash while hospitalized.

- 1 Yes
- 2 No
- 9 (Don't know)

HIKIND_1	Private Health Insurance
HIKIND_2	Medicare
HIKIND_3	Medi-Gap
HIKIND_4	Medicaid
HIKIND_5	SCHIP (CHIP/Children's Health Insurance Program)
HIKIND_6	Military health care (TRICARE/VA/CHAMP-VA)
HIKIND_7	Indian Health Service
HIKIND_8	State-sponsored health plan
HIKIND_9	Other government program
HIKIND_10	Single service plan (e.g., dental, vision, prescriptions)

Skip: (If code 1 in HIKIND\_1, continue, otherwise skip to WRKCOR)

NEW SCREEN	

#### **PLNMGD**

What type of private plan do you have?

- 1 HMO (Health Maintenance Organization)
- 2 IPA (Individual Practice Plan)
- 3 PPO (Preferred Provider Organization)
- 4 POS (Point of Service)
- 5 Fee-for-Service
- 6 Indemnity
- 7 Some Other Kind of Plan
- 9 (Don't Know)

#### **MGCHMD**

Under your private plan, can you choose <u>any</u> doctor or <u>must</u> you choose one from a specific group or list of doctors?

- 1 Choose Any Doctor
- 2 Choose from a Group or List
- 9 (Don't Know)

#### **PCPREQ**

Does this plan require you to have a primary care doctor who approves all your care?

- 1 Yes
- 2 No
- 9 (Don't Know)



The next questions are about the work you do.

#### **WRKCOR**

Which of the following were you doing last week?

- 1 Working for pay at a job or business
- 2 With a job or business but not at work
- 3 Looking for work
- 4 Working, but not for pay, at a family-owned job or business
- 5 Not working at a job or business and not looking for work
- 9 (Don't Know)

### Skip note: (If code 2,3,4, or 5 continue, otherwise skip to HYPEV)

#### WHYNOWK2

What is the main reason you did not work last week?

- 1 Taking care of house or family
- 2 Going to school
- 3 Retired
- 4 On a planned vacation from work
- 5 On family or maternity leave
- 6 Temporarily unable to work for health reasons
- 7 Have job or contract and off-season
- 8 On layoff
- 9 Disabled
- 10 Other
- 99 (Don't Know)

NEV	V SCREEN	

The next series of questions will ask you about certain medical conditions.

#### **HYPEV**

Have you <u>ever</u> been told by a doctor or other health professional that you had hypertension, also called high blood pressure?

- 1 Yes
- 2 No
- 9 (Don't Know)

Skip: (If code 1 in HYPEV continue, otherwise skip to EPHEV)

# NEW SCREEN **HYPMDEV2** Has a doctor ever prescribed any medicine for you high blood pressure? 1 Yes 2 No 9 (Don't Know) **HYPMED2** Are you now taking any medicine prescribed by a doctor for your high blood pressure? 1 Yes 2 No 9 (Don't Know) NEW SCREEN\_\_\_\_\_ **EPHEV** Have you ever been told by a doctor or other health professional that you had emphysema? 1 Yes 2 No 9 (Don't Know) **COPDEV** Have you ever been told by a doctor or other health professional that you had chronic obstructive pulmonary disease, also called COPD? 1 Yes 2 No 9 (Don't Know) **AASMEV** Have you ever been told by a doctor or other health professional that you had asthma? 1 Yes 2 No 9 (Don't Know)

Skip: (If code 1 AASMEV continue, otherwise skip to DIBEV)

	NEW SCREEN
AASSTILL  Do you still have a	asthma?
, , , , , , , , , , , , , , , , , , , ,	
	1 Yes
	2 No 9 (Don't Know)
	o (Bentralew)
AASMYR	
During the past 12	2 months have you had an episode of asthma, or an asthma attack?
	1 Yes
	2 No
	9 (Don't Know)
AASMERYR	
During the past 12 of asthma?	2 months have you had to visit an emergency room or urgent care center because
	1 Yes
	2 No
	9 (Don't Know)
	NEW SCREEN
	<del></del>
Other then during	
	pregnancy, have you ever been told by a doctor or other health professional that sor sugar diabetes?
	1 Yes 2 No
	3 Borderline
	9 (Don't Know)
Skip: <u>(If code 1 in</u>	DIBEV skip to DIBAGE, if code 3 skip to INSLN, otherwise continue)
	NEW SCREEN
DIBPRE1	
	en told by a doctor or other health professional that you have any of the following:
prediabetes, impa	ired fasting glucose, impaired glucose tolerance, borderline diabetes, or high blood
sugar?	4 Vaa
	1 Yes 2 No
	- 110

# 9 (Don't Know)

ip: (All in DIBPRE1: If code 1 in DIBPRE1 skip to INSLN, otherwise skip to CBRCHYR)
NEW SCREEN
IBAGE ow old were you when a doctor or other health professional first told you that you had diabetes or ugar diabetes?
[OPEN ENDED]
ip: (If code 1 in DIBEV or code 1 in DIBRE1, continue, otherwise skip to CBRCHYR)
NEW SCREEN
ISLN re you <u>now</u> taking insulin?
1 Yes 2 No 9 (Don't Know)
IBPILL re you now taking diabetic pills to lower your blood sugar? These are sometimes called oral agents r oral hypoglycemic agents.
1 Yes 2 No 9 (Don't Know)
NEW SCREEN
BRCHYR ave you ever been told by a doctor or other health professional that you had chronic bronchitis?
1 Yes 2 No 9 (Don't Know)

NEW SCREEN
<b>SMKEV</b> These next questions are about cigarette smoking. Have you smoked at least 100 cigarettes in you entire life?
1 Yes 2 No 9 (Don't Know)
Skip: (If code 1 SMKEV continue, otherwise skip to SMKAY)
NEW SCREEN
SMKNOW How often do you now smoke cigarettes? Every day, some days or not at all?
<ul><li>1 Every Day</li><li>2 Some Days</li><li>3 Not At All</li><li>9 (Don't Know)</li></ul>
Skip: (If code 3 continue, if code 1 or 2 skip to CIGQTYR, if code 9 or blank skip to VIGNO)
NEW SCREEN
SMKQTNO How long has it been since you quit smoking cigarettes?
[OPEN ENDED]
NEW SCREEN
CIGQTYR During the past 12 months, have you stopped smoking for more than one day because you were trying to quit smoking?
1 Yes 2 No 9 (Don't Know)
Skip: <u>(All in CIGQTYR skip to VIGNO)</u>
NEW SCREEN

#### Programmer: (Only ask SMKANY of those who were code 2, 9, or blank in SMKEV)

#### **SMKANY**

Have you ever smoked a cigarette even one time?

1 Yes

2 No

9 (Don't Know)

NEW SCREEN

The next questions are about physical activities (exercise, sports, physically active hobbies...) that you may do in you leisure time.

#### **VIGNO**

How often do you do <u>vigorous</u> leisure-time physical activities for at least 10 minutes that cause heavy sweating or large increases in breathing or heart rate?

[OPEN ENDED]

#### **MODNO**

How often do you do <u>light or moderate</u> leisure time physical activities for at least 10 minutes that cause only light sweating or a slight to moderate increase in breathing or heart rate?

[OPEN ENDED]

#### **STRNGNO**

How often do you do leisure time physical activities specifically designed to strengthen your muscles such as lifting weights or doing calisthenics?

[OPEN ENDED]

NEW SCREEN	

These next questions are about drinking alcoholic beverages. Included are liquor such as whiskey or gin, beer, wine, wine coolers, and any other type of alcoholic beverage.

#### ALC1YR

In any one year, have you had at least 12 drinks of any type of alcoholic beverage?

- 1 Yes
- 2 No
- 9 (Don't Know)

Skip: <u>(If code 1 in ALC1YR skip to ALC12MNO, otherwise continue)</u>
NEW SCREEN
ALCLIFE In your entire life, have you had at least 12 drinks of any type of alcoholic beverage?
1 Yes 2 No 9 (Don't Know)
Skip: <u>(If code 1 continue, otherwise skip to AHGT_FT)</u>
NEW SCREEN
ALC12MNO In the past year, how often did you drink any type of alcoholic beverage?
[OPEN ENDED]
<b>ALCAMT</b> On those days that you drank alcoholic beverages in the past year, how many drinks did you have on the average?
[OPEN ENDED]
NEW SCREEN
ALC5UPNO In the <u>past year</u> , on how many <u>days</u> did you have [( <u>Programmer: If code 2 in DEMO_GENDER</u> ):4 ( <u>Programmer: If code 1 in DEMO_GENDER</u> ):5] or more drinks of any alcoholic beverage?
[OPEN ENDED]
BINGE

Considering all types of alcoholic beverages, <u>during the past 30 days</u>, how many times did you have [(<u>Programmer: If code 2 in DEMO\_GENDER</u>):4/ (<u>Programmer: If code 1 in DEMO\_GENDER</u>):5] or more drinks on an occasion?

### [OPEN ENDED]

	NEW SCREEN
AHGT_FT How tall are yo	ou without shoes?
[C	PEN ENDED]
	you weigh without shoes?  PEN ENDED]
	NEW SCREEN
	ny reasons people delay getting medical care. Have you delated getting care for any greasons in the past 12 months?
AHCDLY_1 You couldn't g	et through on the telephone.
2	Yes No (Don't Know)
AHCDLY_2 You couldn't g	et an appointment soon enough.
2	Yes No (Don't Know)

## 1 Yes

2 No

9 (Don't Know)

### AHCDLY\_4

AHCDLY\_3

The clinic or doctor's office wasn't open when you could get there.

Once you get there, you have to wait too long to see the doctor.

1 Yes 2 No 9 (Don't Know) AHCDLY\_5

You didn't have transportation.

- 1 Yes
- 2 No
- 9 (Don't Know)

NEW SCREEN_	

During the past 12 months, was there any time when you needed any of the following, but didn't get it because you couldn't afford it?

#### AHCAFY\_1

Prescription medicines.

- 1 Yes
- 2 No
- 9 (Don't Know)

#### AHCAFY\_2

Mental health care or counseling.

- 1 Yes
- 2 No
- 9 (Don't Know)

### AHCAFY\_3

Dental care (including checkups).

- 1 Yes
- 2 No
- 9 (Don't Know)

#### **AHCAFY 4**

Eyeglasses.

- 1 Yes
- 2 No
- 9 (Don't Know)

To see a s	
	1 Yes 2 No 9 (Don't Know)
AHCAFY_ Follow-up	
	1 Yes 2 No 9 (Don't Know)
	NEW SCREEN
During the	past 12 months, have you ever used computers for any of the following?
HIT1A Look up he	ealth information on the Internet.
	1 Yes 2 No 9 (Don't Know)
HIT3A Schedule an appointment with a health care provider.	
	1 Yes 2 No 9 (Don't Know)
	NEW SCREEN
During the	past 30 days, how often did you feel
ACISAD So sad tha	at nothing could cheer you up?
	<ul> <li>1 All of the time</li> <li>2 Most of the time</li> <li>3 Some of the time</li> <li>4 A little of the time</li> <li>5 None of the time</li> <li>9 (Don't Know)</li> </ul>

#### **ACINERV**

#### Nervous?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 9 (Don't Know)

#### **ACIRSTLS**

Restless or fidgety?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 9 (Don't Know)

#### **ACIHOPLS**

#### Hopeless?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 9 (Don't Know)

#### **ACIEFFRT**

That everything was an effort?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 9 (Don't Know)

### **ACIWTHLS**

Worthless?

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time

	9 (Don't Know)
	NEW SCREEN
AWEBOFI How often	NO do you use the Internet?
	[OPEN ENDED]
	NEW SCREEN
ANX_1	
How often	do you feel worried, nervous or anxious?  1 Daily 2 Weekly 3 Monthly 4 A Few Times a Year 5 Never 9 (Don't Know)
ANX_2 Do you tak	te medication for these feelings?  1 Yes 2 No 9 (Don't Know)
Skip: <u>(If co</u>	de 5 in ANX_1 AND code 2 in ANX_2 skip to submit screen, otherwise continue)
	NEW SCREEN
ANX_3 Thinking all of these fe	bout the last time you felt worried, nervous or anxious, how would you describe the leve elings? ]?
	<ul> <li>1 A Little</li> <li>2 A Lot</li> <li>3 Somewhere in Between a Little and a Lot</li> <li>4</li> <li>9 (Don't Know)</li> </ul>

[END]