

Healthy People 2020 Progress Review: Social Determinants of Health and Lesbian, Gay, Bisexual, and Transgender Health



February 5, 2015



Karen B. DeSalvo, MD, MPH, MSc

Acting Assistant Secretary for Health
U.S. Department of Health and Human Services



February 5, 2015





Progress Review Agenda and Speakers

Chair

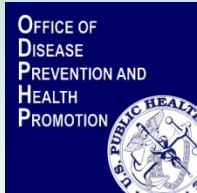
- Karen B. DeSalvo, MD, MPH, MSc, Acting Assistant Secretary for Health
U.S. Department of Health and Human Services

Presentations

- Don Wright, MD, MPH, Deputy Assistant Secretary for Disease Prevention
and Health Promotion
- Irma Arispe, PhD, Associate Director, National Center for Health Statistics
- Pamela Hyde, J.D., Administrator, Substance Abuse and Mental Health
Services Administration
- Leandris Liburd, PhD, MPH, MA, Director, Office of Minority Health and
Equity, Centers for Disease Control and Prevention
- RADM Sarah Linde, MD, Chief Public Health Officer, Health Resources and
Services Administration

Community Highlight

- Christopher Brown, MBA, MPH, Director of Health and Mental Health
Services, Los Angeles LGBT Center





Healthy People Remains Relevant

HEALTHY PEOPLE
The Surgeon General's Report On
The Nation's Health and Health Problems



1979



1990



2000



2010



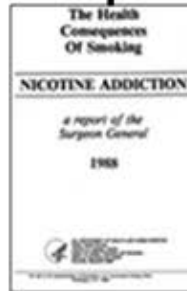
1979
Smallpox
Eradicated



1970 Clean
Air Act



1982 AIDS is
Infectious



1988 SG
Declares
Nicotine
Addictive



1990
Human
Genome
Project
Begins



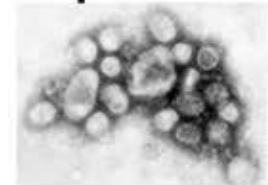
1990s Drinking
Water Fluoridation



2000s Obesity
and Chronic Disease



September
11, 2001



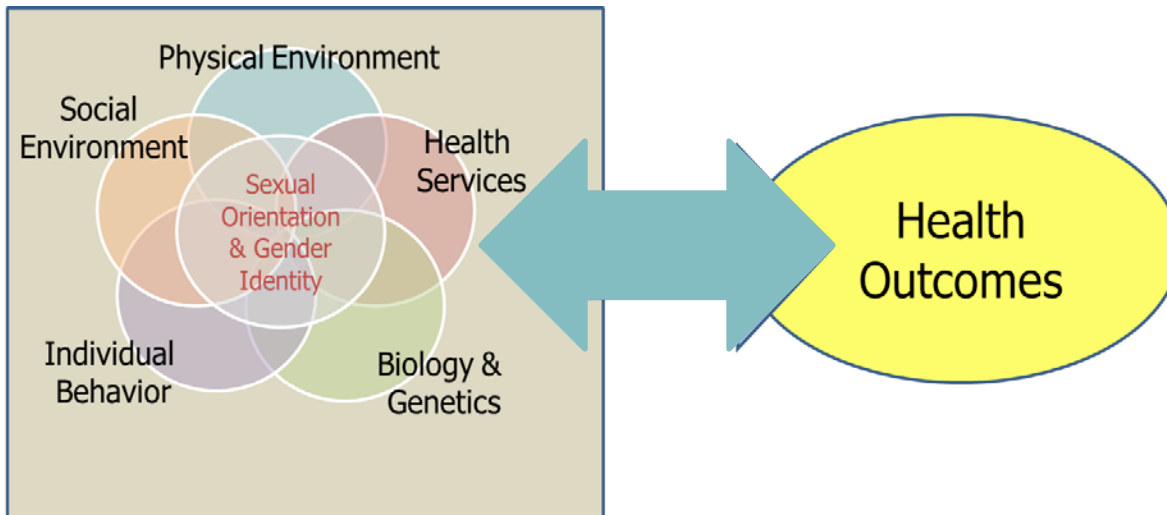
2009 H1N1 Flu



2005 Hurricane
Katrina

Healthy People 2020





A society in which all people live long, healthy lives

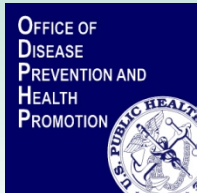


Overarching Goals:

- Attain high quality, longer lives free of preventable disease, disability, injury, and premature death.
- Achieve health equity, eliminate disparities, and improve the health of all groups
- Create social and physical environments that promote good health for all.
- Promote quality of life, healthy development and healthy behaviors across all life stages.

Evolution of Healthy People

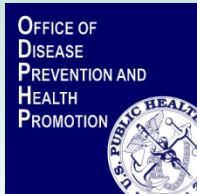
Target Year	1990	2000	2010	2020
				
Overarching Goals	<ul style="list-style-type: none"> • Decrease mortality: infants–adults • Increase independence among older adults 	<ul style="list-style-type: none"> • Increase span of healthy life • Reduce health disparities • Achieve access to preventive services for all 	<ul style="list-style-type: none"> • Increase quality and years of healthy life • Eliminate health disparities 	<ul style="list-style-type: none"> • Attain high-quality, longer lives free of preventable disease • Achieve health equity; eliminate disparities • Create social and physical environments that promote good health • Promote quality of life, healthy development, healthy behaviors across life stages
# Topic Areas	15	22	28	42
# Objectives/Measures	226	312	1,000	~1,200





Healthy People 2020's Definition of Health Disparity

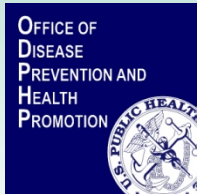
- A health disparity is a particular type of health difference that is closely linked with social, economic, and/or environmental disadvantage.
- Health disparities adversely affect groups of people who have systematically experienced greater obstacles to health based on:
 - Racial or ethnic group
 - Religion
 - Socioeconomic status
 - Gender
 - Age
 - Mental health
 - Geographic location
 - Cognitive, sensory, or physical disability
 - Sexual orientation or gender identity
 - Other characteristics historically linked to discrimination or exclusion





Healthy People 2020's Definition of Health Equity

- The attainment of the highest level of health for all people.
- Achieving health equity requires:
 - Elimination of health and health care disparities
 - Valuing everyone equally
 - Focused and ongoing societal efforts to address avoidable inequalities including injustices
 - Historical
 - Contemporary





Definition of Cultural Competence

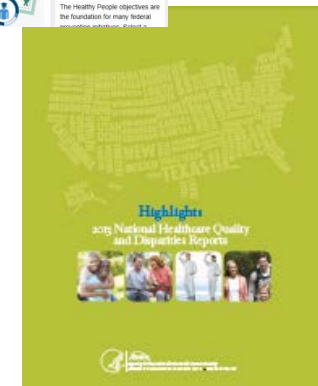
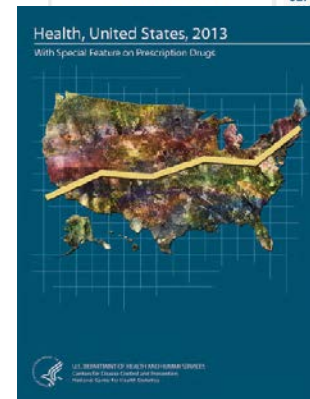
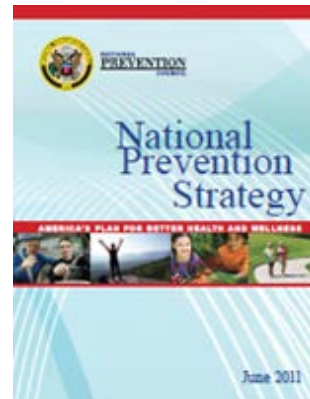
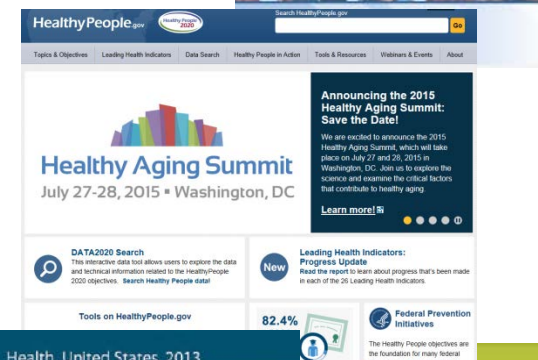
- Cultural competence describes the ability of an individual or organization to interact effectively with people of different cultures to produce positive change.
- Practitioners must understand the cultural context of their target community, and have the willingness and skills to work within this context.





HHS initiatives that address disparities, health equity, and cultural competence

- Healthy People 2020
- National Partnership for Action to End Health Disparities
- National Prevention Strategy
- Health, United States
- National Healthcare Quality and Disparities Report



**Don Wright, MD, MPH
Deputy Assistant Secretary for Health
Director, Office of Disease Prevention and Health Promotion
U.S. Department of Health and Human Services**



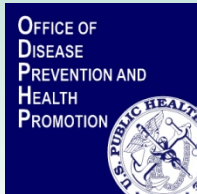
February 5, 2015





Healthy People 2020 Overarching Goals

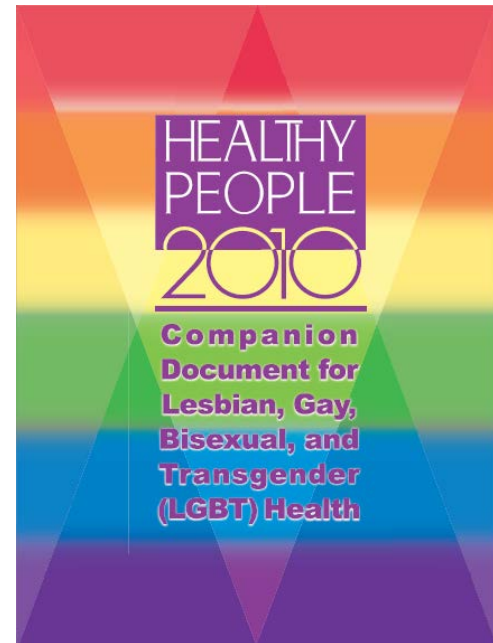
- ❖ Attain high-quality, longer lives free of preventable disease, disability, injury, and premature death
- ❖ **Achieve health equity, eliminate disparities, and improve the health of all groups**
- ❖ **Create social and physical environments that promote good health for all**
- ❖ Promote quality of life, healthy development, and healthy behaviors across all life stages





Progression of SDOH & LGBT from issues to Topic Areas

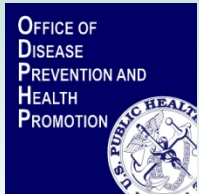
- Healthy People 2010 (HP2010)
 - Objectives related to SDOH included in HP2010, such as increase high school graduation rates
 - LGB populations established in the data template for population-based objectives
 - Healthy People 2010 LGBT Companion Document published, identified 29 specific HP2010 objectives salient to LGBT populations





Progression of SDOH & LGBT from issues to Topic Areas continued

- Healthy People 2020
 - SDOH and LGBT Health established as new topic areas
 - SDOH and LGBT Health objectives established
 - Social Determinants highlighted as a Leading Health Indicator
 - HP2020 Spotlight on Health Webinar featuring Transgender Health (May 2012)
 - HP2020 Spotlight on Health Webinar featuring SDOH (April 2013)





Healthy People 2020 Social Determinants of Health (SDOH) Topic Area

- A “place-based” approach
- Social determinants over the life course
- Prioritization of 5 key determinants and associated factors
- Each determinant interacts with the other four
- All affect the health of the individual





Healthy People 2020

SDOH Conceptual Model and Priority Issues

Neighborhood/Built Environment:

- Quality of housing
- Crime and violence
- Environmental conditions
- Access to healthy foods

Education:

- High school graduation rates
- Enrollment in higher education
- Early childhood education/development
- Language/literacy

Economic Stability:

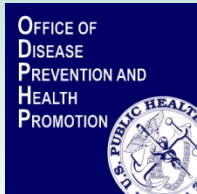
- Poverty
- Employment
- Housing stability
- Food insecurity

Health and Health Care:

- Access to health services
- Access to primary care
- Health literacy

Social and Community Context:

- Social cohesion
- Perceptions of discrimination and equity
- Civic participation
- Incarceration/institutionalization





Healthy People 2020 SDOH Resource Portal

The screenshot shows the website interface for the Healthy People 2020 SDOH Resource Portal. At the top, there is a search bar with the text "Search HealthyPeople.gov" and a "Go" button. Below the search bar is a navigation menu with the following items: "Topics & Objectives", "Leading Health Indicators", "Data Search", "Healthy People in Action", "Tools & Resources", "Webinars & Events", and "About".

The main content area features a breadcrumb trail: "Home » [Social Determinants of Health](#)". To the right of the breadcrumb are "Print" and "Share" icons. Below this is the section title "Social Determinants of Health".

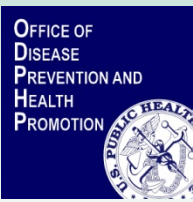
There are three tabs: "Overview" (highlighted in green), "Objectives", and "Addressing the Determinants".

The main heading is "Explore Resources Related to the Social Determinants of Health". Below this is a paragraph: "Nearly everyone is impacted by the [social determinants of health](#) in one way or another. Healthy People 2020 organizes the social determinants of health around five key domains: (1) Economic Stability, (2) Education, (3) Health and Health Care, (4) Neighborhood and Built Environment, and (5) Social and Community Context."

Another paragraph follows: "To create effective programs, we must work collaboratively across sectors to address the unique needs of their community. Below are a variety of resources, organized by domain, to help you get started and explore the ways communities across the country are addressing social determinants of health."

At the bottom, there is a grid of five colored boxes, each representing a domain. Each box contains an icon in a white circle and a text label below it:

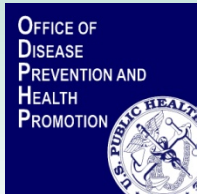
- Economic Stability**: Orange box with a white dollar sign icon.
- Education**: Teal box with a white graduation cap icon.
- Health and Health Care**: Red box with a white cross icon.
- Neighborhood and Built Environment**: Green box with a white house and trees icon.
- Social and Community Context**: Purple box with a white icon of two people shaking hands.





HP2020 & LGBT Health

- Drive action to develop data systems used to monitor Healthy People 2020 objectives which collect standardized data that identify
 - ✓ Lesbian
 - ✓ Gay
 - ✓ Bisexual
 - ✓ Transgender populations





Progress Review Thematic Overview

**Data
Issues**

Stigma

**Social
Norms**

**Social
Determinants
of Health**

- Neighborhood and Built Environment
- Education
- Economic Stability
- Health and Health Care
- Social and Community Context

**Health Literacy
& Language
Access**

- Literacy and language access are key to ensuring cultural competency

**Cultural
Competency**

- Intersectional and Interdisciplinary Approach
- Educational Experiences
- Healthcare Experiences
- Social and Employment Experiences



Presentation Overview

- Tracking the Nation's Progress
- Lesbian, Gay, Bisexual, and Transgender (LGBT) Health
- Social Determinants of Health (SDOH)
 - Health and Health Care
 - Education
 - Economic Stability
 - Social and Community Context
 - Neighborhood and Built Environment
- Viewing LGBT Health through the Social Determinants Lens



Tracking the Nation's Progress

- 2 HP2020 Measurable Lesbian, Gay, Bisexual and Transgender Health Objectives:
 - 0 Targets met
 - 1 Improving
 - 1 Little or No change
 - 0 Getting worse

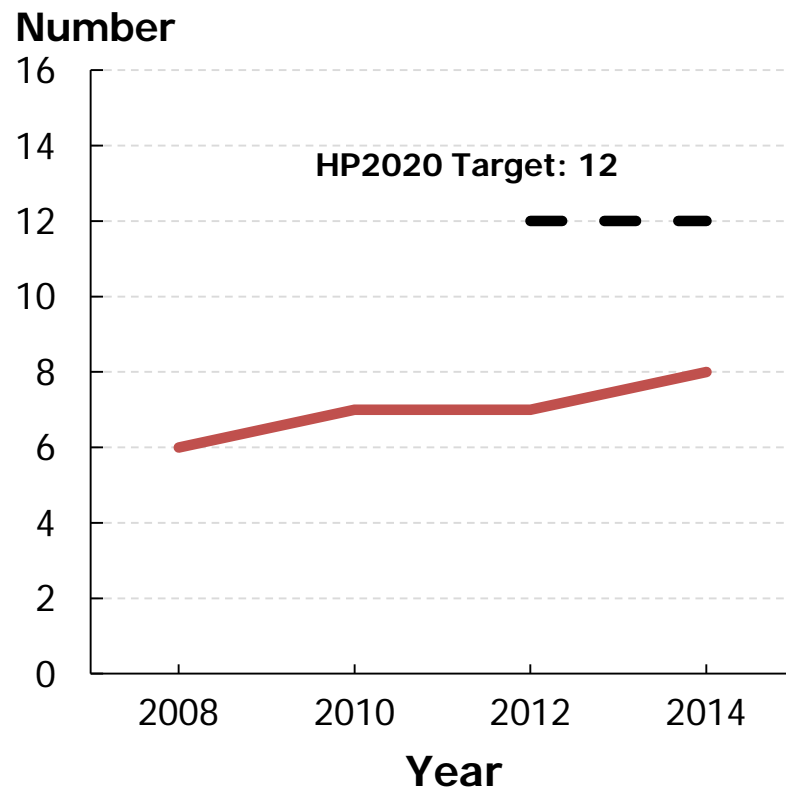
- 26 HP2020 Measurable Social Determinants of Health Objectives*:
 - 4 Targets met
 - 4 Improving
 - 10 Little or No change
 - 0 Getting worse
 - 8 Informational

NOTES: *The 26 SDOH objectives include those specific to SDOH as well as some which are located in other topic areas. LGBT Health has 2 Developmental objectives. Measurable objectives are defined as having at least one data point currently available, and anticipate at least 1 additional data point throughout the decade to track progress. Informational objectives are a subset of measurable objectives that do not have a target. Developmental objectives lack baseline data and targets.



HP2020 Data Systems That Collect Any Lesbian, Gay, or Bisexual Data

Data Source	Year Started
NHANES , CDC/NCHS	1999
YRBS , CDC/NCHHSTP	1993
BRFSS , CDC/PHSIPO	1995
ACS , U.S. Census Bureau*	2000
NCVS , DOJ/BJJ	2001
NSFG , CDC/NCHS	2002
CPS , U.S. Census Bureau and DOL/BLS*	2010
NHIS , CDC/NCHS	2013



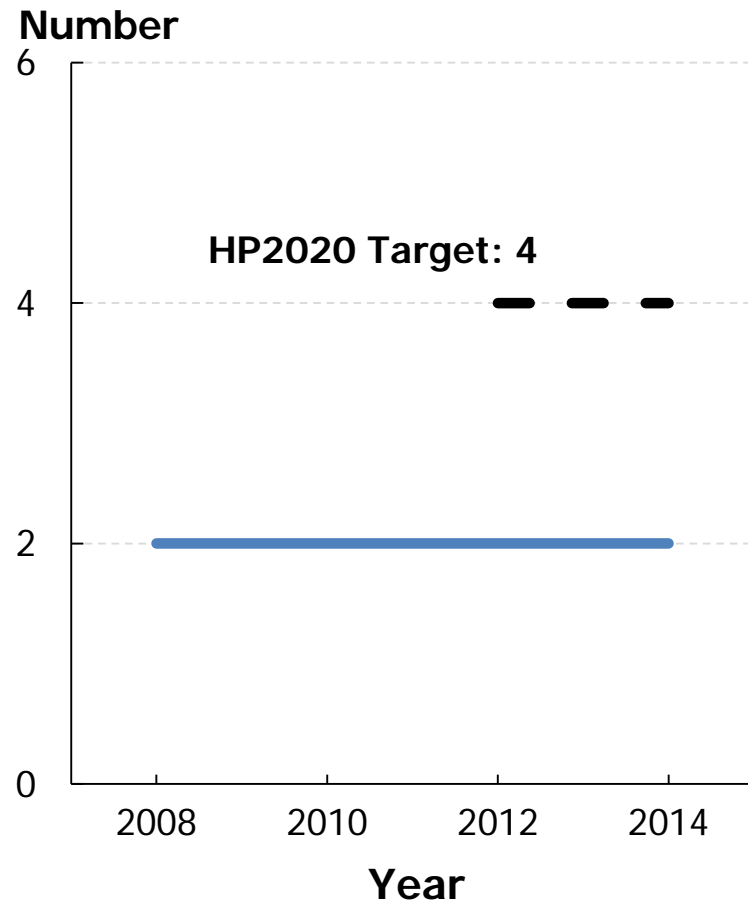
NOTES: Surveys counts are cumulative. Sexual orientation refers to the identity term that someone may choose such as lesbian, gay, or bisexual. *Data collection systems from the Census Bureau measure same-sex couple households, but do not directly collect data on sexual orientation.

Obj. LGBT-1.1
Increase desired

SOURCE: Healthy People 2020 Database In-House System, CDC/NCHS.

HP2020 Data Systems That Collect Any Gender Identity Data

Data Source	Year Started
BRFSS , CDC/PHSIPO	2007
HIV Surveillance System , CDC/NCHHSTP	2008



NOTES: Gender Identity refers to the concept that someone may not identify with the sex assigned at birth. Those who have a gender identity that is not in alignment with their sex assigned at birth may choose to identify as transgender, gender non-conforming, or gender queer.

SOURCE: Healthy People 2020 Database In-House System, CDC/NCHS.

Obj. LGBT-1.3
Increase desired

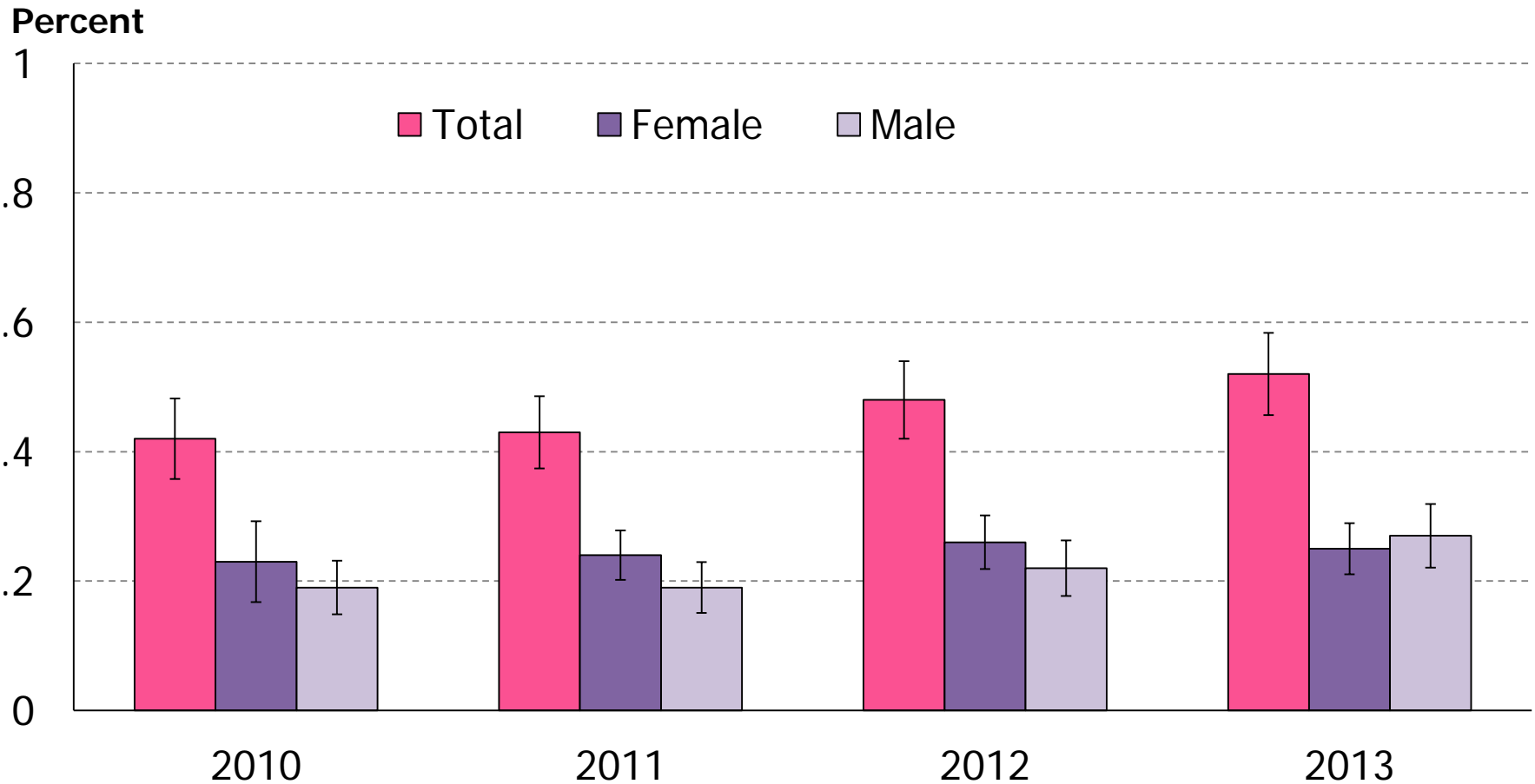
Sexual Orientation in the U.S., Ages 18–44

Population	NHIS, 2013	NSFG, 2006–2010
Straight	97.1% (0.18)	94.6% (0.3)
Lesbian/Gay	1.9% (0.15)	1.5% (0.1)
Bisexual	1.1% (0.12)	2.6% (0.2)

NOTES: Column totals may not sum to 100% due to rounding. Numbers in parentheses indicate standard errors.

SOURCES: National Health Interview Survey (NHIS), CDC/NCHS; National Survey of Family Growth (NSFG), CDC/NCHS.

Same-Sex Couple Households, U.S.



NOTE: I = 95% confidence interval. Same-sex households include those who identified a spouse, unmarried partner, non-relative with a relationship, or as a housemate/roommate with a relationship. The denominator for these estimates includes all households. U.S. Census Bureau also reports on same-sex households through the American Community Survey.

SOURCE: Current Population Survey (CPS), U.S. Census Bureau and DOL/BLS.

Neighborhood
and Built
Environment

Economic
Stability

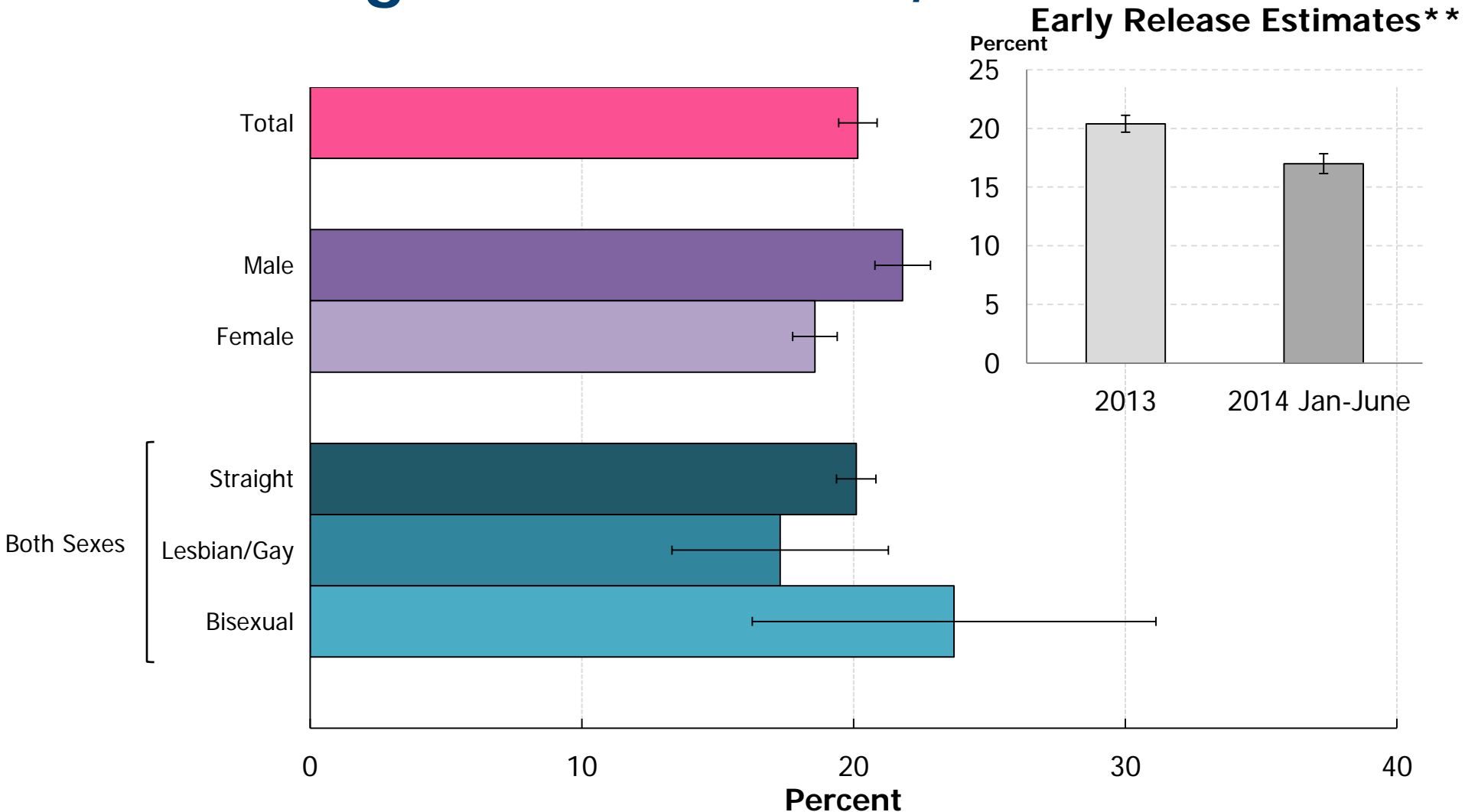
SDOH

**Health and
Health Care**

Education

Social and
Community
Context

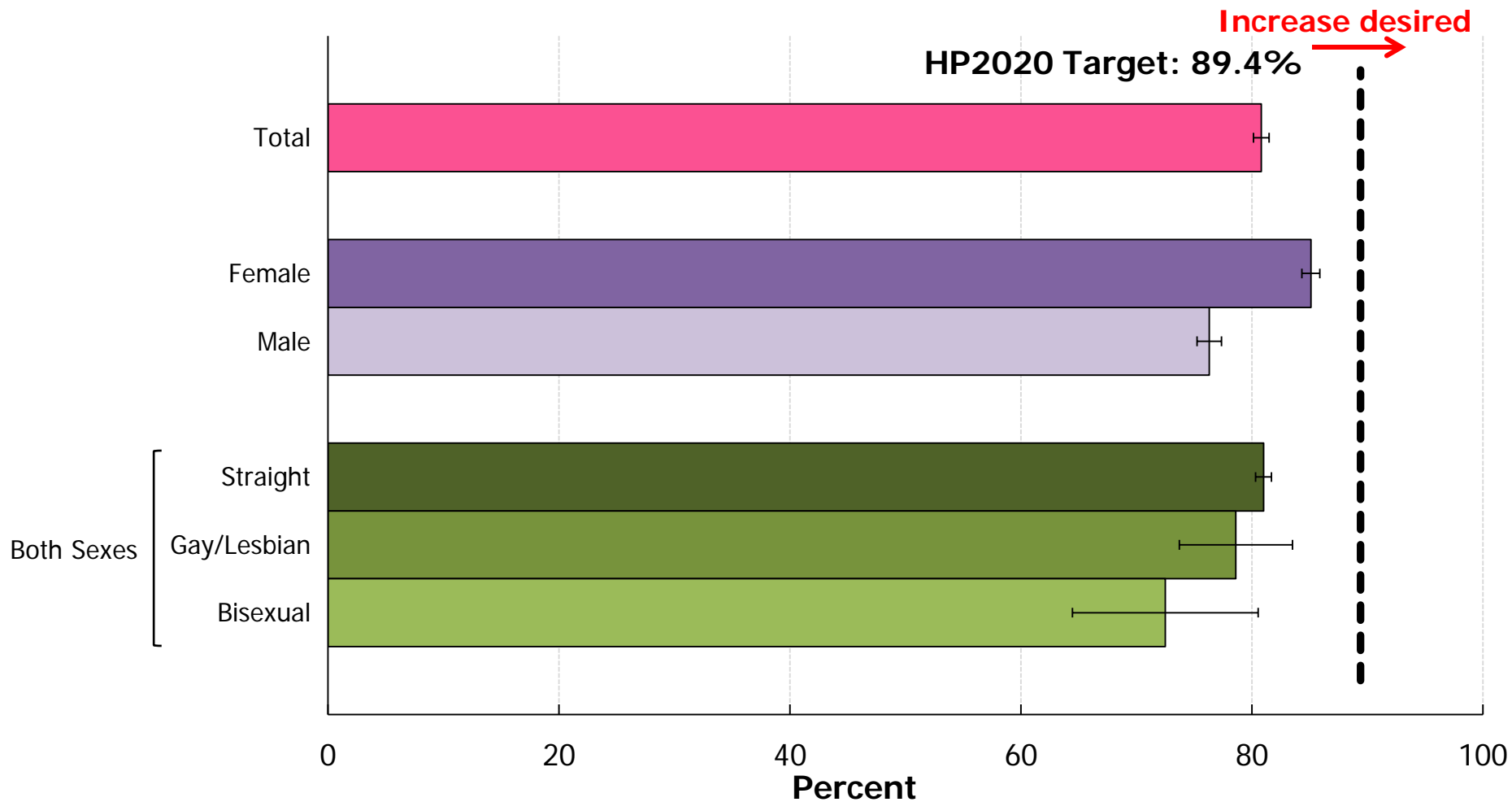
Adults Without Health Insurance Ages 18–64 Years, 2013*



NOTES: — = 95% confidence interval. *Final data. **Early release estimates are not final and are for the population age 18-64. Final 2013 and early release 2014 estimates are not directly comparable.

SOURCE: National Health Interview Survey (NHIS), CDC/NCHS.

Usual Source of Care, Adults Ages 18–64 Years, 2013

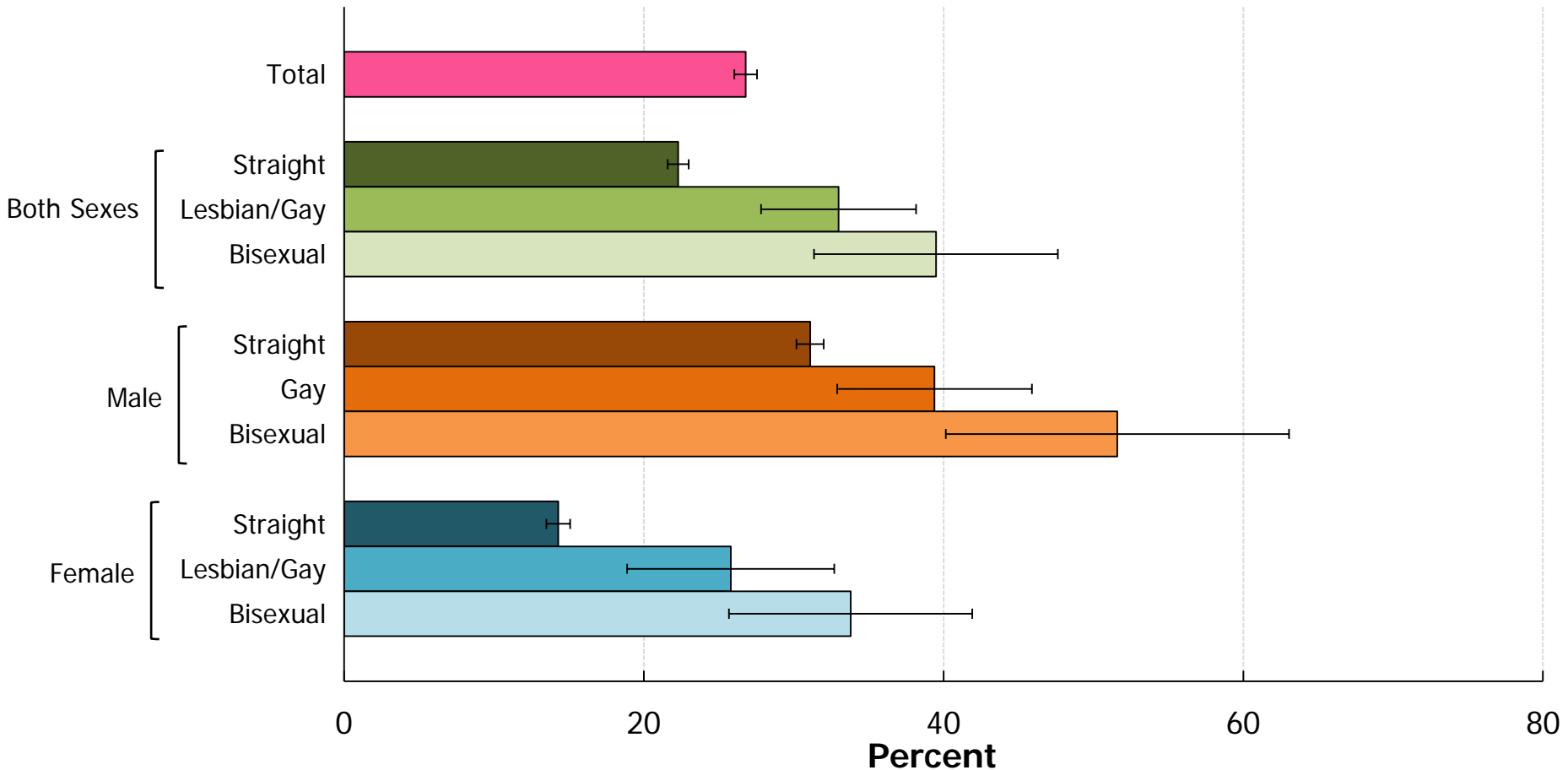


NOTES: — = 95% confidence interval. Usual source of care is defined as a health care provider, clinic, or health center, not including the emergency room, where a person goes for health care.

SOURCE: National Health Interview Survey (NHIS), CDC/NCHS.

Obj. AHS-5.3

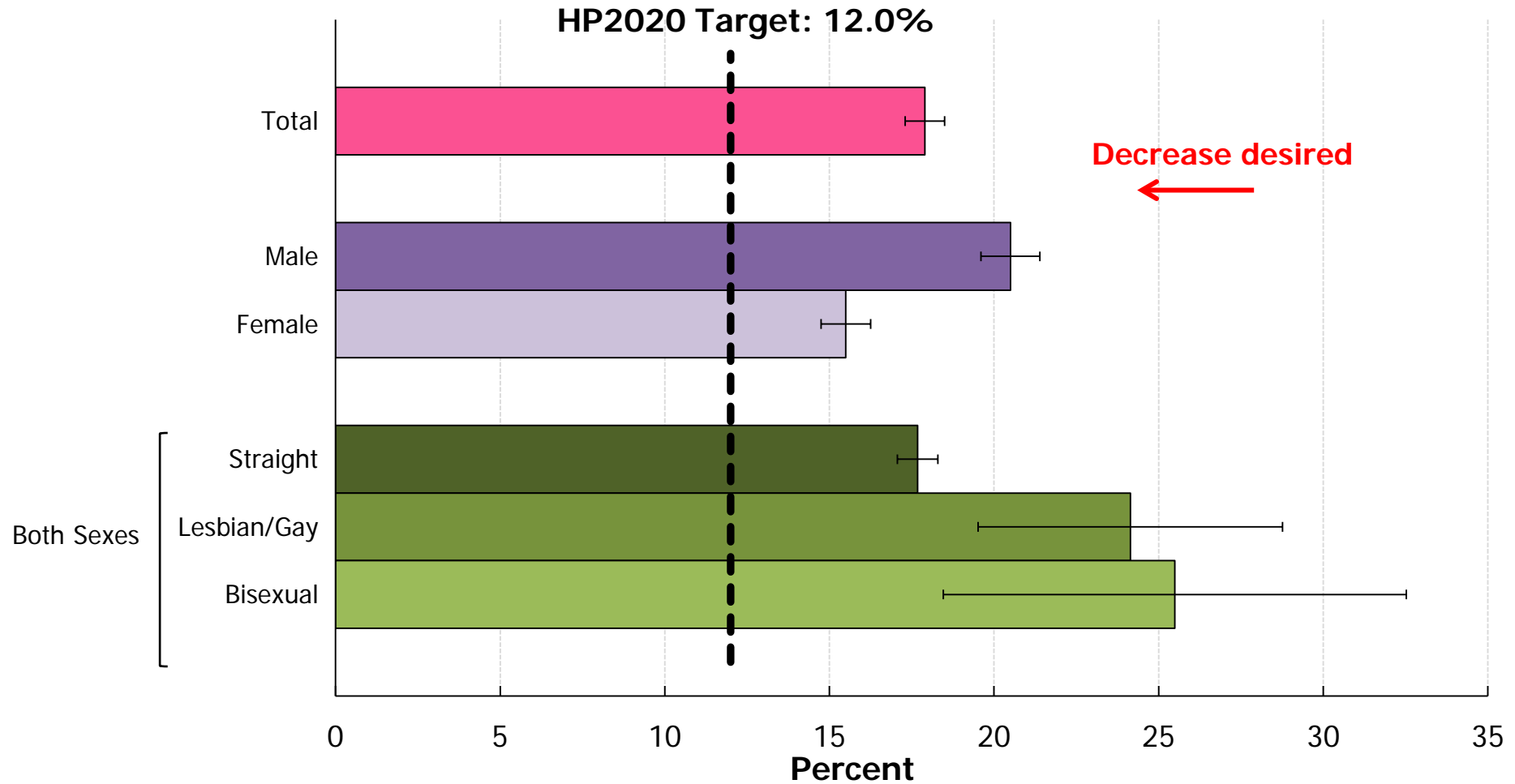
Five or More Alcoholic Drinks*, Adults Ages 18 Years and Over, 2013



NOTES: — = 95% confidence interval. *Five or more alcoholic drinks in 1 day at least once in the past year.

SOURCE: National Health Interview Survey (NHIS), CDC/NCHS.

Current Cigarette Smoking, Adults Ages 18 Years and Over, 2013



NOTES: — = 95% confidence interval. Data are for persons who have smoked at least 100 cigarettes in their lifetimes and currently report smoking every day or some days. Data are age adjusted to the 2000 standard population.

SOURCE: National Health Interview Survey (NHIS), CDC/NCHS.



Neighborhood
and Built
Environment

Economic
Stability

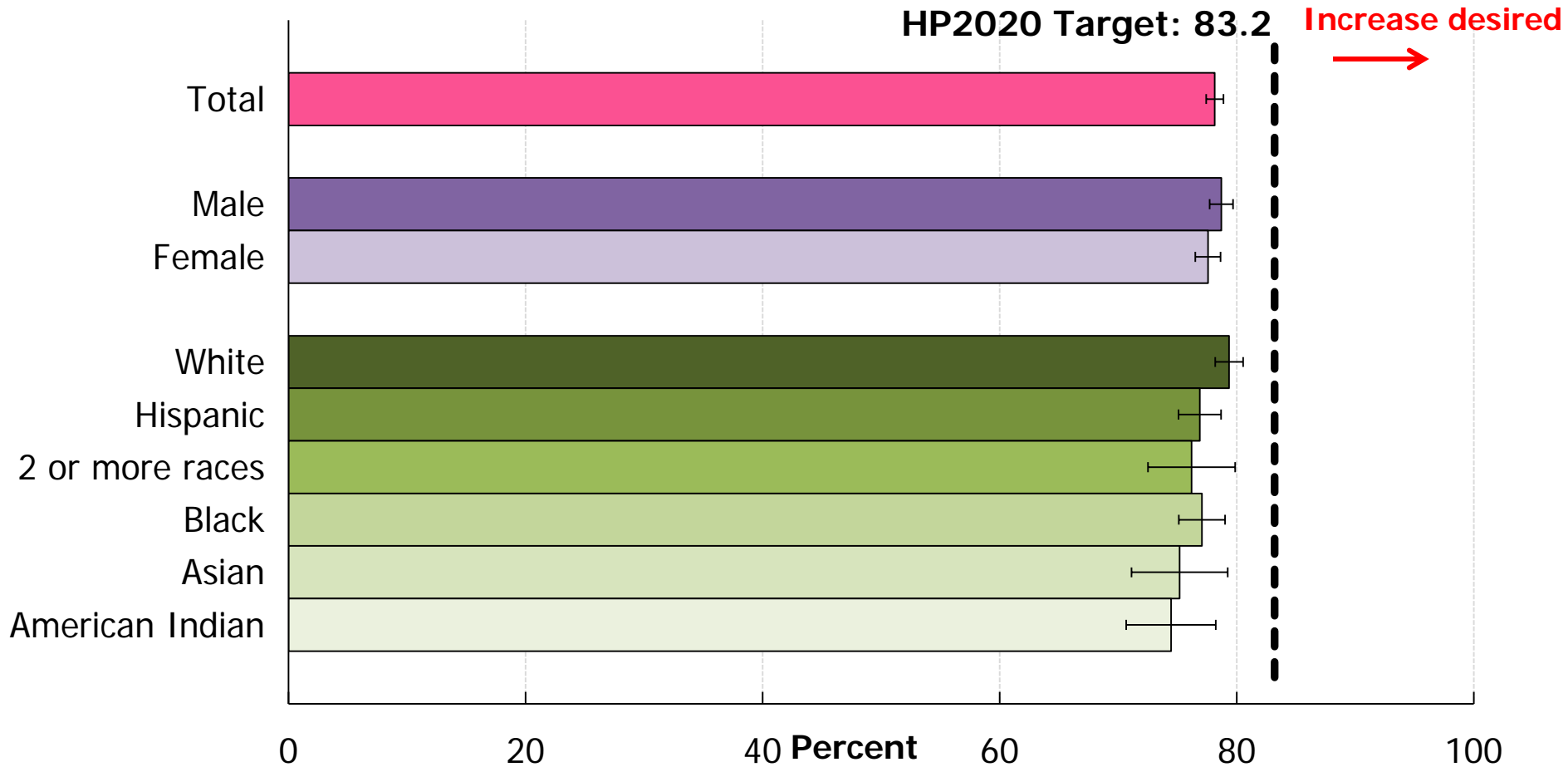
Health and
Health Care

SDOH

Education

**Social and
Community
Context**

Adolescents Who Have an Adult* In Their Lives with Whom They Can Talk About Serious Problems, Ages 12–17 Years, 2013

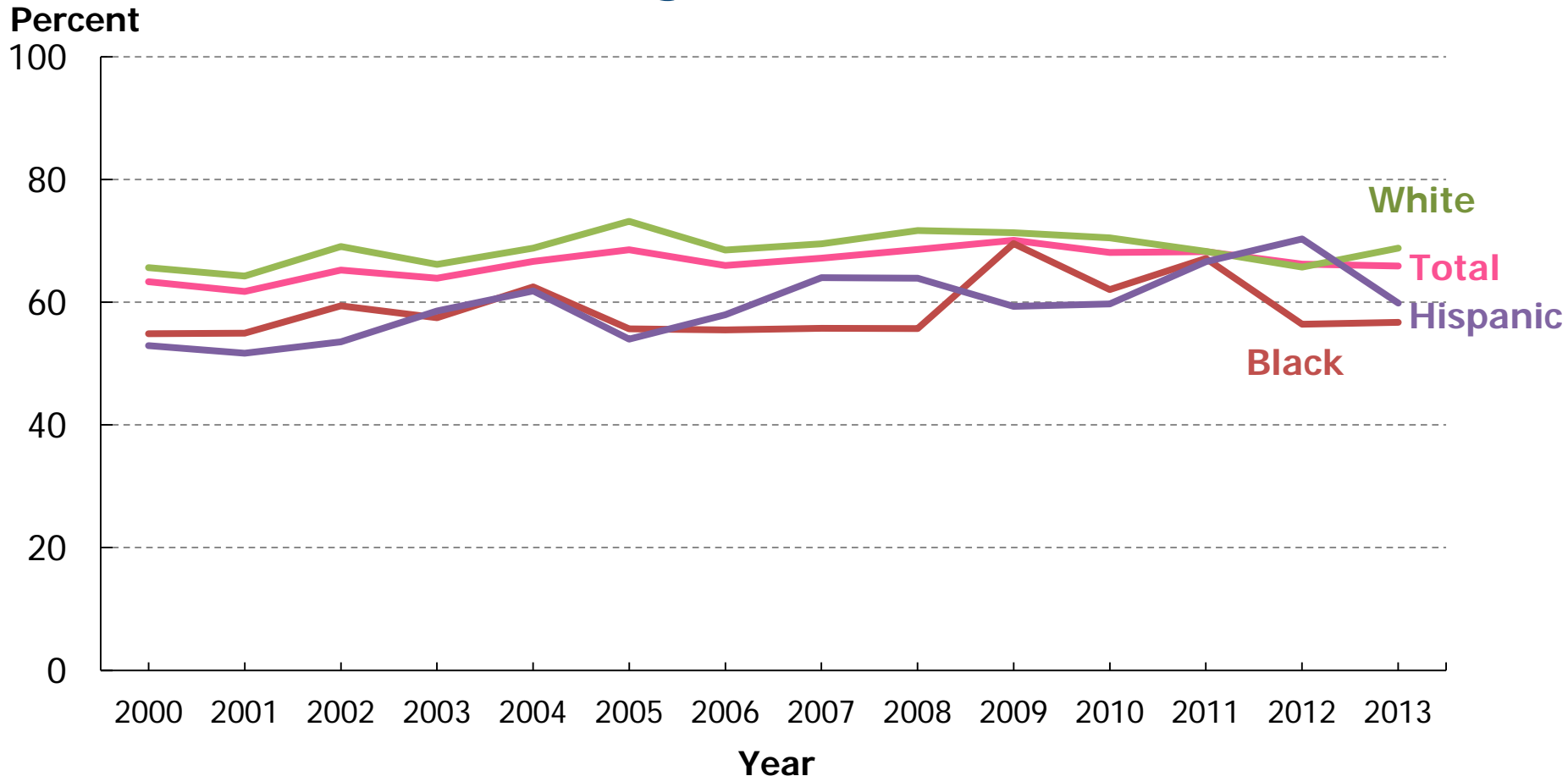


NOTE: *Adults are parents, guardians, or other adults. Data on race and Hispanic origin are collected separately. The categories Black and White exclude persons of Hispanic origin. Persons of Hispanic origin may be any race. American Indian includes Alaska Native.

SOURCE: National Survey on Drug Use and Health (NSDUH), SAMHSA.



High School Completers Enrolled in 4-Year College the October Immediately Following High School

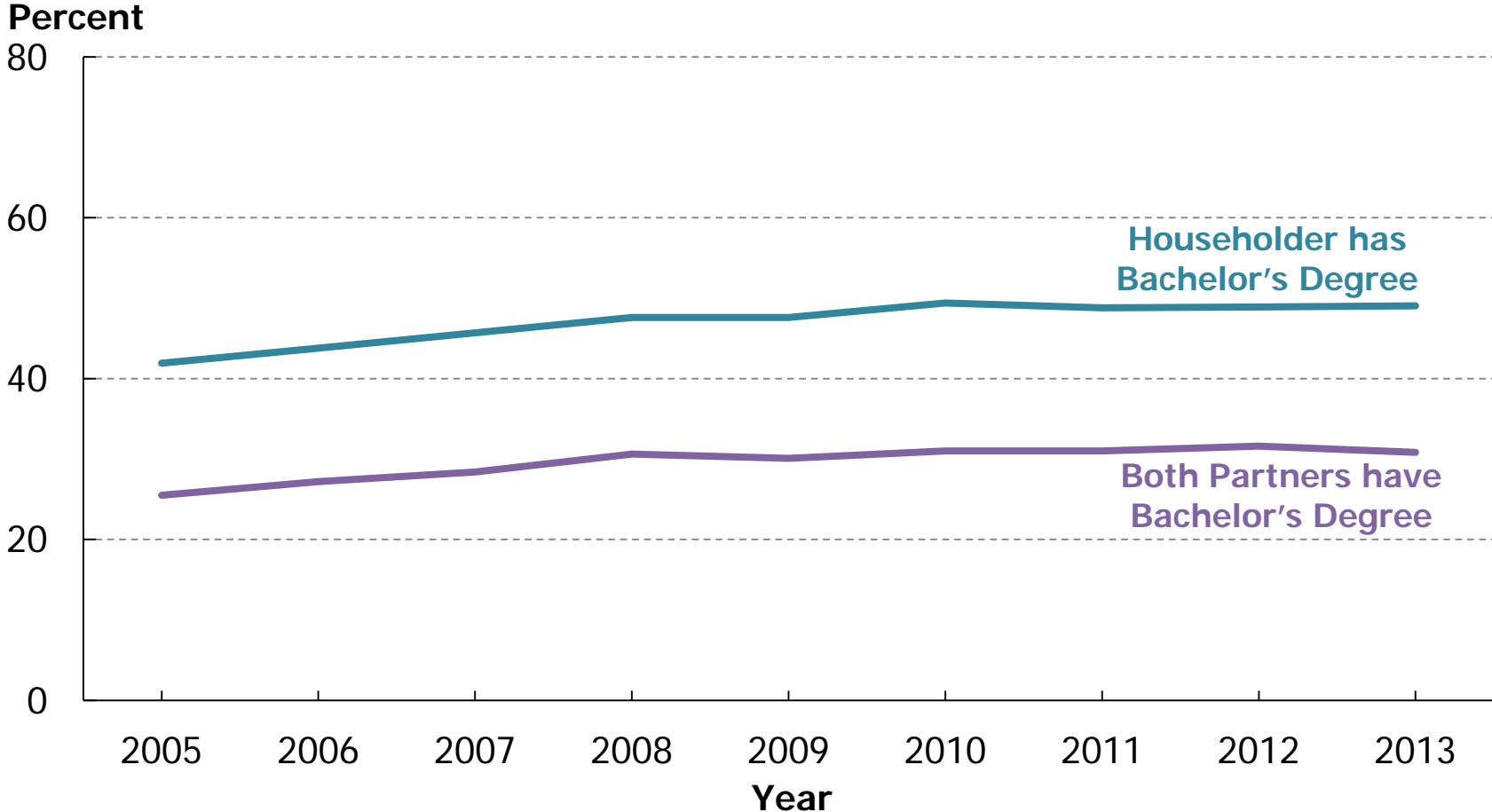


NOTE: Objective SDOH-2 is being tracked for informational purposes and does not have a target. Data on race and Hispanic origin are collected separately. Black and White exclude persons of Hispanic origin. Persons of Hispanic origin may be any race. Enrollment in college, as of October of each year, is for individuals ages 16–24 who completed high school during the preceding 12 months. High school completion includes General Educational Development (GED) certificate recipients.

SOURCE: Current Population Survey (CPS), U.S. Census Bureau and DOL/BLS.

Obj. SDOH-2

Educational Attainment for Same-Sex Couples

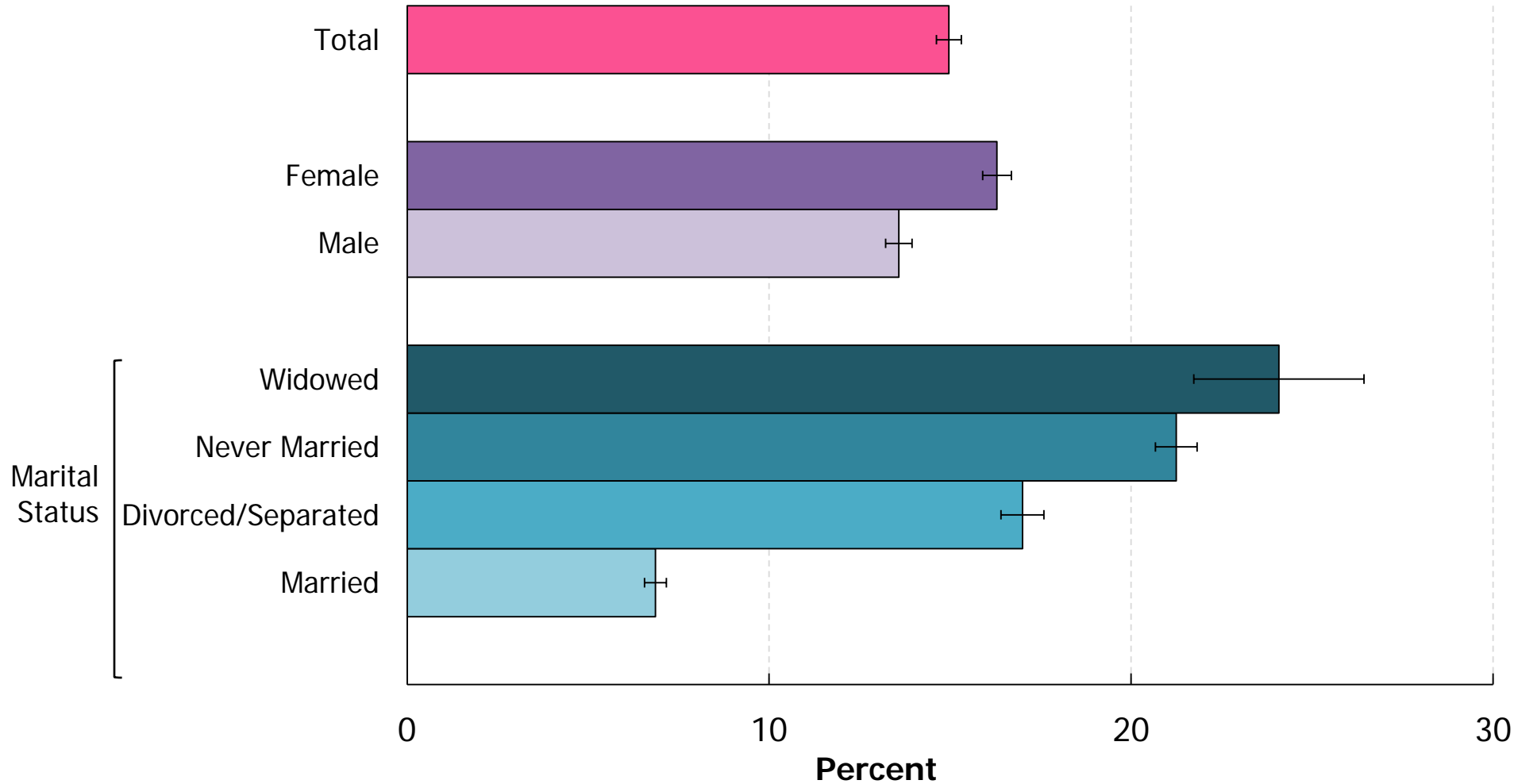


NOTE: I = 95% confidence interval. Educational attainment is collected for those age 25 and over.

SOURCE: American Community Survey (ACS), U.S. Census Bureau.



Proportion of People Living in Poverty, 2013

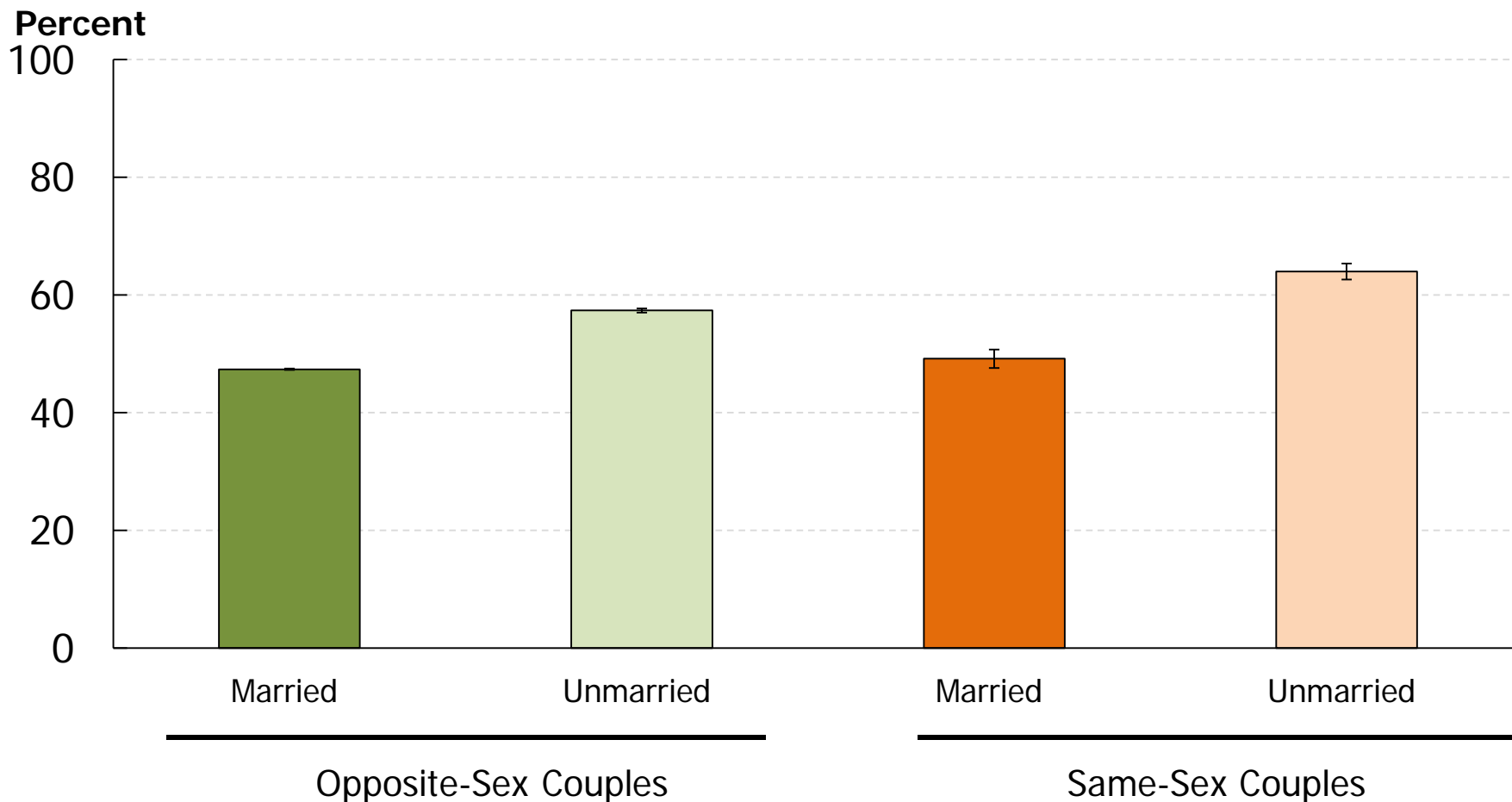


NOTE: I = 95% confidence interval. The denominator for these estimates includes all households This objective is being tracked for informational purposes and does not have a target.

SOURCE: Current Population Survey (CPS), U.S. Census Bureau and DOL/BLS.

Obj. SDOH-3.1

Both Partners Currently Employed Persons 15 Years and Over, 2013



NOTES: I = 95% confidence interval. Data are for persons 15 years and over who identified as the householder, and indicated a partnership status. Beginning with 2013 data products ACS tables reflect edit/processing changes which show same-sex married couples along with all married couples. Tables that have a line for "married couples" will include same-sex married couples, unless otherwise noted, and the marital status for those adults will be shown as "now married" or "married, spouse present."

SOURCE: American Community Survey (ACS), U.S. Census Bureau.

**Neighborhood
and Built
Environment**

**Economic
Stability**

**Health and
Health Care**

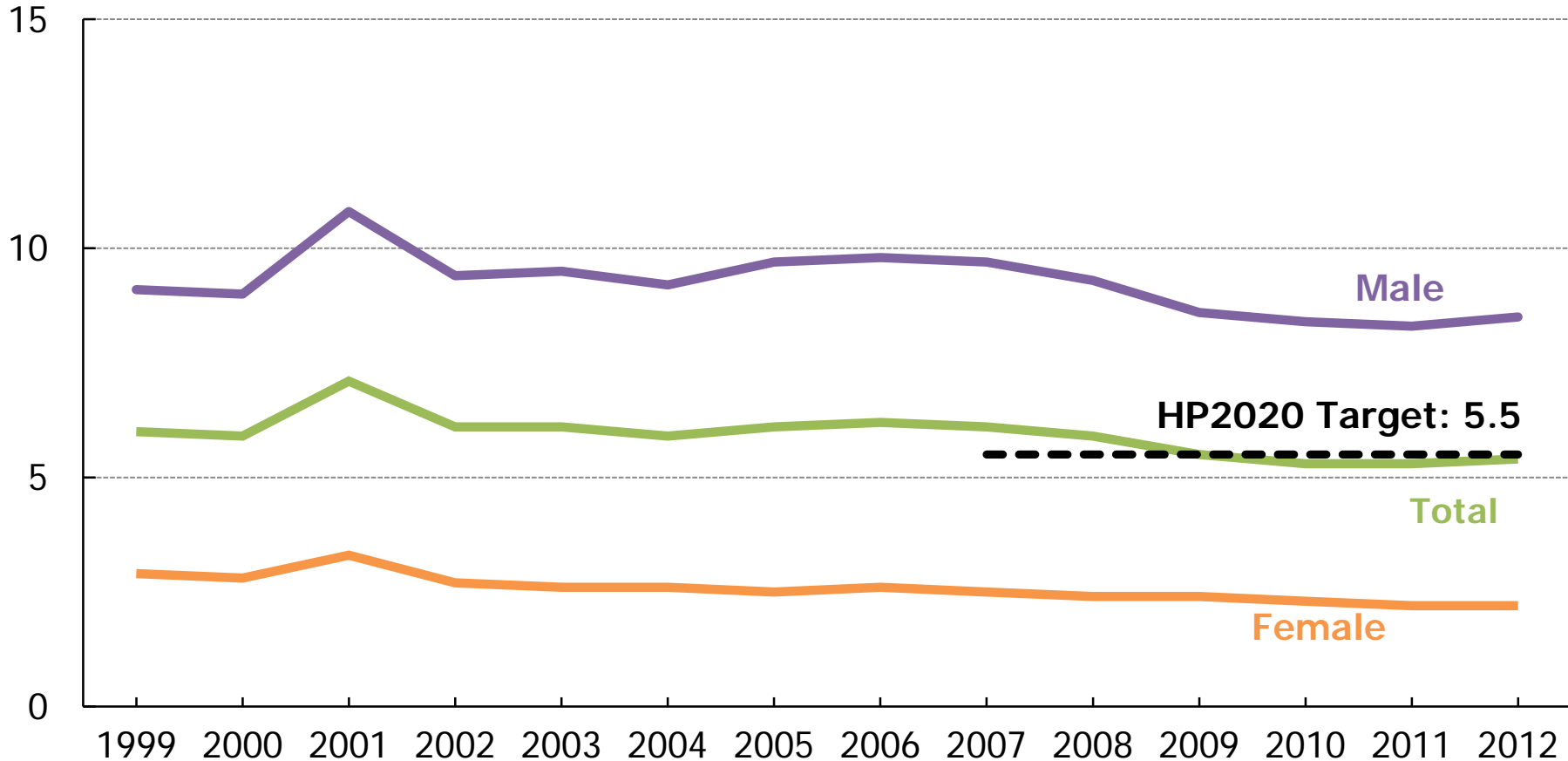
SDOH

Education

**Social and
Community
Context**

Homicides, 1999–2012

Rate per 100,000
(age adjusted)

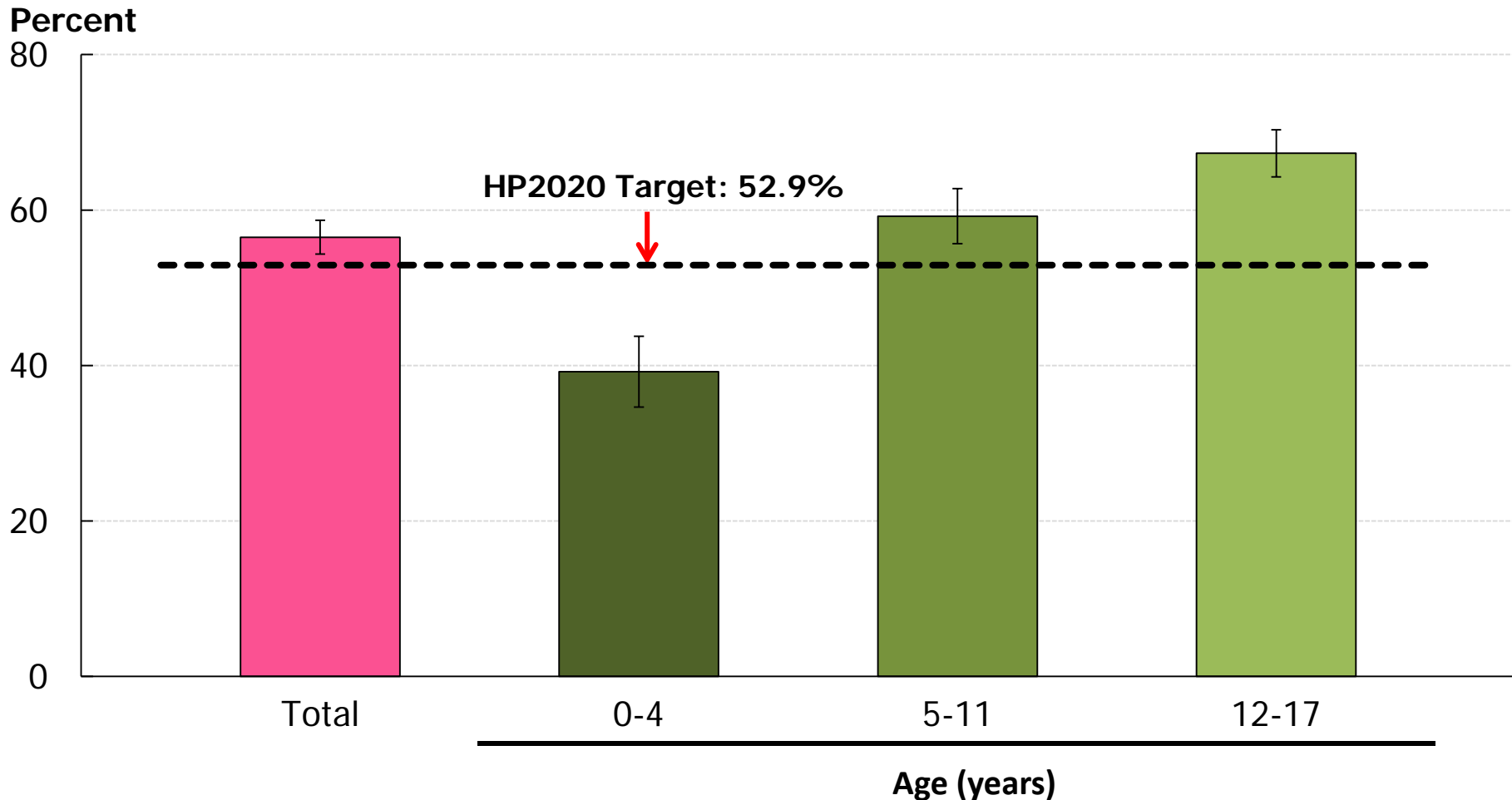


NOTES: Data are for ICD-10 codes *U01-*U02, X85-Y09, Y87.1 reported as underlying cause of death and are age adjusted to the 2000 standard population.

SOURCE: National Vital Statistics System—Mortality (NVSS-M), CDC/NCHS.

Obj. IVP-29
Decrease desired

Exposure to Violence, Children Ages 0–17 Years, 2011



NOTES: I = 95% confidence interval. The National Survey of Children's Exposure to Violence measures children's exposure to violence in the home, school, and community across all age groups from birth to age 17, and it is the first attempt to measure the cumulative exposure to violence over the child's lifetime. Children and their adult caregivers were asked about incidents of violence that children suffered and witnessed themselves and about other related crime and threat exposures, such as theft or burglary from a child's household, being in a school that was the target of a credible bomb threat, and being in a war zone or an area where ethnic violence occurred.

SOURCE: National Survey of Children's Exposure to Violence (NatSCEV), DOJ/OJJDP.

Obj. IVP-42
Decrease desired

Threatened or Injured with a Weapon on School Property, Students in Grades 9–12, 2001–2009



NOTES: I = Upper and lower range of median estimate. YRBS is part of CDC's Youth Risk Behavioral Surveillance System. These data are collected from 7 states and 6 metropolitan areas and are not nationally representative. These data reflect any fights on school property. Data are for high school students who reported on their sexual orientation. *Not sure category captures those students who are currently questioning their sexual orientation.

SOURCE: Centers for Disease Control and Prevention. Sexual Identity, Sex of Sexual Contacts, and Health-Risk Behaviors Among Students in Grades 9–12—Youth Risk Behavior Surveillance, Selected Sites, United States, 2001–2009. MMWR Early Release 2011;60[June, 6].



Key Takeaways—LGBT

- The number of data systems used to track HP2020 objectives that ask any question on or for LGB populations is increasing.
- The number of data systems used to track HP2020 objectives that ask any question on or for transgender populations has not increased.



Key Takeaways—SDOH

- Health and Health Care
 - Between 2013 and the first 6 months of 2014, the percentage of persons ages 18 to 64 years without health insurance decreased.
 - For 2013, there was no difference in insurance coverage for LGB populations compared to straight populations.
 - Though LGB populations have similar rates of access to care there are important differences in health risk behaviors such as drinking and smoking.



Key Takeaways—SDOH

- Social and Community Context
 - For the nation as a whole, 1 out of 5 children ages 12-17 years does not have an adult they can talk to about serious problems.
- Education
 - White students had consistently higher rates of college enrollment following high school completion than Black and Hispanic students.
 - Almost a third (30%) of couples in same-sex households both have a bachelor's degree.



Key Takeaways—SDOH

- Economic Stability
 - Nationally, 15% of the population lives at or below the poverty threshold.
 - Women are more likely to be living in poverty than men, regardless of relationship status.
- Neighborhood and Built Environment
 - Overall, the homicide rate is currently meeting the HP2020 target.
 - Children's cumulative exposure to violence increases with age.
 - Rates of being threatened or injured with a weapon on school property were higher for LGB and questioning youth compared to straight youth.

Pamela Hyde, J.D.
Administrator
Substance Abuse and Mental Health
Services Administration



February 5, 2015





Overview

- LGBT identity data collection
- LGBT inclusion in grants and contracts
- Programs addressing LGBT health
- Cultural competence
- Programs addressing social determinants of health
- Disparity Impact Statements



LGBT Identity Data Collection

- Surveillance data
 - NSDUH
 - ❖ same-sex couple behavioral health (current)
 - ❖ LGB identity (2015): sexual identity and attraction

- Discretionary reporting (program monitoring)
 - Common Data Platform (2015)
 - ❖ sexual identity, attraction, and behavior



LGBT Inclusion in Grants and Contracts

- SAMHSA Policy for LGBT Inclusion
 - FY 2012: include sexual and gender minority populations in services grants template
- Appendix: “applicants are asked to address access, use and outcomes for subpopulations, which can be defined by the following factors:
 - By race
 - By ethnicity
 - By gender (including transgender), as appropriate
 - By sexual orientation (i.e., lesbian, gay, bisexual), as appropriate.”



Programs Addressing LGBT Health

- Center for Mental Health Services (CMHS)
 - **Garrett Lee Smith (GLS) Youth Suicide Prevention Grants**
 - **Children’s Mental Health Initiative**

- Center for Substance Abuse Prevention (CSAP)
 - **Center for the Application of Prevention Technologies (CAPT)**



Programs Addressing LGBT Health continued

- **Center for Substance Abuse Treatment (CSAT)**
 - **HIV portfolio includes focus on MSM and LGBT women**
 - **Addition Technology Transfer Center: updating curriculum on substance abuse treatment for LGBT people**

- **Cross-Center Programs and Initiatives**
 - **Minority Aids Initiative Continuum of Care (CoC) Pilot grant**



Cultural competence

- [LGBT Training Curricula for Behavioral Health and Primary Care Practitioners](#)
- [A Practitioner's Resource Guide: Helping Families to Support Their LGBT Children](#)
- [LGBTQ Youth and Sexual Abuse: Information for Mental Health Professionals](#)
- [ACA Enrollment Assistance for LGBT Communities](#)



Programs Addressing Social Determinants of Health

- Employment: ***Transforming Lives Through Supported Employment***
- Housing: ***Cooperative Agreement to Benefit Homeless Individuals***
- Schools and Community Environment: ***Safe Schools/Healthy Students – Project AWARE***
- Criminal Justice: ***Grants to Expand Substance Abuse Treatment Capacity in Adult Tribal Healing to Wellness Courts and Juvenile Drug Courts***



Disparity Impact Statements

Stimulate a systems change process by:

- Creating a more ***strategic focus*** on racial, ethnic and LGBT populations in SAMHSA investments
- Using a ***data-informed quality improvement*** approach to reduce these subpopulation disparities in SAMHSA programs;
- Utilizing this secretarial priority to influence ***how SAMHSA does it work***, e.g., its grant-making operations, and ***uses its GPRA data***

Leandris Liburd, PhD, MPH

Director, Office of Minority Health and Health Equity
Office of the Director
Centers for Disease Control and Prevention



February 5, 2015





Overview of CDC's Role in LGBT Health

- Examples of areas to promote LGBT health:
 - Support improvements in national representative data
 - Engage LGBT partners in discussions of disease prevention and health promotion
 - Fund national awareness campaigns
 - Increase capacity of health departments and clinics to conduct targeted prevention initiatives
 - Fund tailored community-based approaches and interventions for LGBT populations



LGBT-Specific Activities: Examples

- Surveillance
- Awareness Campaigns
- Funding Announcements
- Cultural Competence
- Social Determinants of Health



Surveillance

- National HIV Behavioral Surveillance System
- National Health Interview Survey (NHIS)
- National Adult Tobacco Survey (NATS)
- National Intimate Partner and Sexual Violence Survey
- Behavioral Risk Factor Surveillance System
- Youth Risk Behavior Survey
 - Includes questions about sexual orientation relating to sexual risk behavior, smoking cessation and partner violence.



Awareness Campaigns

- Act Against AIDS
 - Focuses on raising awareness of HIV risk and promoting partnerships among organizations serving gay and bisexual men, African Americans and Hispanic/Latinos
- Reasons/Razones
 - First national targeted effort to encourage HIV testing among Hispanic/Latino gay and bisexual men
- Let's Stop HIV Together
 - Raises awareness about the impact of HIV and fights stigma by focusing on the real lives of people living with HIV
- Tips from former Smokers
 - Added LGBT advertisement and information materials for targeted promotion



Funding Announcements

- Young Men who Have Sex with Men and Young Transgender of Color Funding Announcement
- Community Approaches to Reducing Sexually Transmitted Diseases
 - Examples of Funding Opportunity Announcements (FOAs) that specifically target multipleGBT populations



Culturally Competent Programs

- Evaluating home grown HIV prevention interventions for African American and Hispanic/Latino Men who have Sex with Men (MSM)
- Development and Testing of an HIV Prevention Intervention Targeting Black Men who have Sex with Men and Women (MSMW)
 - Evaluating HIV behavioral interventions that have been developed for African American and Hispanic/Latino MSM and increasing the proportion of racial and ethnic minorities with HIV who are linked to and engaged in culturally-competent care



Social Determinants of Health

- Increasing HIV Prevention and Care Service Delivery among Health Centers Serving High HIV Prevalence Jurisdictions.
- Care and Prevention in the United States (CAPUS) Demonstration Project
- Enhancing HIV Mobilization among Organizations Serving Gay, Bisexual and other Men who have Sex with Men (MSM).
 - Structural interventions focusing on mobilizing MSM to improve sexual health, and addressing policy barriers in state health departments and health centers.



Summary of HHS LGBT Report – CDC Components

- (CDC) included a question on sexual orientation in National Health Interview Survey in 2013.
 - Based on a year of data collection, CDC issued its first report entitled “Sexual Orientation and Health among U.S. Adults: National Health Interview Survey, 2013.”
- In collaboration with CDC’s Division of Reproductive Health, the Office of Population Affairs has developed and released clinical recommendations, “Providing Quality Family Planning Services” to include transgender populations.
- Clarified that its National Breast and Cervical Cancer Early Detection Program is available to eligible transgender women and men.



Looking to the Future

- Enhancements to internal guidance and support for the inclusion of LGBT SDOH in all Funding Opportunity Announcements
- Broadening use of questions related to sexual orientation in all of CDCs surveillance systems
- Training of CDC staff in areas such as SDOH, cultural competence and health equity

Social Determinants of Health and LGBT Health: The HRSA Perspective

Sarah R. Linde, M.D.

Rear Admiral, U.S. Public Health Service

Chief Public Health Officer

Health Resources and Services Administration (HRSA)

February 5, 2015





HRSA Mission

**To improve health and
achieve health equity through
access to quality services,
a skilled health workforce and
innovative programs**





HRSA Strategic Plan

- 1. Improve Access to Quality Health Care and Services**
- 2. Strengthen the Health Workforce**
- 3. Build Healthy Communities**
- 4. Improve Health Equity**





Goal 4: Improve Health Equity

Subgoals

- a. Reduce disparities in quality of care across populations and communities

- b. Monitor, identify and advance evidence-based and promising practices to achieve health equity



Goal 4: Improve Health Equity

Subgoals

c. Leverage our programs and policies to further integrate services and address the **social determinants of health**

d. Partner with diverse communities to create, develop, and disseminate innovative community-based health equity solutions, with a particular focus on **populations with the greatest health disparities**





Access and Workforce

- **Health Centers**
- **Ryan White HIV/AIDS Program**
- **National Health Service Corps**
- **Workforce training**





Access and Workforce

- **Maternal and Child Health**
- **Rural health care**
- **Federal organ procurement system**
- **Poison Control Centers**
- **340B low-cost drug program**







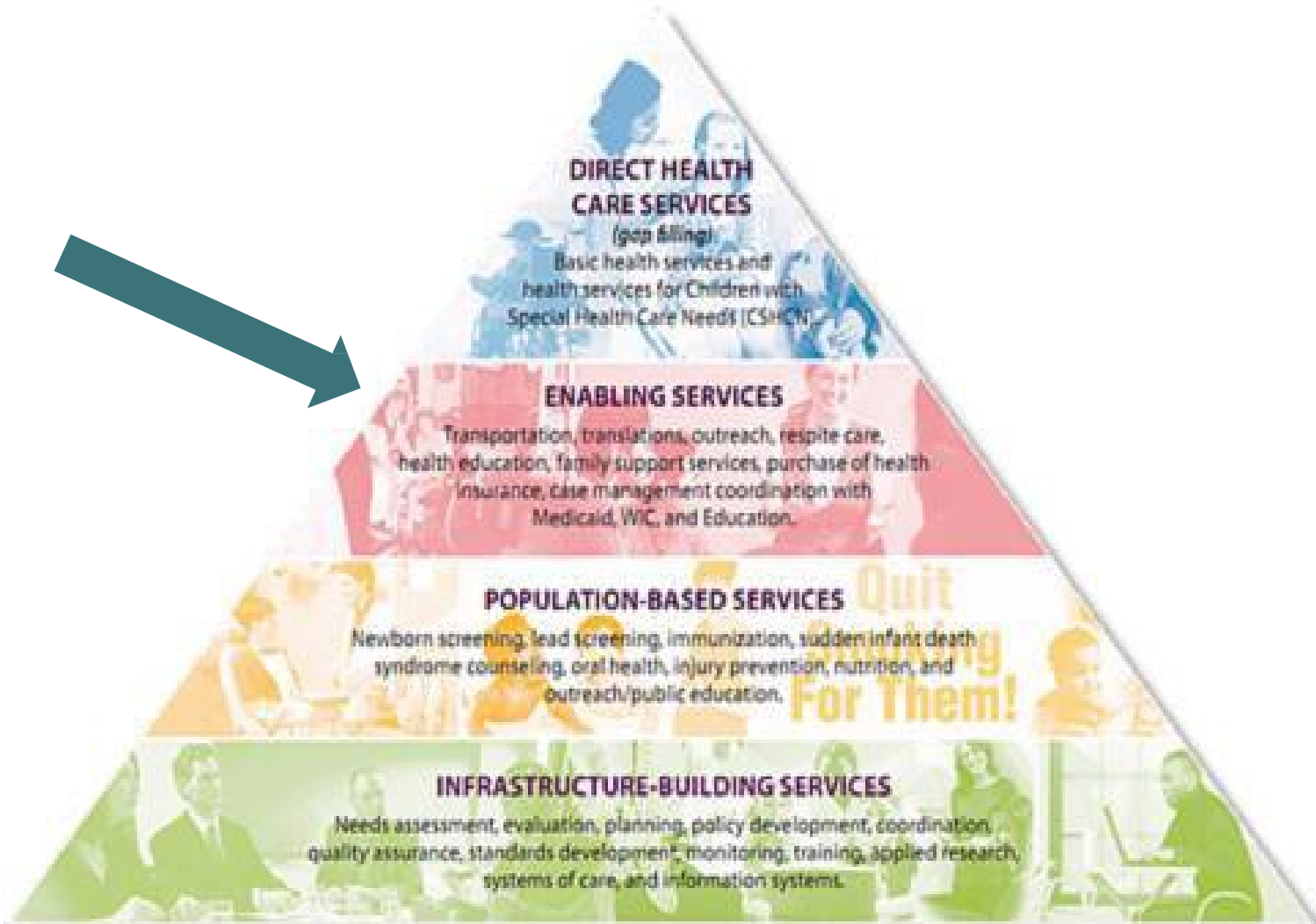
Health Center Model

- **Located in or serve a high need community**
- **Governed by a community board**
- **Provide comprehensive primary care services**
- **Provide enabling services:**
 - case management
 - translation/interpretation
 - eligibility assistance
 - health literacy
 - referrals
 - transportation
 - health education
 - outreach
- **Provide services available to all**
- **Meet other performance and accountability requirements**





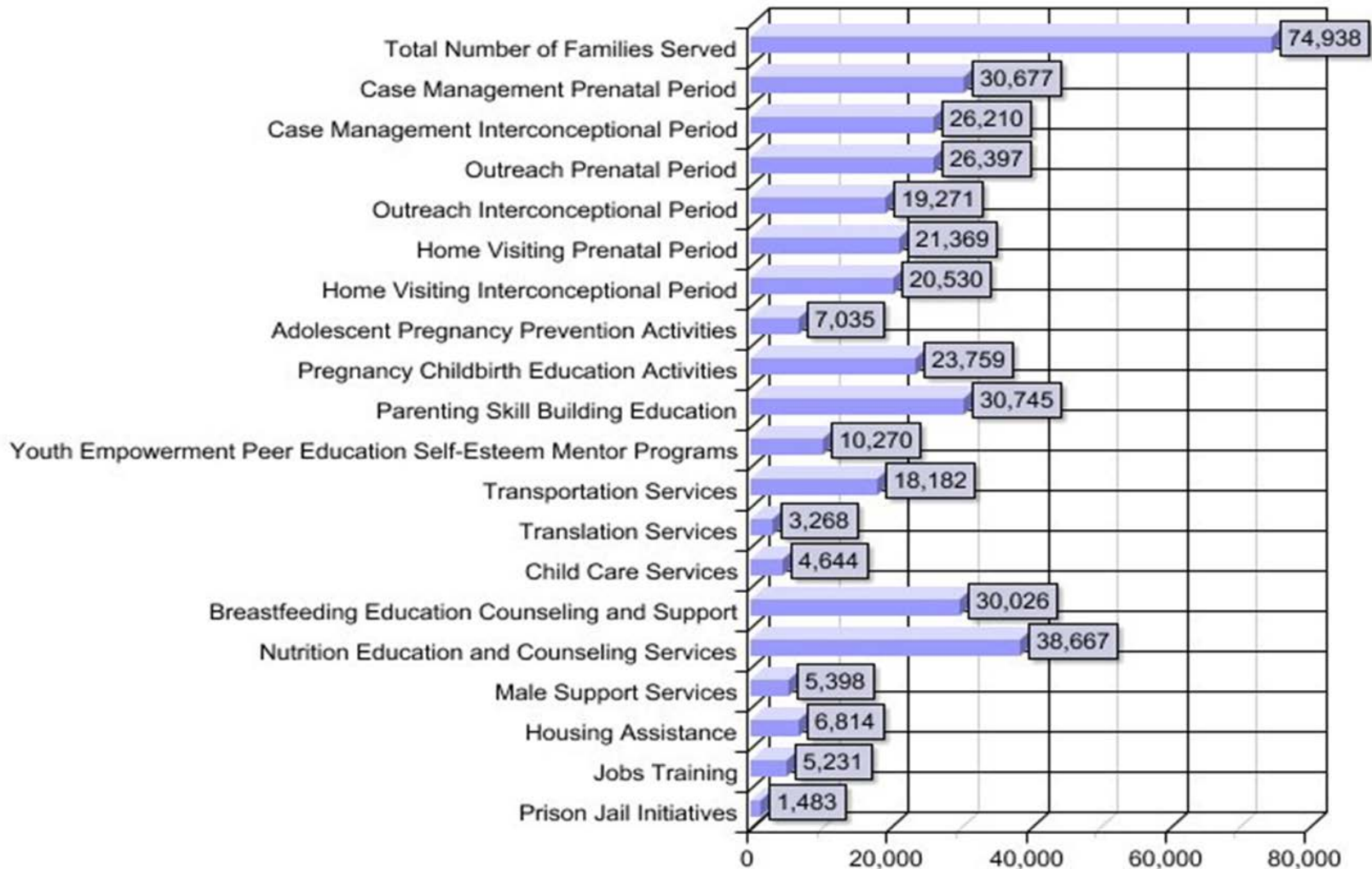
Maternal and Child Health





Healthy Start

ENABLING SERVICES





Ryan White HIV/AIDS Program

Core Services

- Outpatient ambulatory/medical
- Early intervention (Part A & B)
- Home health care
- Home/community-based services
- Medical case management
- Substance abuse: outpatient



Support Services

- Case management (nonmedical)
- Pediatric Assessment/early intervention
- Emergency financial assistance
- Food bank/home delivered meals
- Health education/risk reduction
- Housing services
- Legal services
- Medical transportation services
- Outreach services
- Permanency planning



SDOH and LGBT Health



- **Legal discrimination in access to health insurance, employment, housing, marriage, adoption, and retirement benefits**
- **Lack of laws protecting against bullying in schools**
- **Lack of social programs for youth, adults & elders**
- **Shortage of health care providers who are knowledgeable and culturally competent in LGBT health**





SDOH and LGBT Health



- **Safe schools, neighborhoods, and housing**
- **Access to recreational facilities and activities**
- **Availability of safe meeting places**
- **Access to health services**





LGBT Health Disparities

- **Suicide and other mental health issues**
- **Tobacco, alcohol, and drug use**
- **Cancer Screening**
- **Infectious Diseases**
- **Overweight/Obesity**
- **Insurance Coverage**
- **Homelessness**
- **Victimization/Bullying**





HRSA and LGBT Health

- **Grants and Contracts**
- **Policy**
- **Workforce Development**
- **Data and Measurement**
- **Stakeholder Outreach**
- **Public Education and Communication**





Grants and Contracts

THE NATIONAL LGBT HEALTH EDUCATION CENTER





Grants and Contracts



Ryan White Program

- **Special Projects of National Significance**
 - **Enhancing Access to and Retention in Quality HIV Care for Transgender Women of Color**
 - **Culturally Appropriate Interventions of Outreach, Access and Retention among Latino/a Populations**
- **Secretary's Minority AIDS Initiative**
 - **Improving Recruitment and Retention for Black MSM, ages 13-24**





Policy



Primary Health Care Digest

U.S. Department of Health and Human Services (HHS)

Health Resources and Services Administration (HRSA)

January 27, 2015





Workforce Development

THE NATIONAL LGBT HEALTH EDUCATION CENTER



**LGBT Health
¡En Español!**





Data Collection



Sexual Orientation

- **NHSC Participant Satisfaction Survey (2013, 2014)**
- **NURSE Corps Participant Satisfaction Survey (2014)**
- **Health Center Patient Survey (2014)**

Gender Identity

- **Health Center Patient Survey (2014)**
- **Clients served by the Ryan White HIV/AIDS Program (since 2000)**
 - CARE Act Data Report
 - Ryan White Data Report
 - Ryan White Services Report



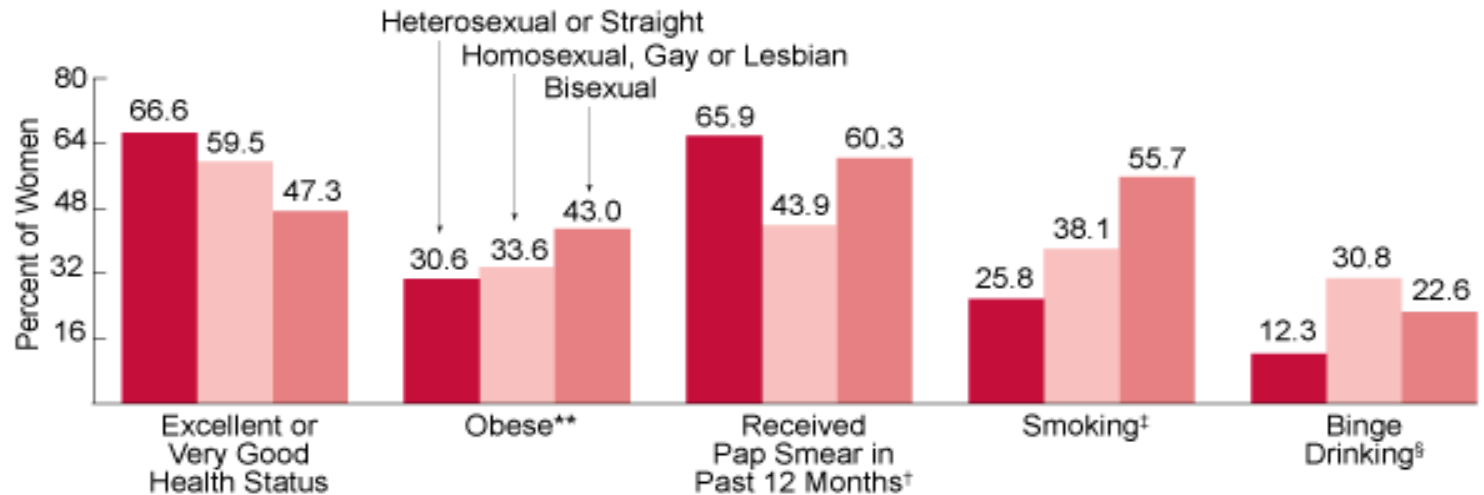


Data Collection



WOMEN'S HEALTH USA 2013

Selected Health Indicators Among Women Aged 18–44 Years, by Sexual Identity, 2006–2010*



*Estimates are age-adjusted. **Based on Body Mass Index (BMI), a number calculated from a person's weight and height. Obese is defined as a BMI of 30.0 or higher. †Calculated for females aged 20-44 years. ‡Smoked at least one cigarette per day on average in the past year. §Defined as consuming 5 or more drinks within a couple of hours at least once a month on average in the past year.

Source: Chandra A, Copen CE, Stephen EH. Infertility and impaired fecundity in the United States, 1982–2010: Data from the National Survey of Family Growth. National health statistics reports; no 67. Hyattsville, MD: National Center for Health Statistics. 2013.



<http://mchb.hrsa.gov/whusa13/dl/pdf/whusa13.pdf>

Stakeholder Outreach



CLICK THIS IMAGE TO LEARN MORE ABOUT THE
TOP 5 AFFORDABLE CARE ACT
BENEFITS FOR THE
LGBT COMMUNITY

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

ADVANCING
LGBT
HEALTH &
WELL-BEING

2014 REPORT

HHS LGBT ISSUES COORDINATING COMMITTEE





Public Education and Communication Bullying

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stopbullying.gov

WHAT IS BULLYING

CYBER BULLYING

WHO IS AT RISK

PREVENT BULLYING

RESPOND TO BULLYING

GET HELP NOW

FEATURES

[Tumblr Page](#)

[Common Mistakes](#)

▶ [Be More Than a Bystander](#)

[Follow us on Twitter](#)

Get a new perspective on bullying.

Take a walk in your kid's shoes and learn how they can safely stop bullying.



WHAT YOU CAN DO





Intimate Partner Violence



A COMPREHENSIVE
APPROACH FOR COMMUNITY-
BASED PROGRAMS TO ADDRESS
INTIMATE PARTNER VIOLENCE
AND PERINATAL DEPRESSION





Resources

<http://www.hrsa.gov/lgbt/>

<http://www.hhs.gov/lgbt/>

Take Pride In Your Health

The health law helps LGBT Americans access high-quality health care and protects their right to affordable insurance.

**IT'S THE DAWN OF A
NEW DAY
FOR LGBT
HEALTH**

Equality
Starting in 2014, you can't be turned down or charged more for health insurance coverage because you're LGBT.

Security
Insurers can't put a lifetime dollar limit on what they will pay for needed care, even if you have a chronic disease like asthma or cancer.

Wellness
If you have insurance, you generally can get vital preventive services, such as well-woman checkups and HIV and cancer screenings, at no extra cost.

Access
Starting October 1, 2013, there will be a new way to shop for a health insurance plan that meets your budget and needs.

**HHS IS
LEADING
THE WAY**

Learn more at
HHS.gov/HealthCare

HHS.gov/HealthCare *The care you need, when you need it.*





“The health of the individual is almost inseparable from the health of the larger community. And the health of each community and territory determines the overall health status of the Nation”

Source: Koh; A 2020 vision for healthy people. N Engl J Med 2010





Friendly Reminder



**Open enrollment for health insurance
under the Affordable Care Act ends
February 15**

Visit <http://www.healthcare.gov> today





Thank You!

Sarah R. Linde, M.D.

RADM U.S. Public Health Service

Chief Public Health Officer

Health Resources and Services Administration

slinde@hrsa.gov

301-443-2216



The Evolution of Culturally Competent Transgender Services

CHRISTOPHER BROWN, MBA, MPH

DIRECTOR, HEALTH AND MENTAL HEALTH SERVICES



LOS ANGELES LGBT CENTER

Overview

- ▶ History of the Center and Services Areas
- ▶ Social and Health Disparities with Transgender Persons in California
- ▶ History of Transgender Services at the Center
- ▶ Services Provided
 - ▶ Medical
 - ▶ Behavioral Health
 - ▶ Social Services and Housing
- ▶ Client Experiences
- ▶ Challenges
- ▶ Initiating Change
- ▶ Resources





History of the Los Angeles LGBT Center

1969 Gay Community Services Center began

1985 Nation's largest HIV testing
and care clinic established

1993 Jeffrey Goodman
Special Care Clinic
opened

1974 Center obtained non-profit status,
after appealing the original denial from
the IRS. First US organization to have
"gay" in its name.

1971 Center opens Men's VD Clinic



LOS ANGELES LGBT CENTER

History of the Los Angeles LGBT Center

2009 Became a Federally Qualified Health Center (FQHC) Look-Alike

2011 Began youth suicide prevention project and LGBT foster care initiative

2013 Obtained full FQHC status and 330 grant

2015

- Employ 450 staff and have more than 3,000 volunteers
- Provide approximately 42,000 client encounters each month
- Deliver more than 2,000 sexual health visits each month
- Provide primary care services to more than 4,000 clients
- Provide 50 beds of emergency, transitional- and independent-living housing for at-risk youth



LOS ANGELES LGBT CENTER

Center Service Departments

Health



Social Services
& Housing



Culture &
Education



Leadership
& Advocacy



LOS ANGELES LGBT CENTER

Transgender Social and Health Disparities in California

- ▶ In L.A. County, an estimated **15%** of transgender women are living with HIV
 - ▶ **48%** of Black trans women are HIV positive
 - ▶ **27%** of Native American trans women are HIV positive

*--L.A. County Transgender
Population Estimates 2012*

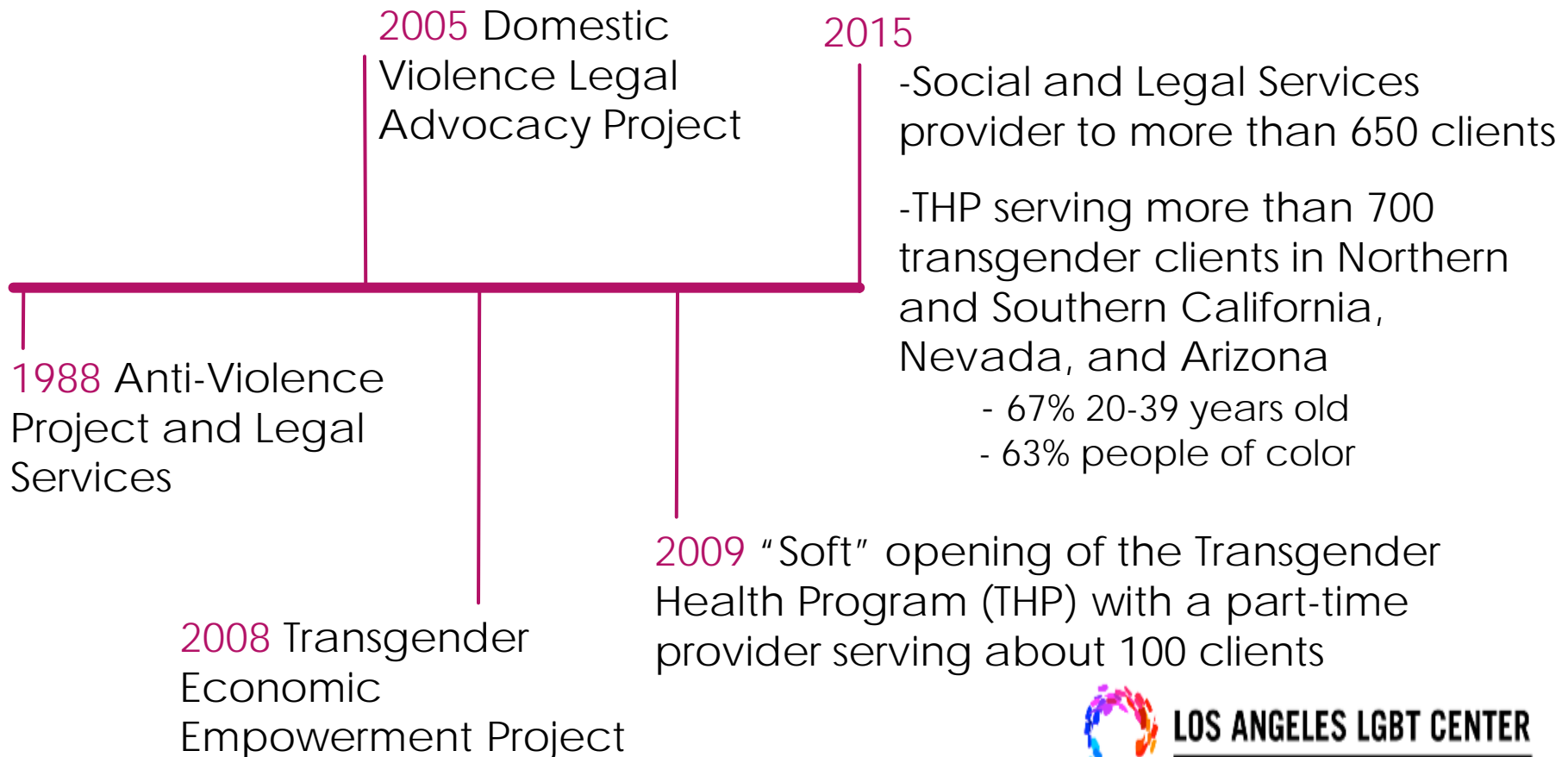
- ▶ **70%** of the transgender community reports experiencing workplace **harassment or discrimination** directly related to their gender identity
- ▶ Transgender respondents are **twice as likely** to be **living below the poverty** line of \$10,400 when compared to the general population
- ▶ **1 in 5** respondents have been **homeless** since they first identified as transgender
- ▶ **30%** of the community reports **postponing care** for illness or preventive care due to **disrespect or discrimination** from doctors or other health care providers

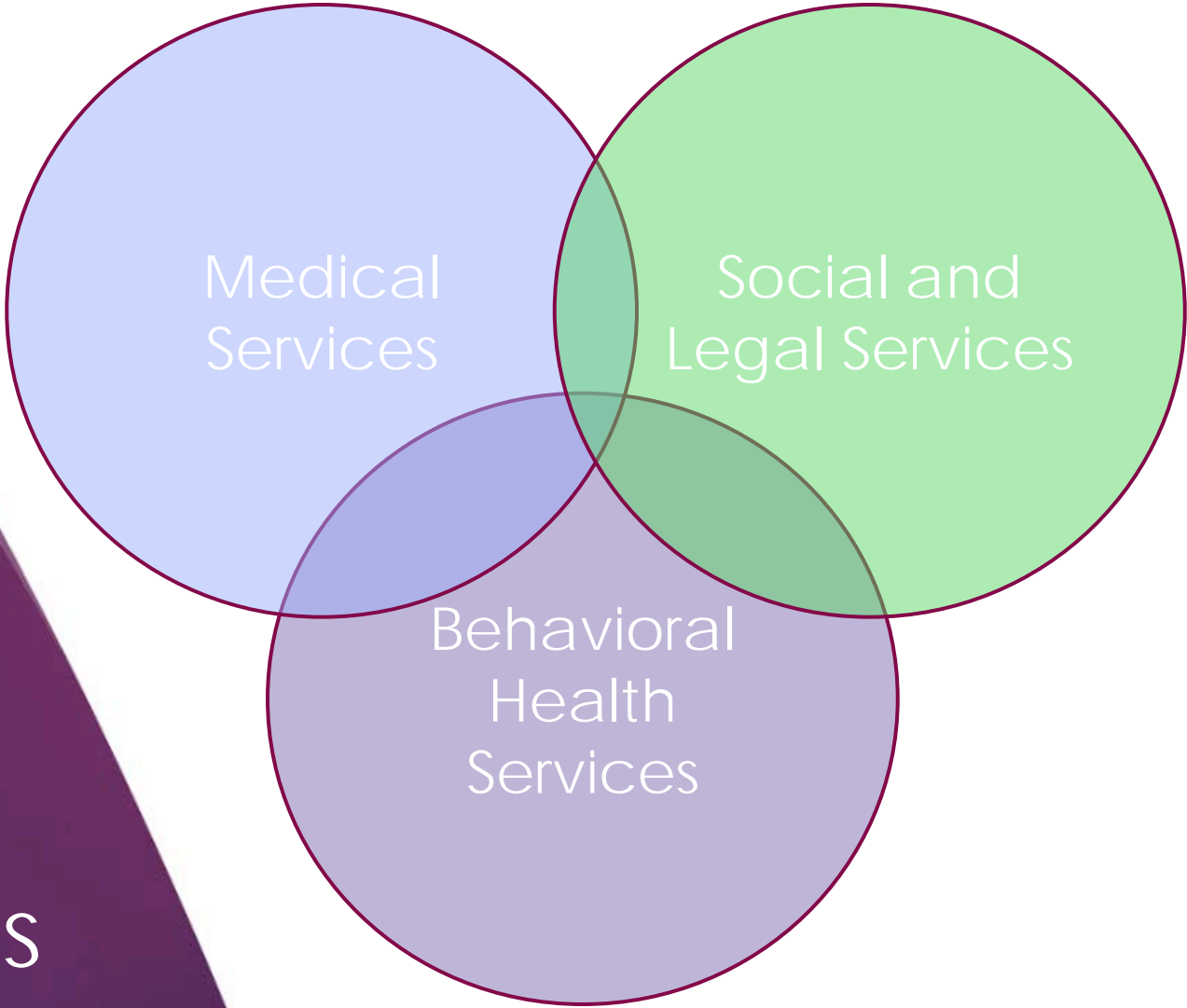
*--The State of Transgender
California: Results from the 2008
California Transgender Economic
Health Survey*



LOS ANGELES LGBT CENTER

History of Transgender Services





Trans Services



LOS ANGELES LGBT CENTER

Medical Services

- ▶ Informed consent model of care
- ▶ Welcome video for new clients
- ▶ Ongoing primary care services/routine health maintenance
 - ▶ Culturally competent Pap/prostate screening
- ▶ Hormone management
- ▶ Pre-operative medical assessment
- ▶ Post-operative assessment, care and monitoring
- ▶ Medications (on-site pharmacy)
- ▶ Appropriate referrals



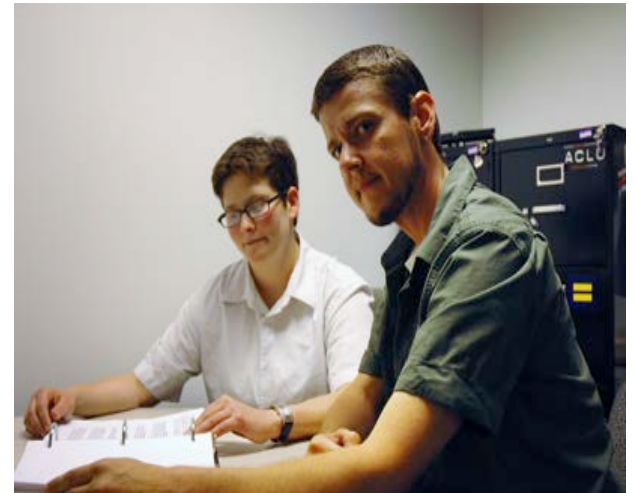
Behavioral Health Services

- ▶ New clients meet with psychologist to greet and assess psychosocial needs
- ▶ Warm hand-off to medical provider
- ▶ Individual therapy
- ▶ Group therapy (weekly MTF and FTM groups)
- ▶ Substance abuse services
- ▶ Genital Reassignment Surgery (GRS) letter-writing protocol
- ▶ Capacity-building initiative/provider consultation group



Social Services and Housing

- ▶ Case management
- ▶ Legal services
- ▶ Anti-Violence Project
- ▶ Emergency, transitional and independent-living housing
- ▶ Employment services
- ▶ Cultural competency assistance
- ▶ Transition assistance



Client Experiences

- ▶ 30-year-old MTF from Nevada (travels 290 miles)
- ▶ History of:
 - ▶ high blood pressure, substance abuse, suicide attempts
 - ▶ negative experiences with health care providers
- ▶ In 2010, after a recent suicide attempt, she began receiving care at the Center:
 - ▶ trans-specific individual and group substance abuse and mental health services
 - ▶ primary care and hormone maintenance services
- ▶ Client is currently stable, seen once a year



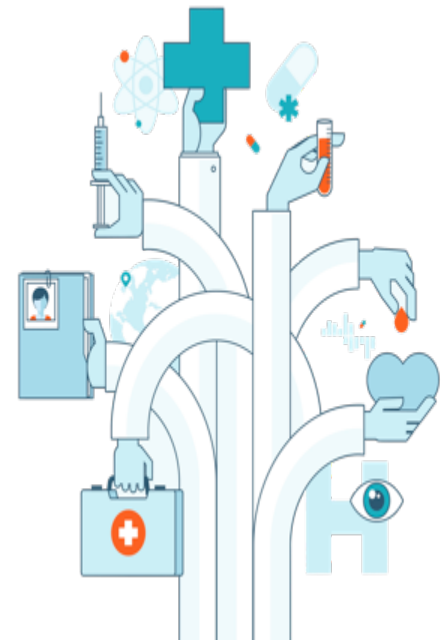
Client Experiences

- ▶ 19-year-old FTM client from Oklahoma
- ▶ Came to drop-in youth center for food and emergency shelter
- ▶ Client received transition support and accessed many Center services including:
 - ▶ mental health counseling and substance abuse services
 - ▶ primary care and hormone therapy
 - ▶ legal name-change assistance
 - ▶ GED program and job placement
- ▶ He is now in Center's transitional living program, attending community college, and working part time. He plans to major in social work.



Challenges

- ▶ Lack of local and national data
- ▶ A-Z cultural competency (parking lot to check out)
- ▶ Overcoming service provider apprehension
- ▶ Electronic health record (EHR)
 - ▶ mismatched legal/insurance name and gender identity
 - ▶ disconnect with physiology and pre-generated medical tests and reference lab values
- ▶ Meeting unique needs of clients
 - ▶ surgery and specialty care referrals
 - ▶ medications on insurance formularies



Initiating Change

- ▶ Community engagement in planning, policy and advocacy
- ▶ Networking with LGBT organizations
- ▶ Federally supported technical assistance providers
- ▶ Federal and state requirements and standards of care
- ▶ Collecting and reporting of LGBT health statistics
- ▶ Incorporate LGBT variables into EHR platforms
- ▶ Cultural and medical competence is of utmost importance



Resources

- ▶ National Center for Transgender Equality

<http://transequality.org>

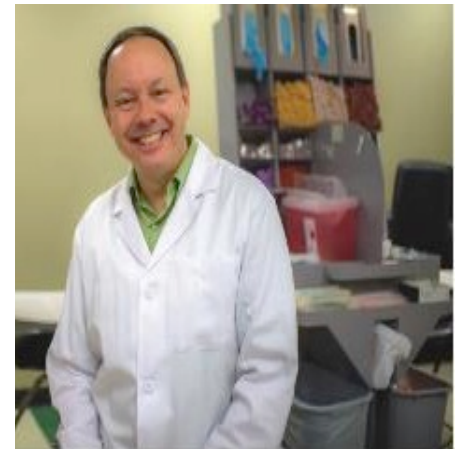
- ▶ Transgender Law Center

<http://transgenderlawcenter.org>

- ▶ Los Angeles LGBT Center

http://www.lalgbtcenter.org/transgender_people

Contact: Lisa Kimsey, lkimsey@lalgbtcenter.org



LOS ANGELES LGBT CENTER

Healthy People 2020 Stories from the Field

A library of stories highlighting ways organizations across the country are implementing Healthy People 2020

Stories from the Field

Want to know what others are doing to improve the health of their communities? Explore our *Stories from the Field* to see how communities across the Nation are implementing Healthy People 2020. You can also [share your story!](#)

Explore the map below or filter to view stories by the related topic area or Leading Health Indicator.

Sort By:

Viewing 80 results

Topic Area	Organization Name	Organization Type	Date Posted	Program State
Filter By: Showing All Topic Areas <input type="checkbox"/> Show LHI Only Reset Filters Update				



Healthy People 2020 in Action

Who's Leading the Leading Health Indicators? series Stories from the Field

Healthy People in Action

<http://www.healthypeople.gov/2020/healthy-people-in-action/Stories-from-the-Field>



Healthy Aging Summit

July 27-28, 2015 • Washington, DC

- 2015 Healthy Aging Summit Registration is Open!
 - July 27-28, 2015 in Washington, DC
 - State of the Science meeting
 - Social Determinants of Health Framework
- ODPHP encourages all sectors to submit abstracts online through 11:59 p.m. EST, Monday, February 9
- To get the most current information visit www.2015HealthyAgingSummit.org and follow us @gohealthypeople #HealthyAging2015



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[Clinical Preventive Services](#)

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LHI Infographic Gallery

Featured Infographic:
Injury and Violence
 November 2014 ▶

The Leading Health Indicators are high-priority health issues in the United States that serve as measures of the Nation's health. Each month healthypeople.gov displays one or more infographics to visually communicate the existing health disparities for the featured Leading Health Indicator Topic.

If you would like the monthly infographic and bulletin sent straight to your inbox, sign up for [Healthy People email updates](#).

Expand All

Access to Health Services (2)

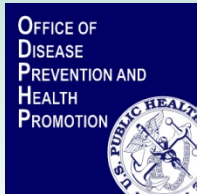
Clinical Preventive Services (3)

Environmental Quality (3)



Healthy People 2020 Progress Review Planning Group

- Chipper Dean (SAMHSA/CBHSQ)
- Gem Daus (HRSA)
- Emily DeCoster (HRSA)
- George Roberts (CDC/OMHHE)
- Julio Dicient Taillepierre (CDC/OMHHE)
- Francisco Sy (NIH/NIMHD)
- Stan Lehman (CDC/OD)
- Minh Wendt (HHS/OMH)
- Lenee Simon (HHS/OASH)
- Susan Queen (HHS/ASPE)
- Suzanne Haynes (HHS/OWH)
- Rebecca Hines (CDC/NCHS)
- David Huang (CDC/NCHS)
- Leda Gurley (CDC/NCHS)
- Christina Dragon (CDC/NCHS)
- Carter Blakey (HHS/ODPHP)
- Allison Roper (HHS/ODPHP)
- Emmeline Ochiai (HHS/ODPHP)
- Debbie Hoyer (HHS/ODPHP)
- Theresa Devine (HHS/ODPHP)
- Yen Luong (HHS/ODPHP)





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