

# ***Health, United States:*** **Data for Programs and Policies**

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National Center for Health Statistics  
Centers for Disease Control and Prevention

Clinton Health Matters Initiative Webinar  
Board of Scientific Counselors Meeting  
October 30, 2014



# PRESENTATION OUTLINE

- *Introducing Health, United States*
- *Illustrating Health, United States content:*
  - Mortality*
  - Reproductive Health*
  - Behavioral Risk Factors*
  - Health Care Access*
- *Illustrating Health, United States applications:*
  - Print*
  - Web*
- *Introducing Health Indicators Warehouse (HIW)*



# ***HEALTH, UNITED STATES*** **CONGRESSIONALLY-MANDATED REPORT**

Now in its 37<sup>th</sup> year, *Health, United States* presents national trends on:

*Birth and death rates*

*Infant mortality*

*Life expectancy*

*Morbidity and disability*

*Risk factors*

*Use of ambulatory and inpatient care*

*Health personnel and facilities*

*Financing of health care*

*Health insurance*



## **HOW CAN YOU USE *HEALTH, UNITED STATES?***

- *Monitor trends in the nation's health*
- *Evaluate progress in meeting national health objectives*
- *Set research and program priorities*
- *Develop policies and programs*



# ILLUSTRATING CONTENT



## *Mortality*

- ❖ *Overall death rate (all causes)*
- ❖ *Heart disease death rate*
- ❖ *Cancer death rate*
- ❖ *Diabetes death rate*
- ❖ *Opioid poisoning death rate*



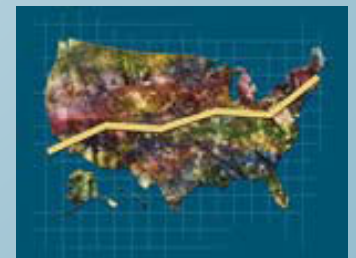
*Reproductive Health*



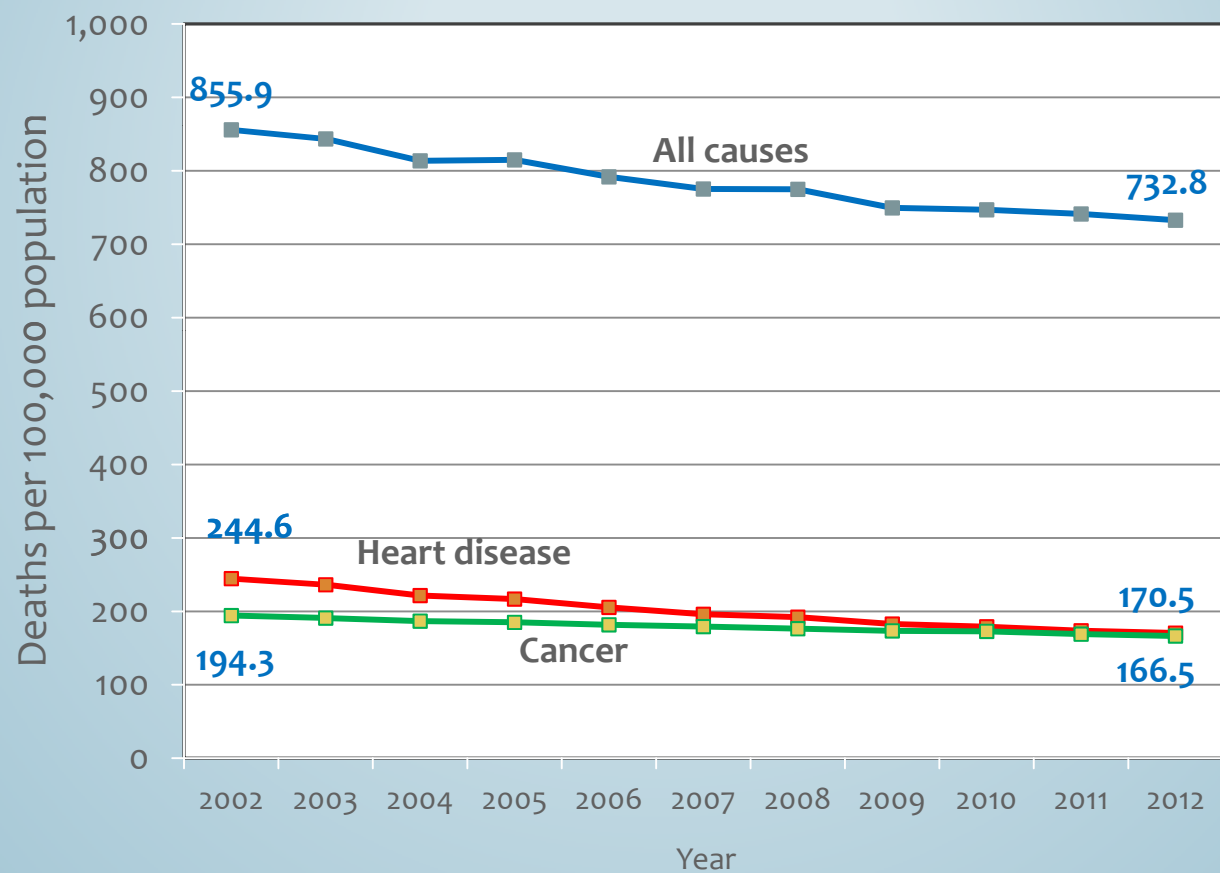
*Behavioral Risk Factors*



*Health Care Access*

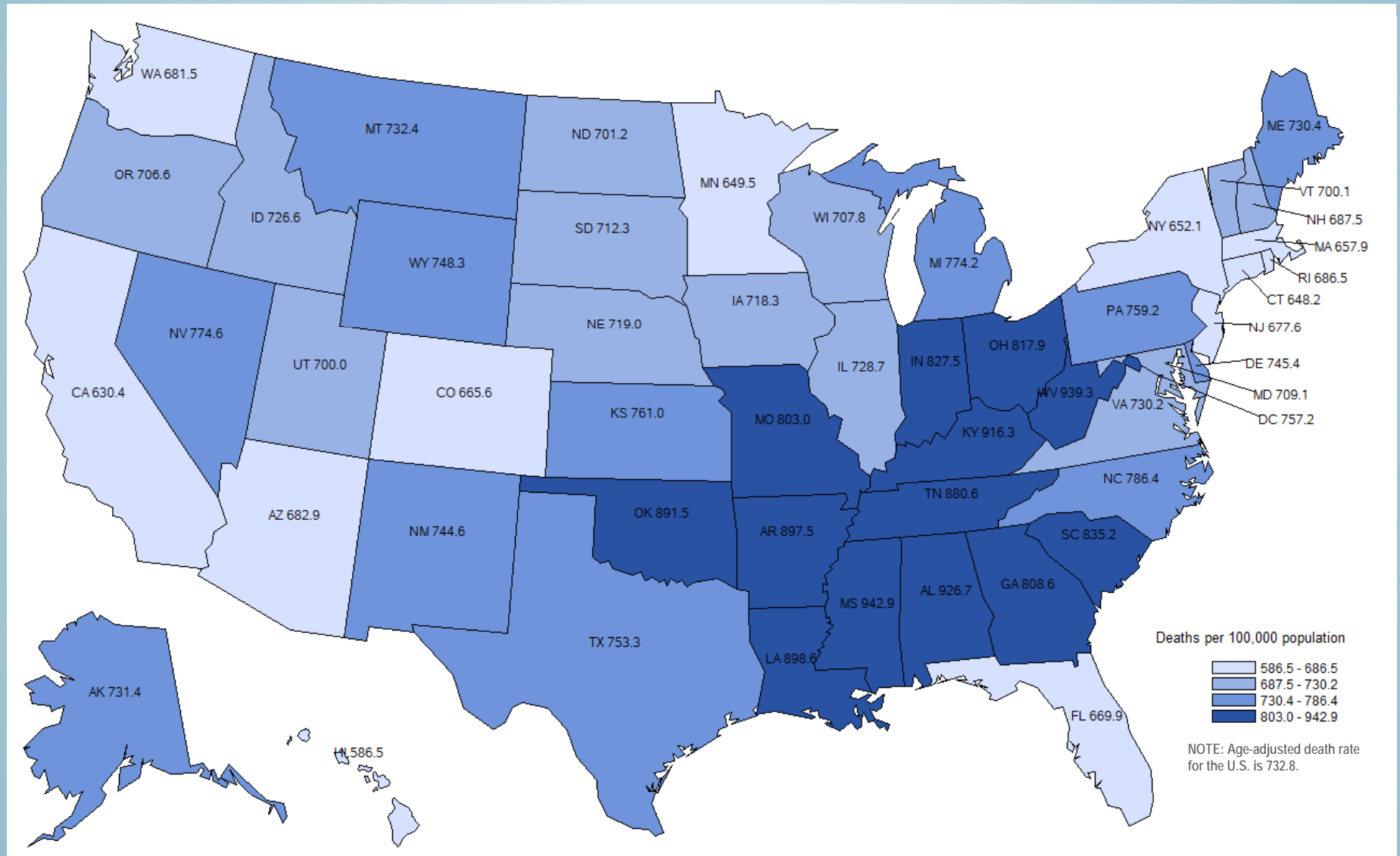


## ALL CAUSES, HEART DISEASE, AND CANCER DEATHS PER 100,000 POPULATION (AGE-ADJUSTED): UNITED STATES 2002-2012



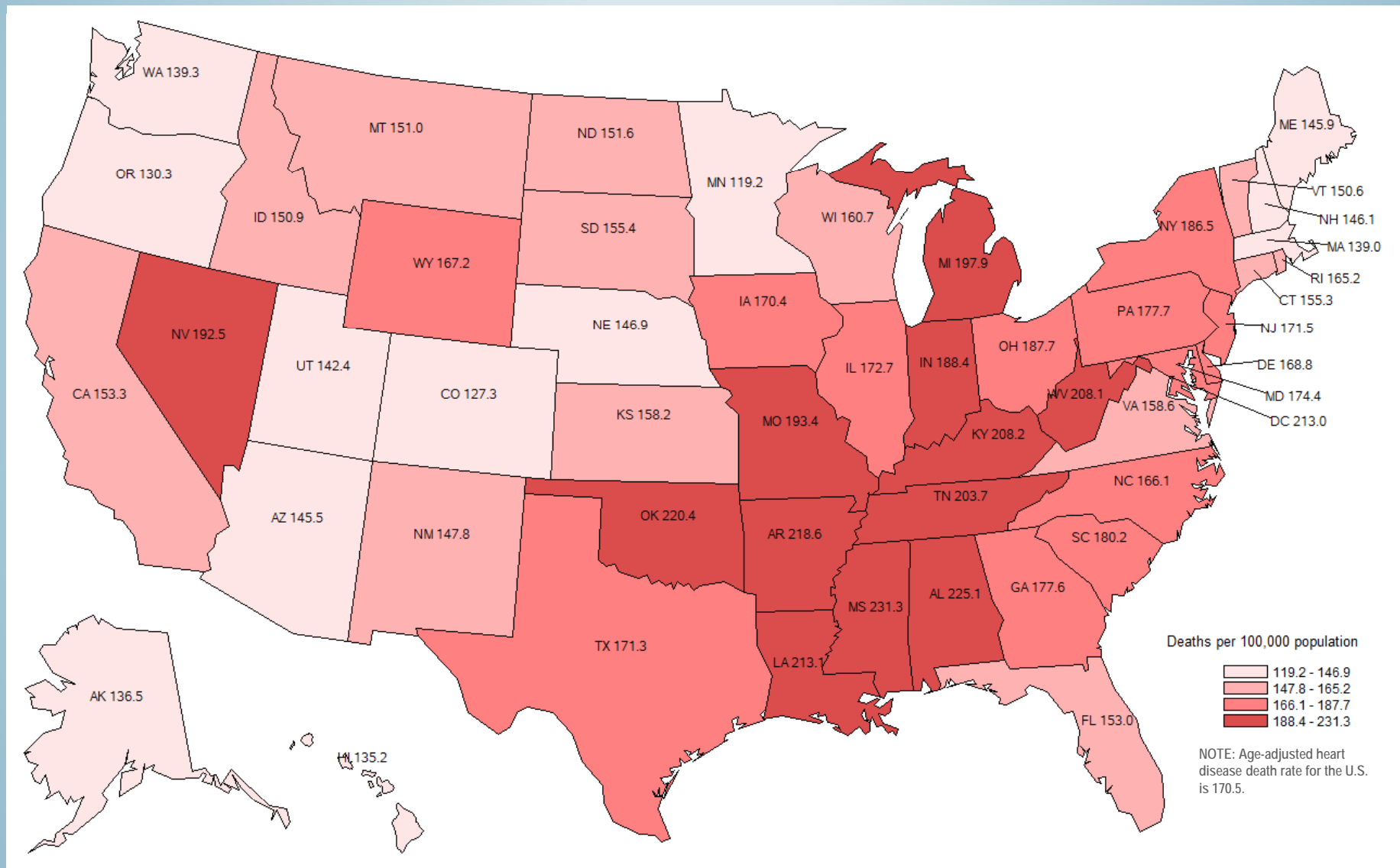
SOURCE: CDC, National Center for Health Statistics. *Health, United States*, 2013 Web updates, Table 20.  
Data from the National Vital Statistics System-mortality file.

# DEATHS FOR ALL CAUSES PER 100,000 POPULATION (AGE-ADJUSTED): UNITED STATES, 2012



SOURCE: CDC  
National Center for Health Statistics  
National Vital Statistics System-mortality file

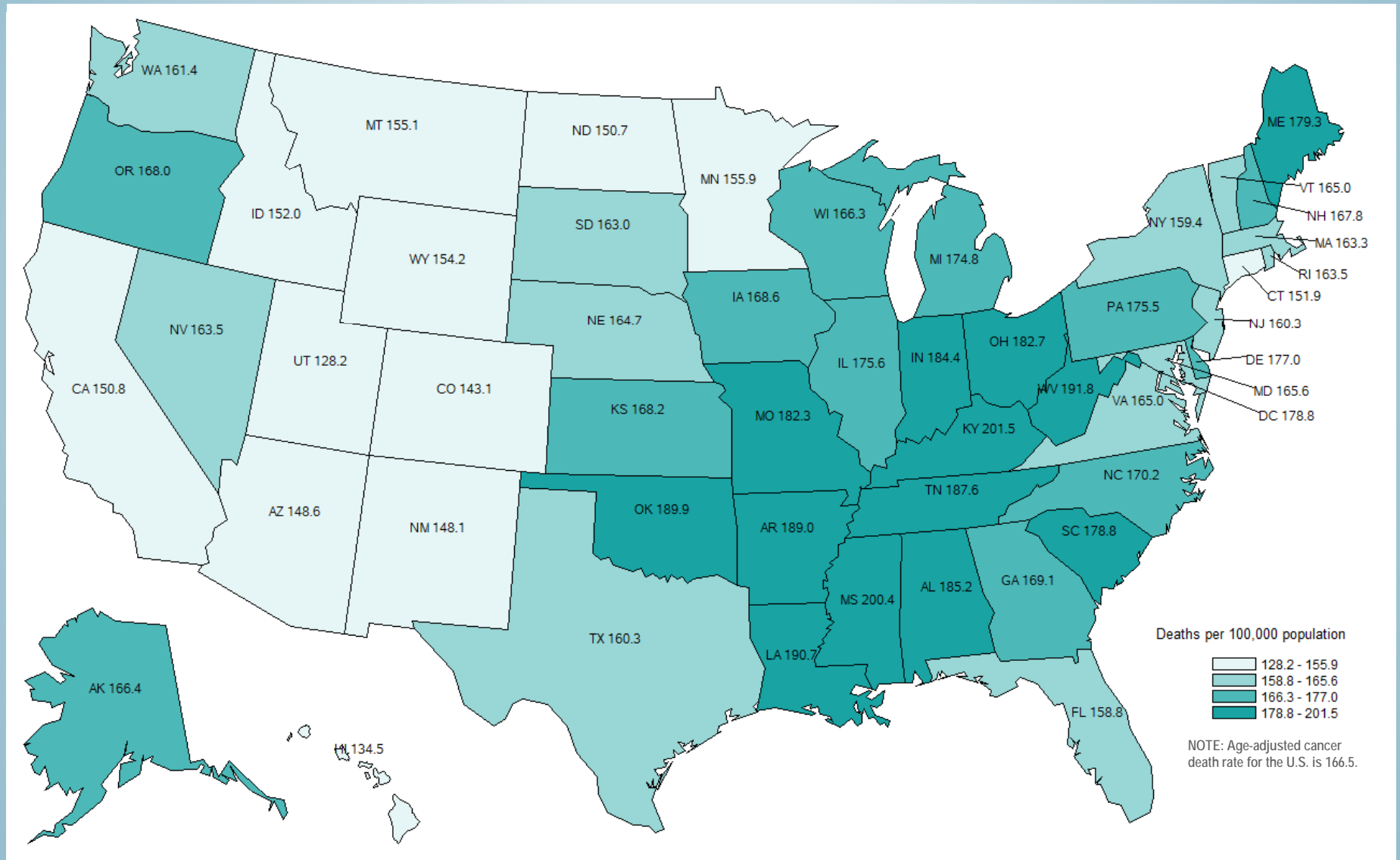
# HEART DISEASE DEATHS PER 100,000 POPULATION (AGE-ADJUSTED): UNITED STATES, 2012



SOURCE: CDC  
National Center for Health Statistics  
National Vital Statistics System-mortality file

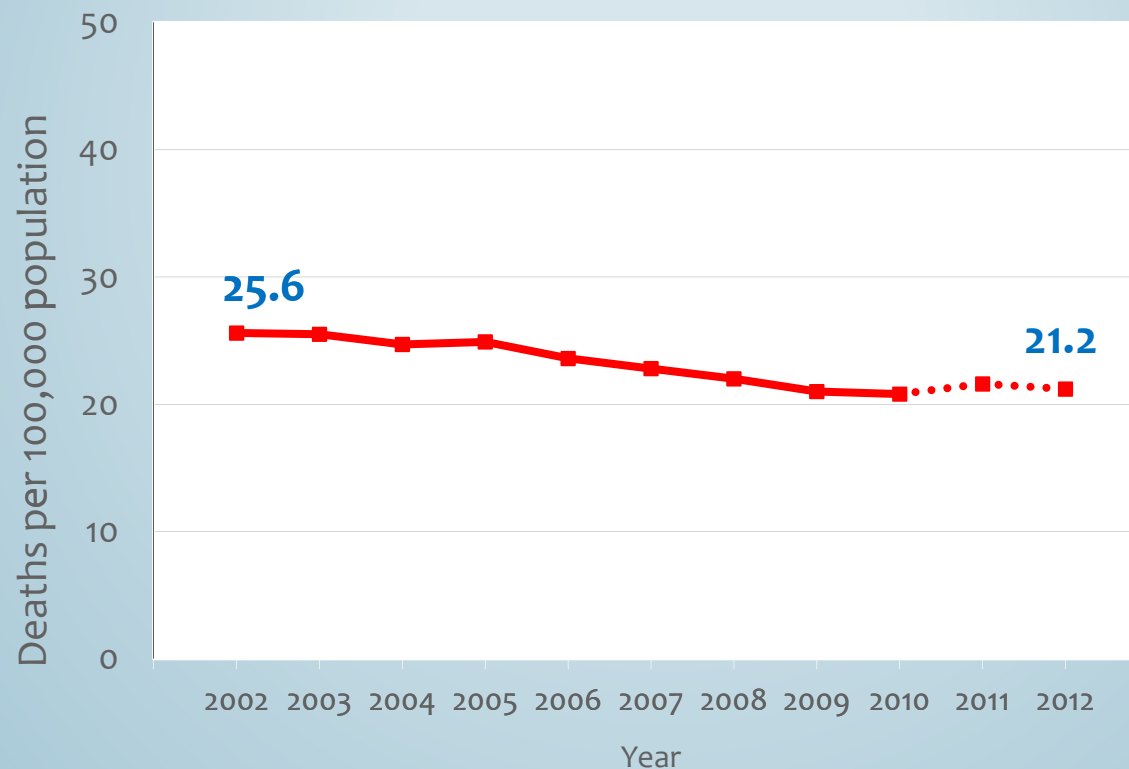


# CANCER DEATHS PER 100,000 POPULATION (AGE-ADJUSTED): UNITED STATES, 2012



SOURCE: CDC  
National Center for Health Statistics  
National Vital Statistics System-mortality file

## DIABETES DEATHS PER 100,000 POPULATION (AGE-ADJUSTED): UNITED STATES 2002-2012



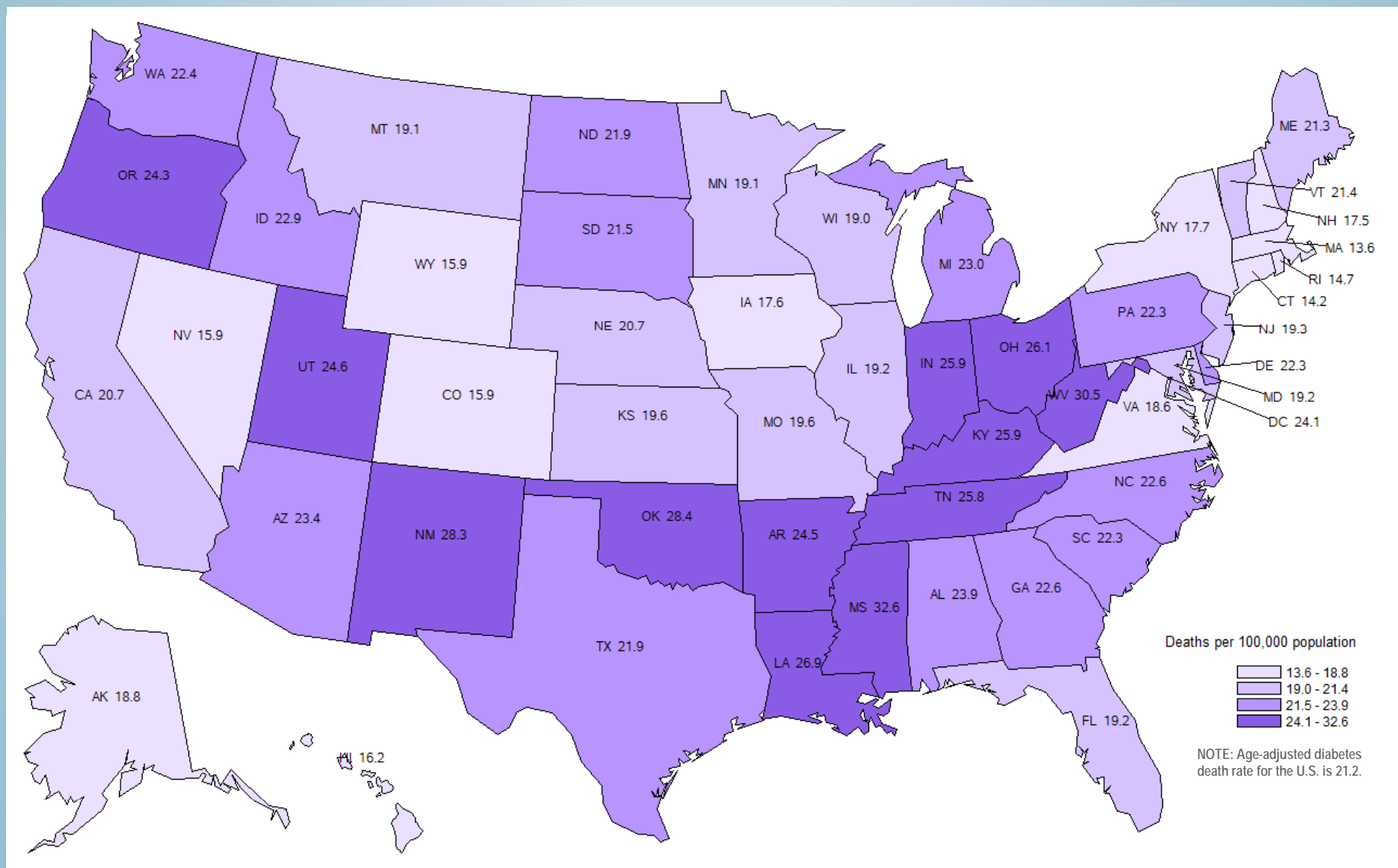
SOURCE: CDC, National Center for Health Statistics. *Health, United States*, 2013 Web updates, Table 20.

Data from the National Vital Statistics System-mortality file.

NOTE: Starting with 2011 data, the rules for selecting Nephritis as the underlying cause of death were changed, resulting in a decrease in the number of deaths for Nephritis and an increase in the number of deaths for Diabetes. Therefore, the trend in Diabetes deaths should be interpreted with caution.

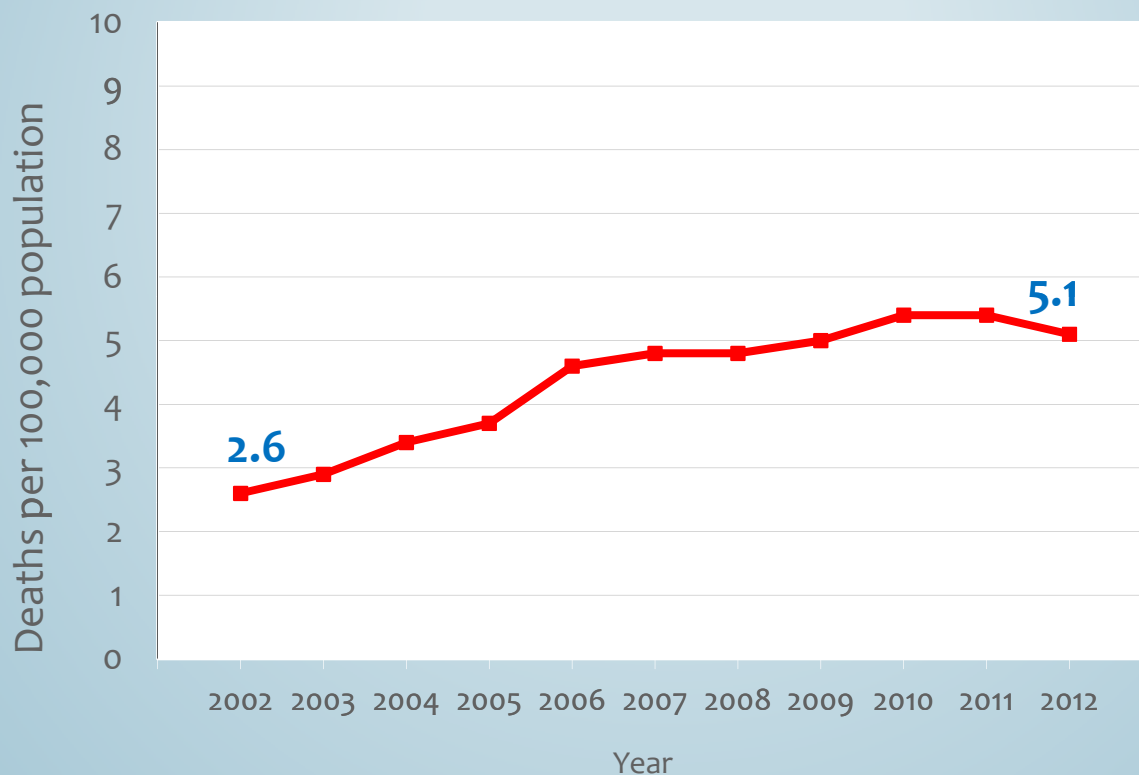


# DIABETES DEATHS PER 100,000 POPULATION (AGE-ADJUSTED): UNITED STATES, 2012



SOURCE: CDC  
National Center for Health Statistics  
National Vital Statistics System-mortality file

## DRUG POISONING DEATHS INVOLVING OPIOID ANALGESICS PER 100,000 POPULATION (AGE-ADJUSTED): UNITED STATES 2002-2012



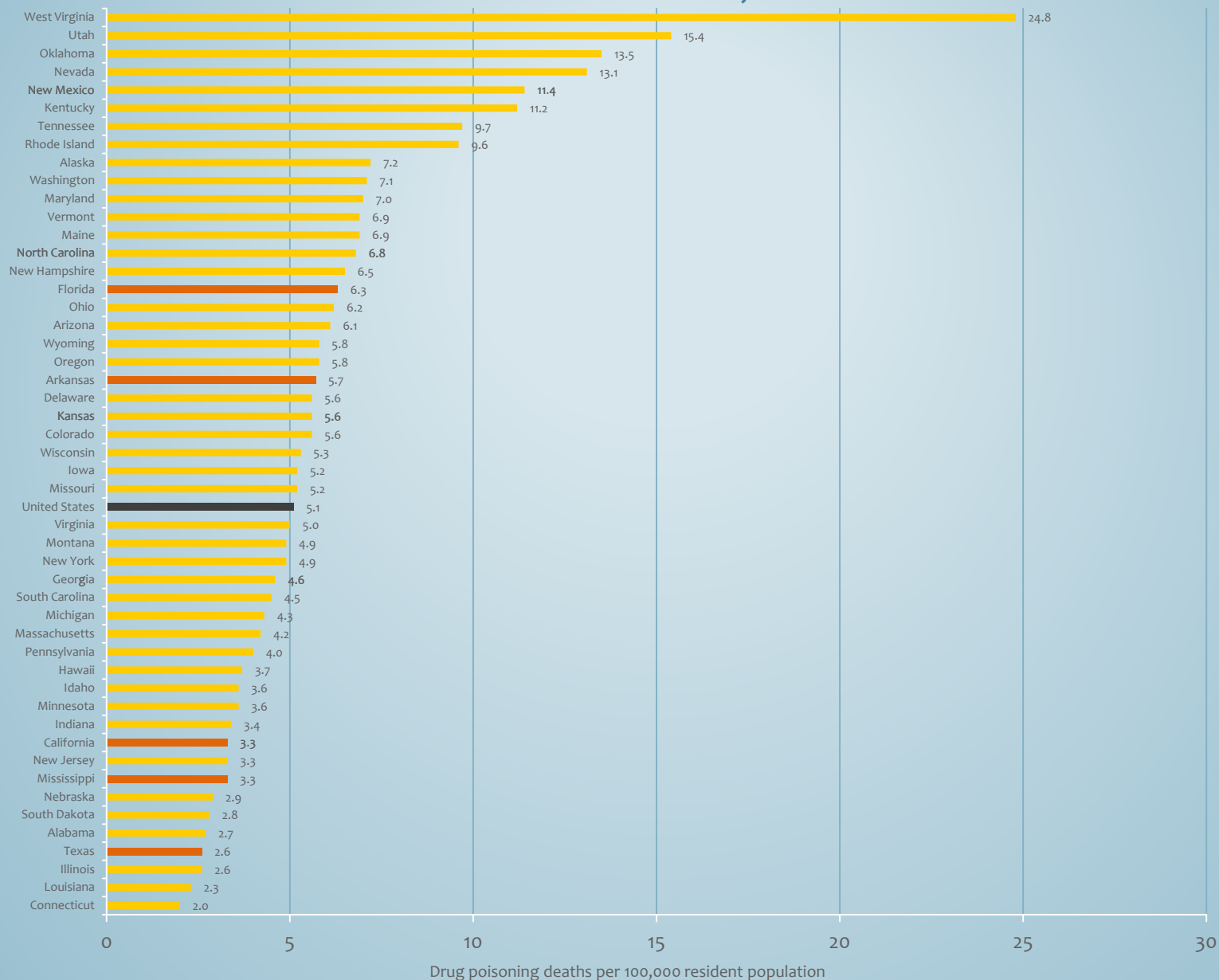
SOURCE: CDC, National Center for Health Statistics. *Health, United States, 2013 Web updates, Table 32.*

Data from the National Vital Statistics System-mortality.

NOTE: Drug poisoning deaths involving opioid analgesics include those with an underlying cause of drug poisoning and with opioid analgesics mentioned in the 10th Revision of the International Classification of Diseases (ICD-10) multiple causes of death. Opioid analgesics are prescription pain relievers, such as oxycodone and hydrocodone. Drug poisoning deaths with the drug type unspecified (up to 25% of the total) are not included.



## DRUG POISONING DEATHS INVOLVING OPIOID ANALGESICS PER 100,000 POPULATION (AGE-ADJUSTED): UNITED STATES, 2012



SOURCE: CDC, National Center for Health Statistics, National Vital Statistics System-mortality file.

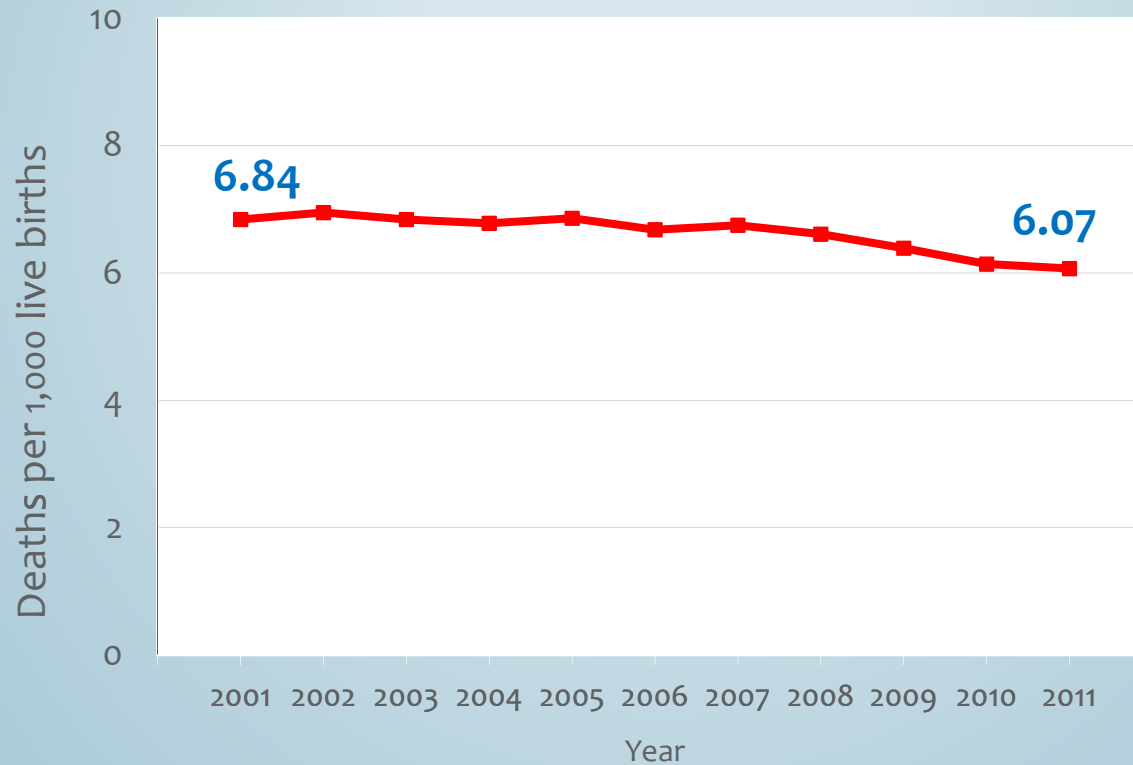
NOTE: Drug poisoning deaths involving opioid analgesics include those with an underlying cause of drug poisoning and with opioid analgesics mentioned in the 10th Revision of the International Classification of Diseases (ICD-10) multiple causes of death. Opioid analgesics are prescription pain relievers, such as oxycodone and hydrocodone. Drug poisoning deaths with the drug type unspecified (up to 25% of the total) are not included. Estimates are unreliable for District of Columbia and North Dakota.

# ILLUSTRATING CONTENT

- ✓ *Mortality*
- ✓ *Reproductive Health*
  - ❖ *Infant mortality rate*
  - ❖ *Teen birth rate*
- ☐ *Behavioral Risk Factors*
- ☐ *Health Care Utilization*



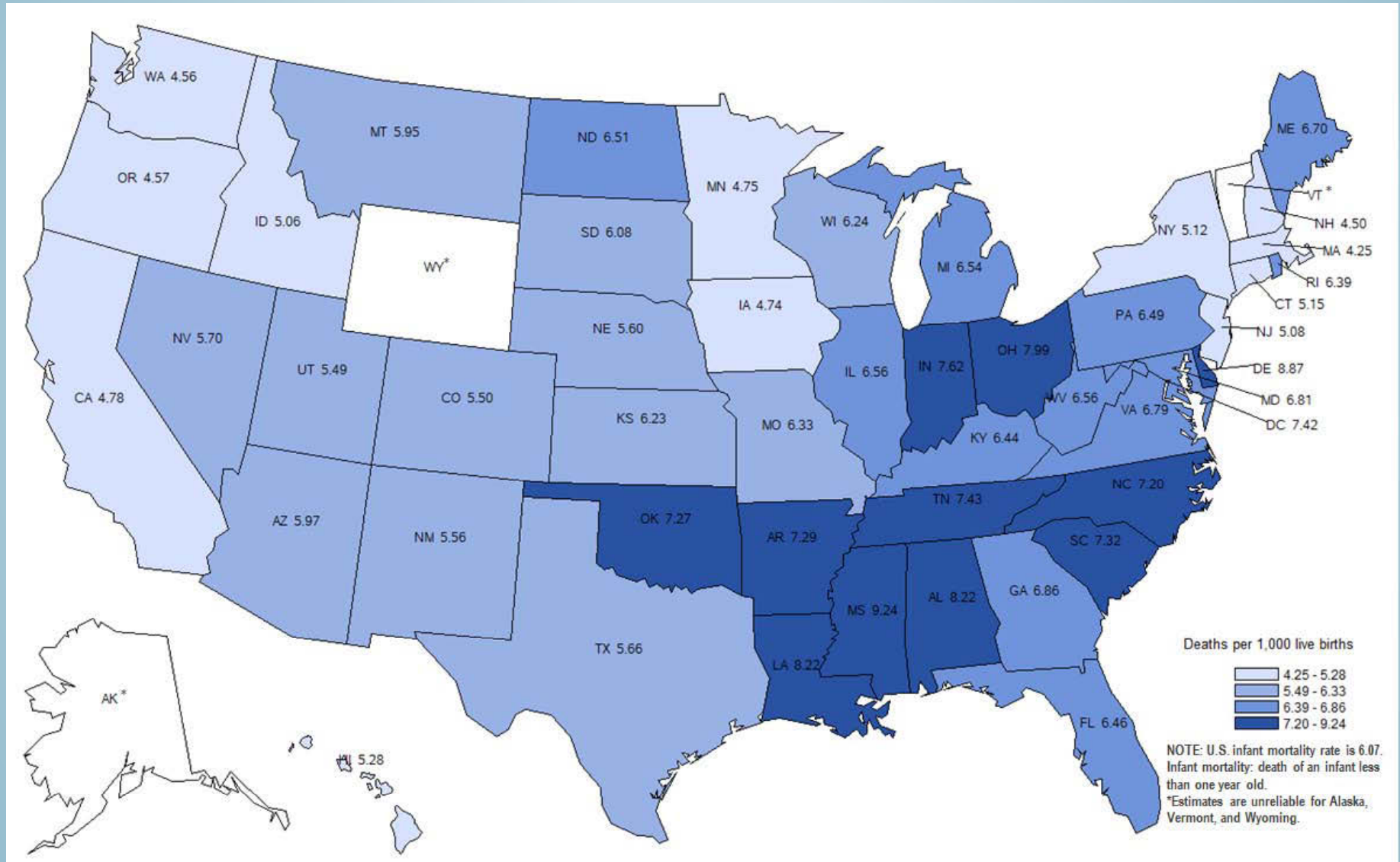
## INFANT DEATHS PER 1,000 LIVE BIRTHS: UNITED STATES 2001-2011



SOURCE: CDC, National Center for Health Statistics. *Health, United States*, 2013 Web updates, Table 11.  
Data from the National Vital Statistics System-Linked birth/infant death file.



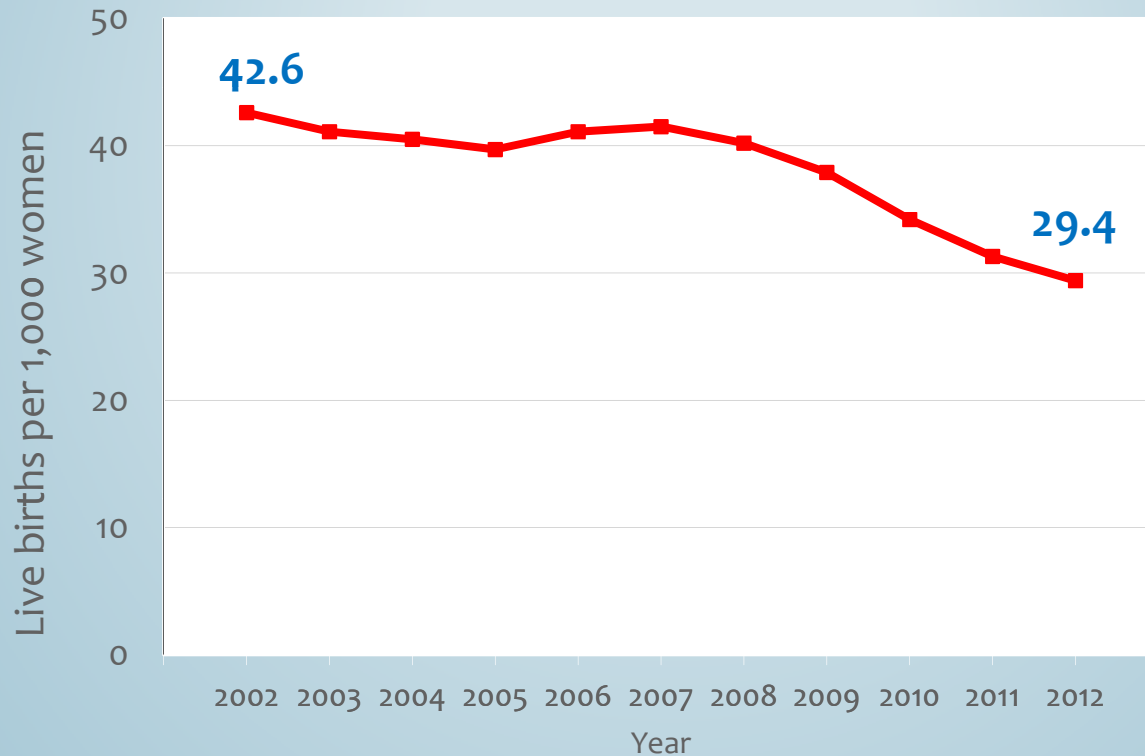
# INFANT DEATHS PER 1,000 LIVE BIRTHS: UNITED STATES, 2011



SOURCE: CDC  
National Center for Health Statistics  
National Vital Statistics System-Linked birth/infant death file

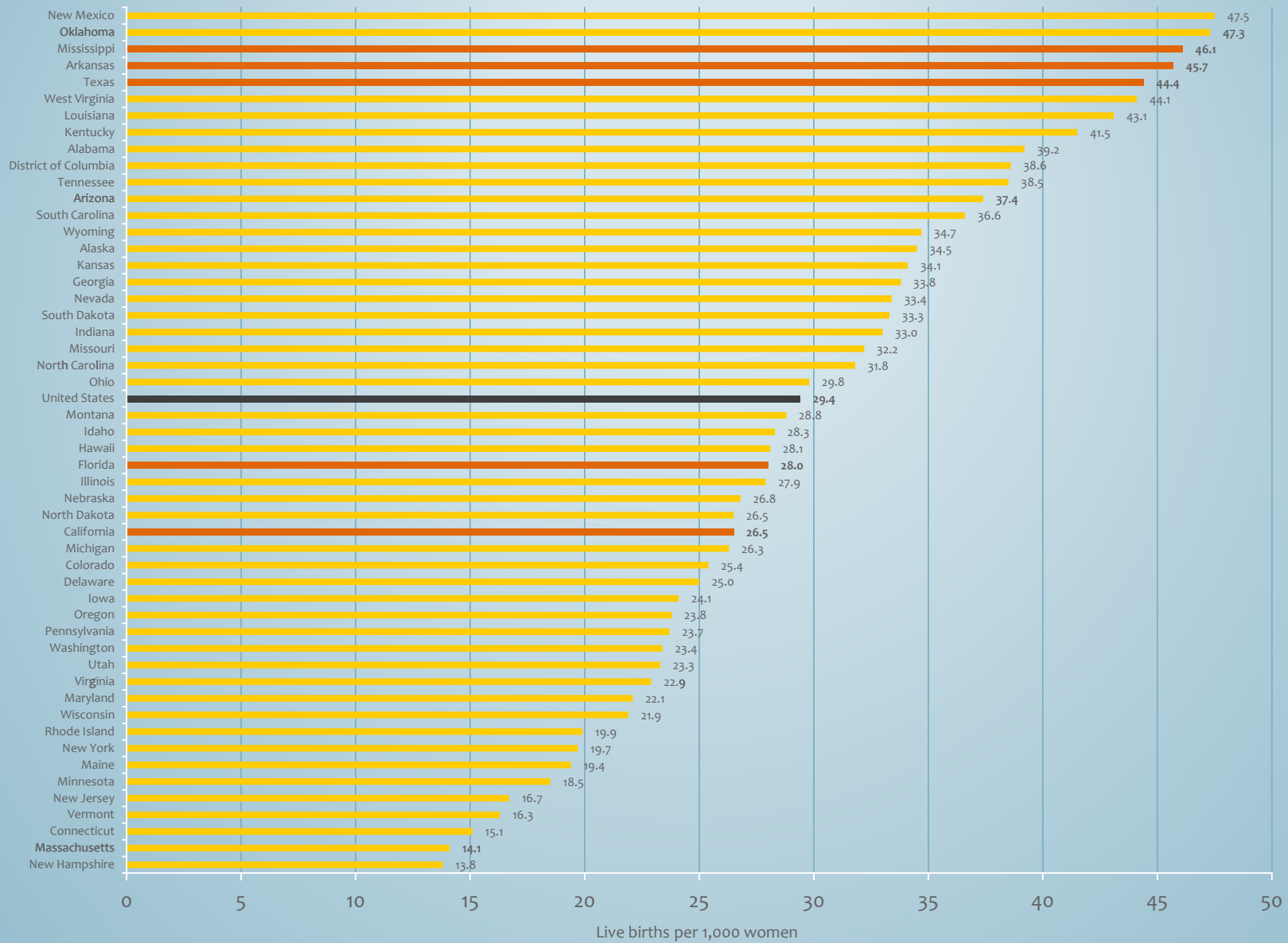


# TEEN BIRTHS PER 1,000 WOMEN AGED 15-19: UNITED STATES 2002-2012



SOURCE: CDC, National Center for Health Statistics. *Health, United States*, 2013 Web updates, Table 3.  
Data from the National Vital Statistics System-nativity file.

## TEEN BIRTHS PER 1,000 WOMEN AGED 15-19: UNITED STATES, 2012



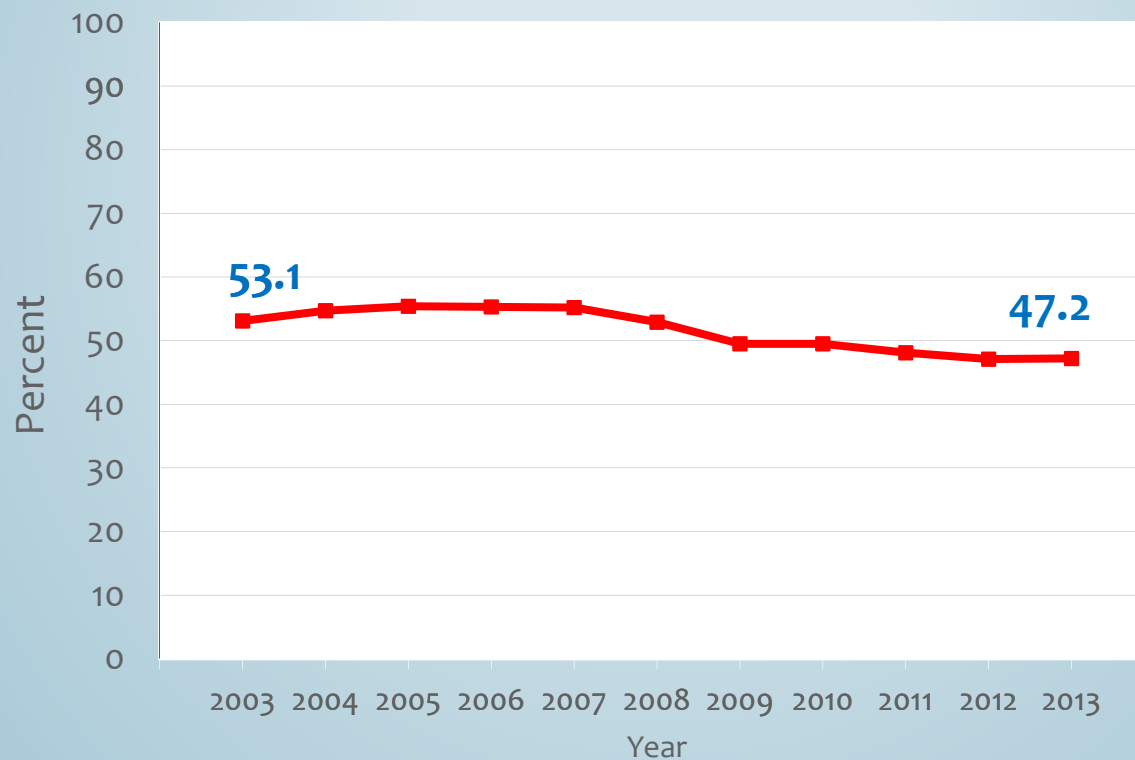
SOURCE: CDC, National Center for Health Statistics, National Vital Statistics System-nativity file.

# ILLUSTRATING CONTENT

- ✓ *Mortality*
- ✓ *Reproductive Health*
- ✓ ***Behavioral Risk Factors***
  - ❖ *Physical inactivity*
  - ❖ *Obesity: child, adult*
  - ❖ *Alcohol consumption*
  - ❖ *Cigarette smoking*
- ☐ *Health Care Access*



# PHYSICAL INACTIVITY AMONG ADULTS AGED 18+: UNITED STATES, 2003-2013

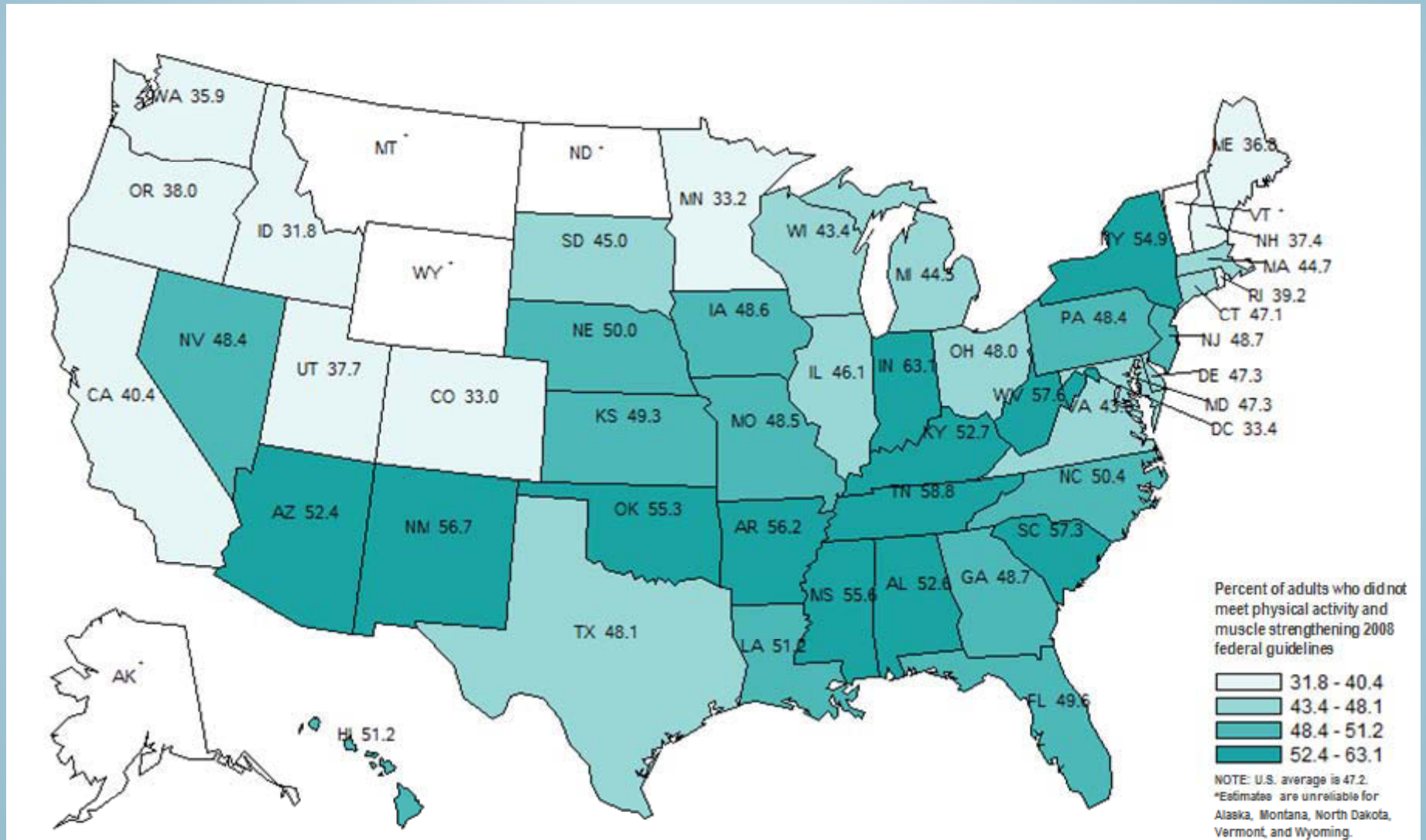


SOURCE: CDC, National Center for Health Statistics. *Health, United States*, 2013 Web updates, Table 68.

Data from the National Health Interview Survey.

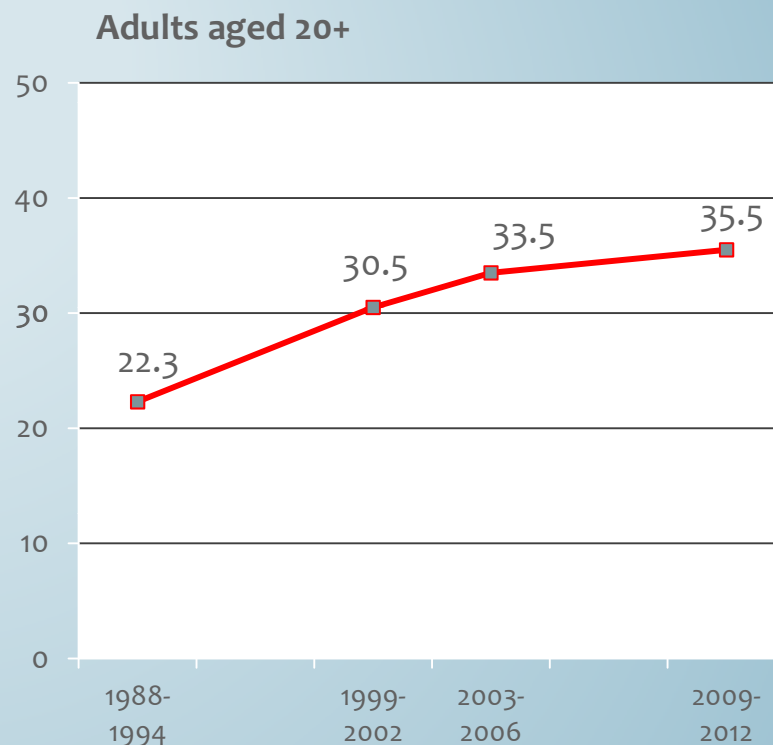
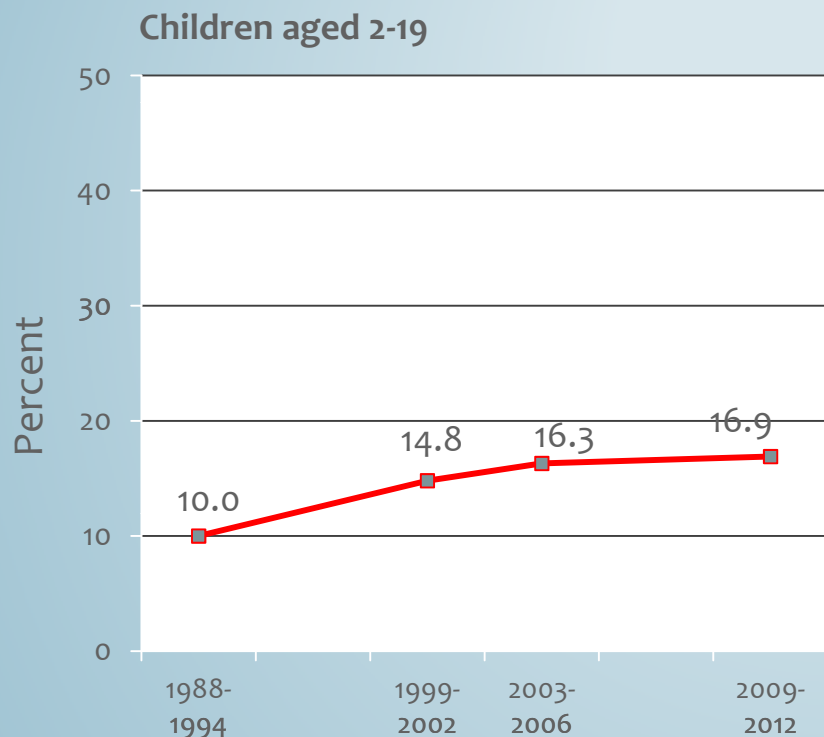
Note: Physical inactivity defined as 'Met neither aerobic activity nor muscle-strengthening 2008 federal guidelines'

# PHYSICAL INACTIVITY AMONG ADULTS AGED 18+: UNITED STATES, AVERAGE ANNUAL, 2012-2013



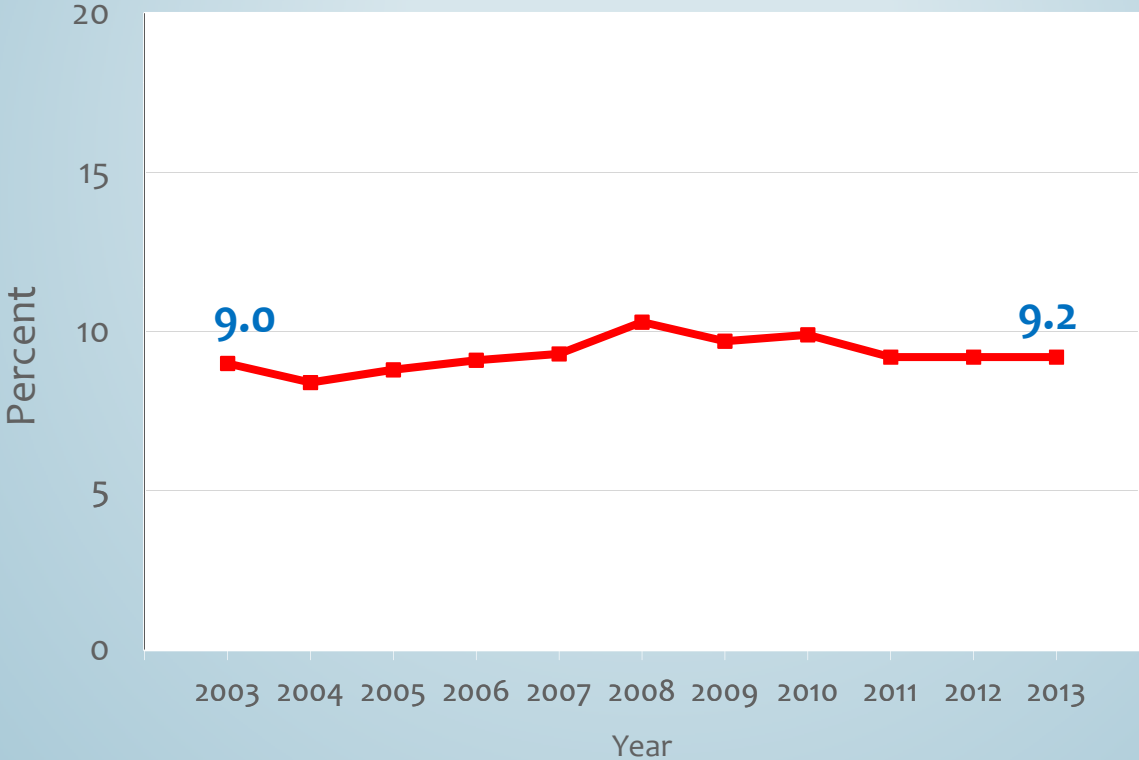
SOURCE: CDC  
National Center for Health Statistics  
National Health Interview Survey

# OBESITY AMONG CHILDREN AND ADULTS: UNITED STATES SELECTED YEARS 1988-1994 THROUGH 2009-2012



SOURCE: CDC, National Center for Health Statistics. *Health, United States*, 2013 Web updates, Tables 69, 70.  
Data from the National Health and Nutrition Examination Survey.

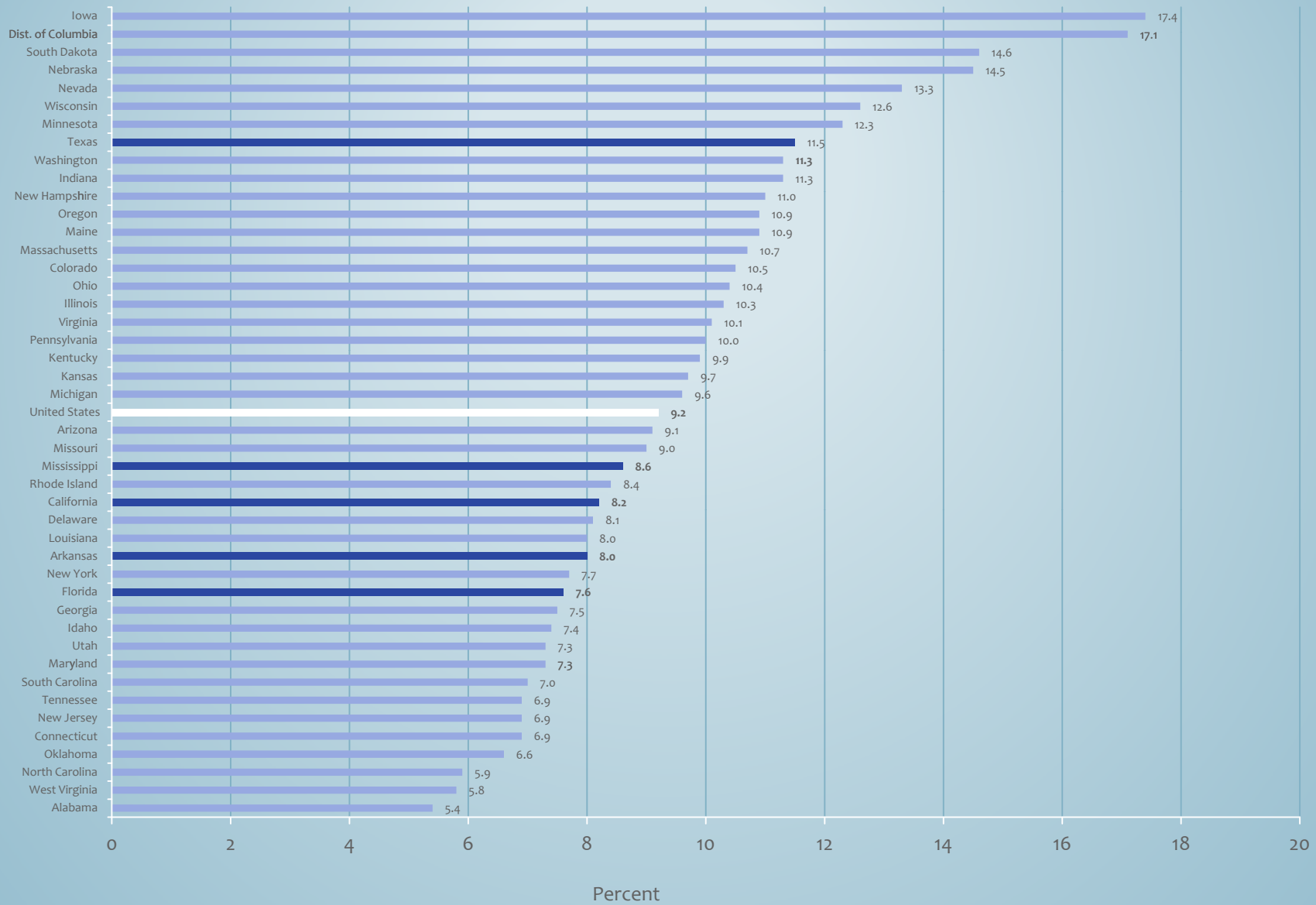
# FIVE OR MORE DRINKS IN A DAY ON AT LEAST 12 DAYS IN THE PAST YEAR AMONG ADULTS AGED 18+: UNITED STATES, 2003-2013



SOURCE: CDC, National Center for Health Statistics. *Health, United States, 2013* Web updates, Table 63. Data from the National Health Interview Survey.



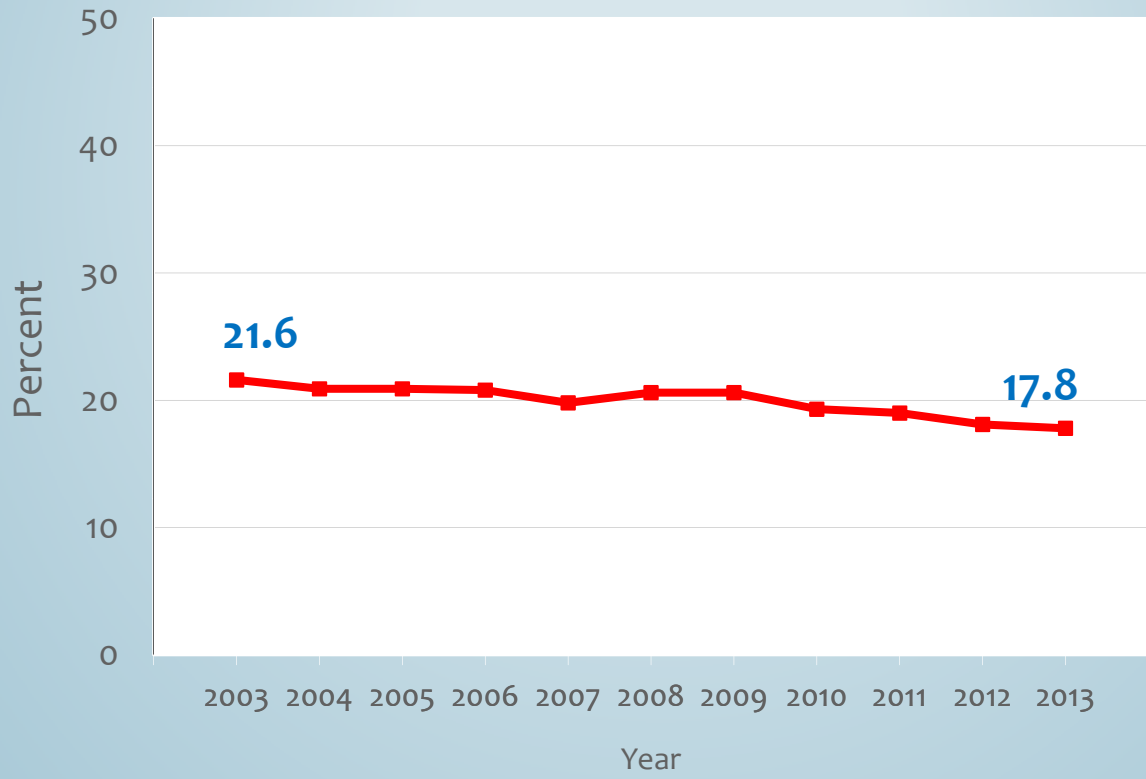
## FIVE OR MORE DRINKS IN A DAY ON AT LEAST 12 DAYS IN THE PAST YEAR AMONG ADULTS AGED 18+, BY STATE: UNITED STATES, AVERAGE ANNUAL, 2012-2013



SOURCE: CDC, National Center for Health Statistics, National Health Interview Survey.  
 NOTE: Estimates are unreliable for Alaska, Hawaii, Montana, New Mexico, North Dakota, Vermont, and Wyoming.

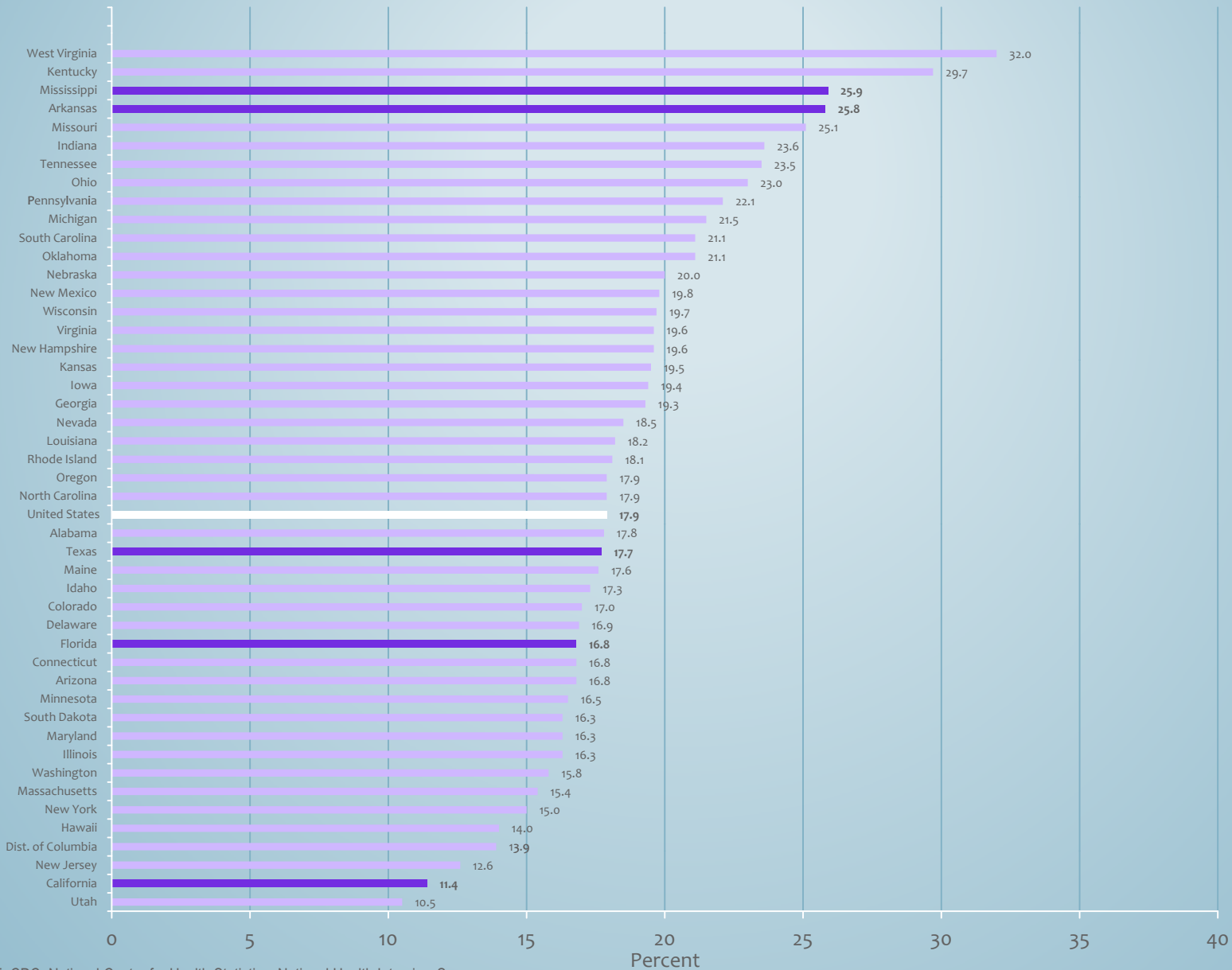


# CURRENT CIGARETTE SMOKING AMONG ADULTS AGED 18+: UNITED STATES, 2003-2013



SOURCE: CDC, National Center for Health Statistics. *Health, United States, 2013* Web updates, Table 56.  
Data from the National Health Interview Survey.

## CURRENT CIGARETTE SMOKING AMONG ADULTS AGED 18+, BY STATE: UNITED STATES, AVERAGE ANNUAL, 2012-2013



SOURCE: CDC, National Center for Health Statistics, National Health Interview Survey.

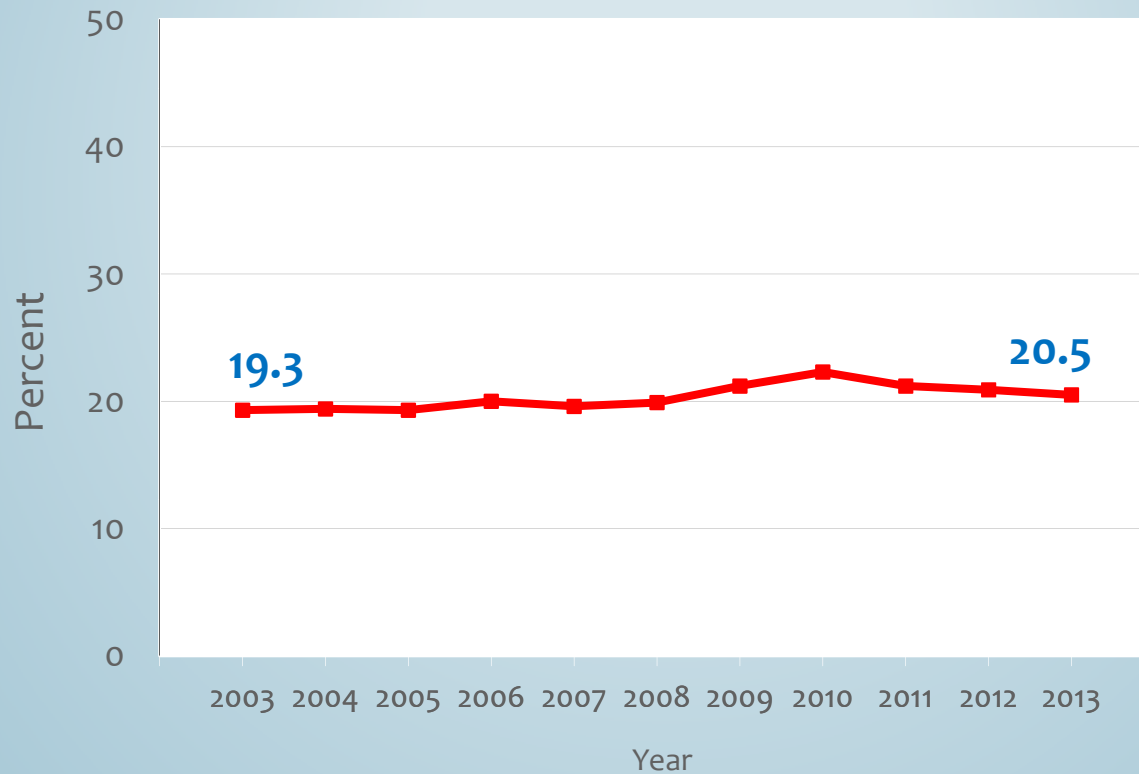
NOTE: Estimates are unreliable for Alaska, Montana, North Dakota, Vermont, and Wyoming.

# ILLUSTRATING CONTENT

- ✓ *Mortality*
- ✓ *Reproductive Health*
- ✓ *Behavioral Risk Factors*
- ✓ ***Health Care Access***
  - ❖ *Uninsured*
  - ❖ *Access to medical care*

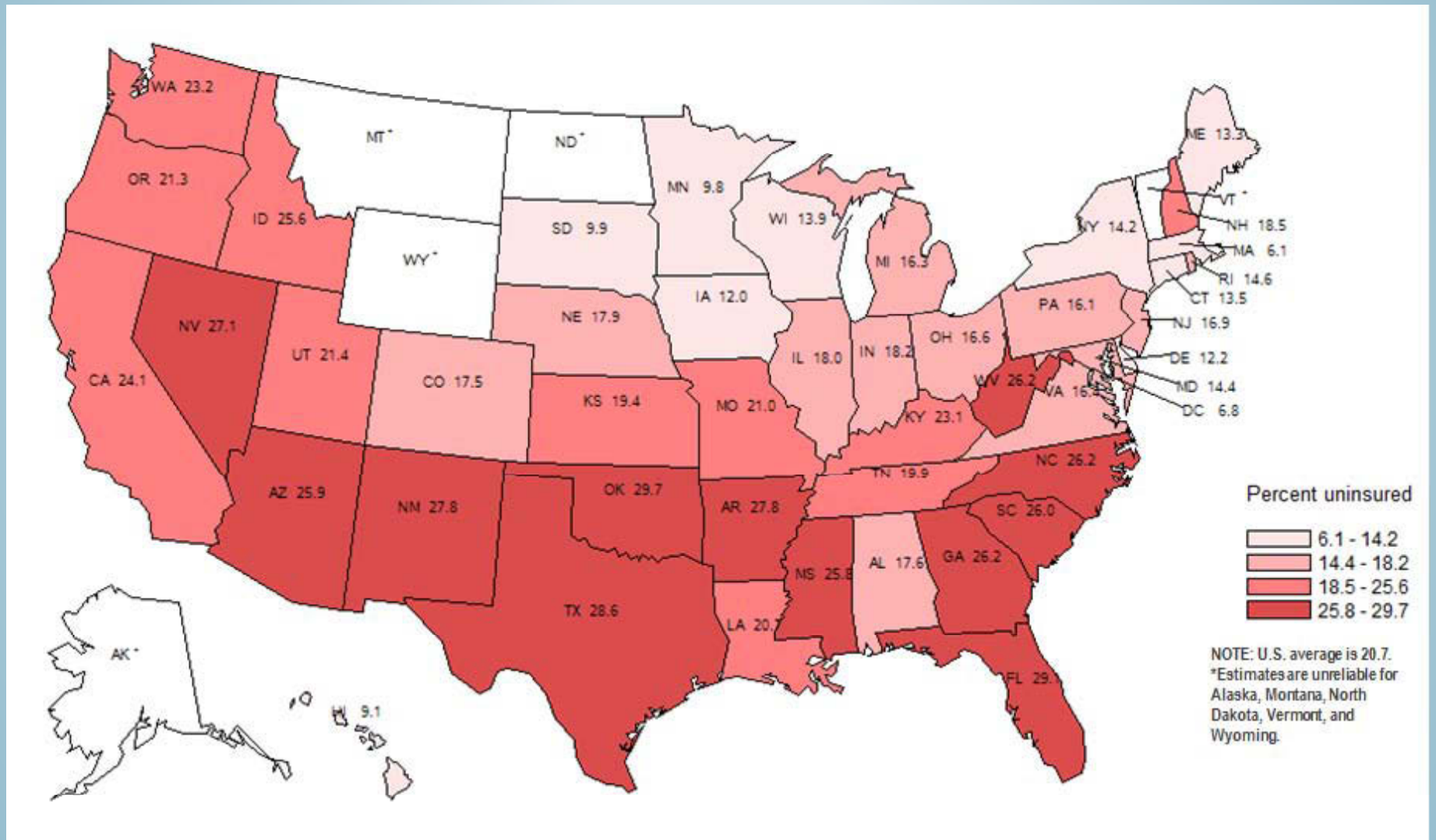


## UNINSURED ADULTS AGED 18-64: UNITED STATES, 2003-2013



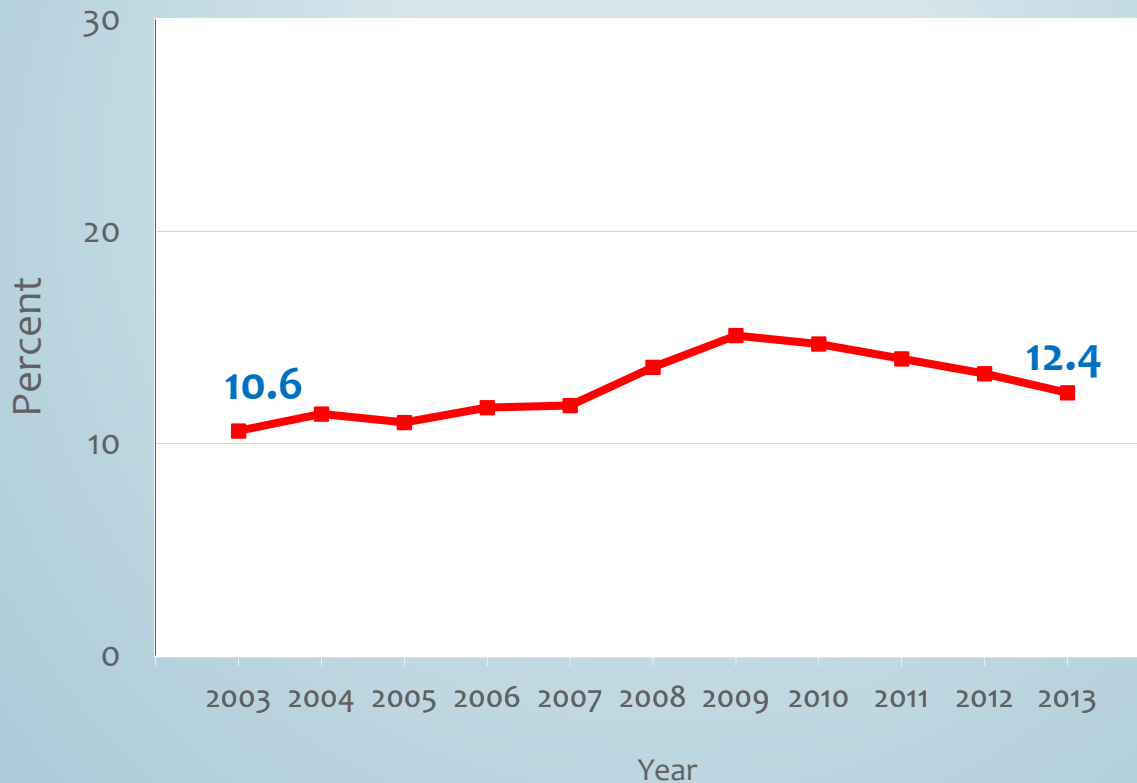
SOURCE: CDC, National Center for Health Statistics. *Health, United States*, 2013 Web updates, Table 125.  
Data from the National Health Interview Survey.

## UNINSURED ADULTS AGED 18-64: UNITED STATES, AVERAGE ANNUAL, 2012-2013



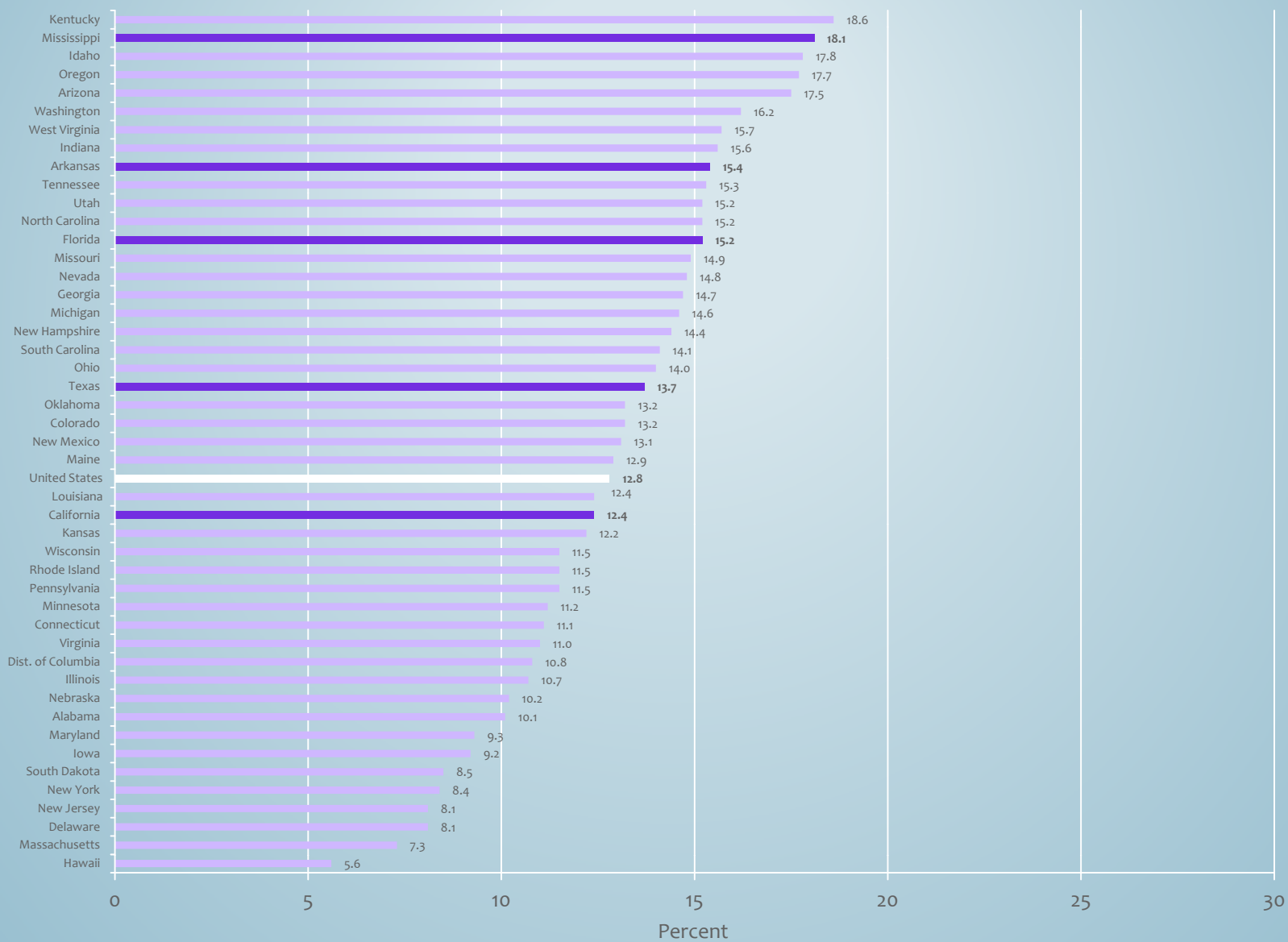
SOURCE: CDC  
National Center for Health Statistics  
National Health Interview Survey

# DID NOT GET/DELAYED MEDICAL CARE DUE TO COST AMONG ADULTS AGED 18-64: UNITED STATES, 2003-2013



SOURCE: CDC, National Center for Health Statistics. *Health, United States, 2013* Web updates, Table 74.  
Data from the National Health Interview Survey.

## DID NOT GET/DELAYED MEDICAL CARE DUE TO COST AMONG ADULTS AGED 18-64, BY STATE: UNITED STATES, AVERAGE ANNUAL 2012-2013



SOURCE: CDC, National Center for Health Statistics, National Health Interview Survey.

NOTE: Estimates are unreliable for Alaska, Montana, North Dakota, Vermont, and Wyoming.



# HEALTH, UNITED STATES

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## Health, United States, 2013

*Health, United States* is an annual report on trends in health statistics.

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### 2013 Special Feature

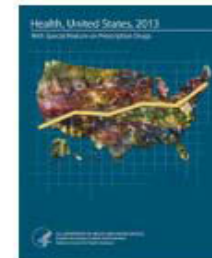
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# HEALTH, UNITED STATES HIGHLIGHTS

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## Health, United States, 2013 - Highlights

### Life Expectancy and Mortality

In 2010, life expectancy at birth in the United States for the total population was 78.7 years—76.2 years for males and 81.0 years for females ([Table 18](#) ).

Between 2000 and 2010, life expectancy at birth increased 2.1 years for males and 1.7 years for females. The gap in life expectancy between males and females narrowed from 5.2 years in 2000 to 4.8 years in 2010 ([Table 18](#) ).

Between 2000 and 2010, life expectancy at birth increased more for the black than for the white population, thereby narrowing the gap in life expectancy between these two racial groups. In 2000, life expectancy at birth for the white population was 5.5 years longer than for the black population; by 2010, the difference had narrowed to 3.8 years ([Table 18](#) ).

Between 2000 and 2010, the infant mortality rate decreased 11%, from 6.91 to 6.15 deaths per 1,000 live births. In 2000, the infant mortality rate for white mothers was 5.68, compared with 14.09 for black mothers; by 2010 the infant mortality rate declined to 5.20 among white mothers and 11.63 among black mothers ([Table 13](#) ).

Between 2000 and 2010, the age-adjusted heart disease death rate decreased 30%, from 257.6 to 179.1 deaths per 100,000 population. In 2010, 24% of all deaths in the United States were from heart disease (Tables [22](#) and [26](#) ).

# HEALTH, UNITED STATES




## Health, United States, 2013 Charts and Tables




- Charts as PowerPoint slides 
- Chartbook Data Tables in spreadsheet format
- Trend Tables in spreadsheet and PDF formats (including additional data years and standard errors)




- Excel files with more data years and standard errors
- PowerPoint slides for all charts
- Charts are available as PPT slides, PDF, or Excel data tables




### List of Chartbook Figures

#### Mortality

**Figure 1.** Life expectancy at birth, by selected characteristics: United States, 1980-2010  [PPT - 279 KB]  [PDF - 299 KB]  [XLS - 310 KB]

**Figure 2.** Infant, neonatal, and postneonatal mortality rates: United States, 2000-2010  [PPT - 279 KB]  [PDF - 299 KB]  [XLS - 310 KB]

**Figure 3.** Age-adjusted death rates for selected causes of death for all ages, by sex: United States, 2000-2010  [PPT - 279 KB]  [PDF - 299 KB]  [XLS - 310 KB]

**Figure 4.** Motor vehicle-related death rates among persons aged 15-24, by sex and age: United States, 2000-2010  [PPT - 279 KB]  [PDF - 299 KB]  [XLS - 310 KB]

#### Natality

**Figure 5.** Teenage childbearing, by maternal age and race and Hispanic origin: United States, 2002-2012  [PPT - 279 KB]  [PDF - 299 KB]  [XLS - 310 KB]

# HEALTH, UNITED STATES TREND TABLES

Data tables are available as PDF or Excel data tables (with additional data years and standard errors).

**Table 56 (page 1 of 2). Current cigarette smoking among adults aged 18 and over, by sex, race, and age: United States, selected years 1965–2012**

Updated data when available, Excel, PDF, more data years, and standard errors: <http://www.cdc.gov/nchs/hus/contents2013.htm#056>.

[Data are based on household interviews of a sample of the civilian noninstitutionalized population]

Sex, race, and age	1965 <sup>1</sup>	1974 <sup>1</sup>	1979 <sup>1</sup>	1985 <sup>1</sup>	1990 <sup>1</sup>	2000	2002	2005	2010	2011	2012
18 years and over, age-adjusted <sup>2</sup>		Percent of adults who were current cigarette smokers <sup>3</sup>									
All persons	41.9	37.0	33.3	29.9	25.3	23.1	22.3	20.8	19.3	19.0	18.2
Male	51.2	42.8	37.0	32.2	28.0	25.2	24.6	23.4	21.2	21.2	20.6
Female	33.7	32.2	30.1	27.9	22.9	21.1	20.0	18.3	17.5	16.8	15.9
White male <sup>4</sup>	50.4	41.7	36.4	31.3	27.6	25.4	24.9	23.3	21.4	21.4	20.7
Black or African American male <sup>4</sup>	58.8	53.6	43.9	40.2	32.8	25.7	26.6	25.9	23.3	23.2	22.0
White female <sup>4</sup>	33.9	32.0	30.3	27.9	23.5	22.0	21.0	19.1	18.3	17.7	16.9
Black or African American female <sup>4</sup>	31.8	35.6	30.5	30.9	20.8	20.7	18.3	17.1	16.6	15.2	14.2
18 years and over, crude											
All persons	42.4	37.1	33.5	30.1	25.5	23.2	22.4	20.9	19.3	19.0	18.1
Male	51.9	43.1	37.5	32.6	28.4	25.6	25.1	23.9	21.5	21.6	20.5
Female	33.9	32.1	29.9	27.9	22.8	20.9	19.8	18.1	17.3	16.5	15.8
White male <sup>4</sup>	51.1	41.9	36.8	31.7	28.0	25.7	25.0	23.6	21.4	21.6	20.3
Black or African American male <sup>4</sup>	60.4	54.3	44.1	39.9	32.5	26.2	27.0	26.5	24.3	23.8	22.0
White female <sup>4</sup>	34.0	31.7	30.1	27.7	23.4	21.4	20.6	18.7	17.9	17.2	16.6
Black or African American female <sup>4</sup>	33.7	36.4	31.1	31.0	21.2	20.8	18.5	17.3	17.0	15.3	14.7

## Topic areas

Charts and tables are also grouped by specific topics, such as older adults, racial and ethnic groups, and state data



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- Prescription Drugs

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- Poverty
- Preventive Care
- Special Feature: Prescription Drugs
- State Data
- White Population
- Women's Health
- Working-age Adults



# Mental Health

## Data and definitions

**Suicidal ideation**—Suicidal ideation means having thoughts of suicide or of taking action to end one's own life. Suicidal ideation includes all thoughts of suicide, both when the thoughts include a plan to commit suicide and when they do not include a plan. Suicidal ideation is measured in the Youth Risk Behavior Survey by the following three questions: "During the past 12 months, did you ever seriously consider attempting suicide?"; "During the past 12 months, how many times did you actually attempt suicide?"; and "If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?" For more information, see: <http://www.cdc.gov/HealthyYouth/yrbs/index.htm>.



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## Health, United States, 2013

### Mental Health

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#### Access and utilization of health care

**Table 93.** Selected prescription drug classes used in the past 30 days, by sex and age: United States, selected years 1988-1994 through 2007-2010 [PDF - 299 KB](#) [XLS - 310 KB](#)

**Figure 21.** Prescription drug use in the past 30 days among adults aged 18 and over, by age and selected drug class: United States, 1988-1994 and 2007-2010 [PPT - 279 KB](#) [PDF - 11 MB](#) [XLS - 310 KB](#)

**Figure 25.** Use of prescription antidepressants in the past 30 days among adults aged 18 and over, by sex and age: United States, 1988-1994 through 2007-2010 [PPT - 279 KB](#) [PDF - 11 MB](#) [XLS - 310 KB](#)

**Table 96.** Discharges in nonfederal short-stay hospitals, by sex, age, and selected first-listed diagnosis: United States, selected years 1990 through 2009-2010 [PDF - 299 KB](#) [XLS - 310 KB](#)

**Table 97.** Discharge rate in nonfederal short-stay hospitals, by sex, age, and selected first-listed diagnosis: United States, selected years 1990 through 2009-2010 [PDF - 299 KB](#) [XLS - 310 KB](#)

**Table 98.** Average length of stay in nonfederal short-stay hospitals, by sex, age, and selected first-listed diagnosis: United States, selected years 1990 through 2009-2010 [PDF - 299 KB](#) [XLS - 310 KB](#)

**Table 102.** Doctors of medicine, by place of medical education and activity: United States and outlying U.S. areas, selected years 1975-2011 [PDF - 299 KB](#)

#### Health expenditures

**Table 131.** Medicaid beneficiaries and payments, by type of service: United States, selected fiscal years 1999-2010 [PDF - 299 KB](#) [XLS - 310 KB](#)

#### Health status

**Table 41.** Health conditions among children under age 18, by selected characteristics: United States, average annual, selected years 1997-1999 through 2010-2012 [PDF - 299 KB](#) [XLS - 310 KB](#)

**Table 55.** Serious psychological distress in the past 30 days among adults aged 18 and over, by selected characteristics: United States, average annual, selected years 1997-1998 through 2011-2012 [PDF - 299 KB](#) [XLS - 310 KB](#)

# INTRODUCING HEALTH INDICATORS WAREHOUSE (HIW)

The screenshot shows the homepage of the Health Indicators Warehouse (HIW). At the top left is the logo and name "HEALTH INDICATORS WAREHOUSE". To the right is a search bar labeled "Search for Indicators" with a "SEARCH" button and a "Share" button. Below the search bar is a navigation menu with links for "HOME", "INDICATORS", "RESOURCES", "ABOUT", and "FOR DEVELOPERS". The main content area is divided into two columns. The left column is titled "Health Indicators by Topic" and lists various categories such as Chronic Disease and Conditions, Demographics, Disabilities, Geography, Health Behaviors, Health Care, Health Care Resources, Health Outcomes, Health Risk Factors, Infectious Disease, Initiative, Injury and Violence, Maternal and Infant Health, Mental Health and Substance Abuse, Occupational Health and Safety, Oral Health, Physical Environment, Population, Prevention Through Healthcare, Public Health Infrastructure, Social Determinants of Health, and Women's Health. The right column is also titled "Health Indicators by Topic" and includes sections for "Web Services API" (Build Your Own Solution Using Our API) and "Getting Started" (Helpful Resources for Using the HIW Site). Below the main content area, there is a "What's New" section with a date "30 MAY" and a headline "May 2014 HIW release (v. 2.0)". The text below the headline states: "On May 30, 2014, we released an updated and improved version of the Health Indicators Warehouse. The changes include a refreshed user interface that improves user work flow and an expanded and better organized web services section. (more)". To the right of the "What's New" section is a "For Developers" section with the text: "The HIW provides access to the underlying data through the use of an Application Programming Interface (API) which is designed to present information to systems with disparate architectures and technologies."

[www.healthindicators.gov](http://www.healthindicators.gov)

- County Health Rankings
- Community Health Status Indicators
- Healthy People 2020
- *Health, United States*
- CMS Community Indicators
- *Over 1,200 indicators*
- *More than 180 data sources*

**For More Information:**

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Health, United States: [www.cdc.gov/nchs/hus.htm](http://www.cdc.gov/nchs/hus.htm)

Health Indicators Warehouse: [www.healthindicators.gov](http://www.healthindicators.gov)

National Center for Health Statistics: [www.cdc.gov/nchs](http://www.cdc.gov/nchs)

**THANKS!**

