

DASH-LGBTQ-Inclusivity

Are you ready to better address the needs of lesbian, gay, bisexual, transgender, and queer questioning or LGBTQ youth in your school? Take the next step with CDC's LGBTQ inclusive in schools, a self-assessment tool. A CDC's own Youth Risk Behavior Survey or YRBS data demonstrates LGBTQ youth disproportionately experienced challenges like being bullied or feeling unsafe in school environments that can affect overall health now and in the future.

In order to help schools better address the needs of LGBTQ students CDC's Division of Adolescent and School Health or DASH developed this self-assessment tool for school staff. This optional self-assessment and planning tool can help you identify strategies to increase inclusivity. It also provides resources to help you and your school enhance LGBTQ supports. This self-assessment is not required, nor is it a one and done method for measuring exclusivity.

The assessment is broken down into five sections, sections one through four our school staff self assessments broken down by roll for example administrator, educator, or health services staff. Section five includes a glossary of terms. This tool is intended to be self-administered in a private space. Section one is a universal assessment for all users. Everyone should find the content in section 1 relevant to at least some of what you do.

After you complete section one select and complete the additional section that applies most to you and your specific role. Sections 2 through 4 are to be completed by users based on their specific role. Only complete the sections that are relevant to you, you do not need to complete all sections. This tool is subjective so try to be honest with yourself as you proceed. The goal is to help you better serve your students and the more honest you are, the more answers you will get to help you improve.

Keep in mind that you do not have to share your scores or answers with anyone but you can use them to gain insight into areas for self-improvement. All 4 assessment sections follow the same format. On the left assessment areas are presented as I statements that reflect a particular attitude or behavior. Response options are on the right these may be different for different assessment areas so be sure to read carefully.

Select the response option that best applies to you. Remember that this document is only for you so try to be as honest as possible to get accurate results. Upon completing a section add up how many times you checked each letter in the response options. Whichever letter you selected most frequently A, B, or C indicates your degree of exclusivity for that particular section. If you selected mostly A's this indicates that you are highly inclusive and are an awesome ally.

If you selected mostly B's this indicates that you are moderately inclusive and are beginning to break through. If you selected mostly C's this indicates that there is room to grow with your inclusive practices and you can commit to change. Once you determine your score turn to the resource page for that section. Each level of exclusivity has corresponding resources designed to increase your understanding. More information about this tool and other work of CDC's division of Adolescent and School Health can be found through our website, twitter, email, or phone.