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SARS-CoV-2 RNA Detection on Disposable Wooden Chopsticks, Hong Kong

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We detected severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) RNA on disposable wooden chopsticks used by 5 consecutive asymptomatic and postsymptomatic patients admitted for isolation and care at our hospital. Although we did not assess virus viability, our findings may suggest potential for transmission through shared eating utensils.

In late 2019, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) emerged in China (1), spreading primarily through droplets and contact with respiratory secretions or fecal materials (2,3). It has been shown that SARS-CoV-2 remains viable on plastic and stainless steel for 72 hours (4), and SARS-CoV on wood for 60 hours (5). Chopsticks have been essential eating utensils for >3 millennia, particularly in Asia, and are made mainly of wood and plastic; metal chopsticks are found in some countries, such as South Korea. Personal chopsticks are often used to pick food from communal dishes. We investigated whether chopsticks

could be a potential vehicle of transmission for SARS-CoV-2.

We recruited 5 consecutive patients admitted for isolation and care at our hospital: 1 patient who was asymptomatic, 2 whose symptoms had subsided, 1 with moderate coronavirus disease (COVID-19) caused by SARS-CoV-2 infection, and 1 with severe COVID-19. Before mealtimes, each patient was given a pair of wooden chopsticks packed in a sealed plastic bag. These chopsticks are widely available in Hong Kong, including in canteens of public hospitals. They are made of plain wood, not bamboo, and not painted with color or lacquer. After mealtimes, we collected the used chopsticks. We dipped the tips of the chopsticks in 1 mL of phosphate-buffered normal saline and shook them for 30 sec to release saliva and oral fluid. We detected SARS-CoV-2 RNA by quantitative reverse transcription PCR (6). We collected serial sputum samples and nasopharyngeal and throat swabs to document respiratory shedding and for comparison of viral RNA concentrations among specimen types. The Joint Chinese University of Hong Kong–New Territories East Cluster Research Ethics Committee approved this study.

Patient A, 47-year-old woman, was a close contact of a confirmed case-patient. Her diagnosis was based on a surveillance throat sample collected during quarantine. She was admitted to the hospital for isolation and appeared asymptomatic throughout her stay. A pair of chopsticks collected 2 days after admission (12 days after her last exposure) was positive for SARS-CoV-2 RNA (Figure). Two respiratory samples collected after admission were also positive. High-resolution computed tomography (HRCT) of her lungs revealed small consolidations and ground-glass opacities in both lower lobes, left upper lobe, and right middle lobe.

Patient B, a 22-year-old woman, had a runny nose, headache, and fever develop on the day she returned from Europe. Her symptoms subsided after admission. Two chopsticks collected 1–2 days after symptoms had subsided were positive for SARS-CoV-2 RNA (Figure). Viral RNA was detected from respiratory specimens until 8 days after symptoms had subsided. HRCT revealed small patchy ground-glass opacity in the anterior segment of the left upper lobe of the lungs.

Patient C, a 67-year-old man with hypertension and minor coronary artery disease, had fever, cough with whitish sputum, and loose bowel movements develop 2 days after returning from Europe. Chopsticks collected 5 and 7 days after illness onset were positive for SARS-CoV-2 RNA (Figure). All respiratory

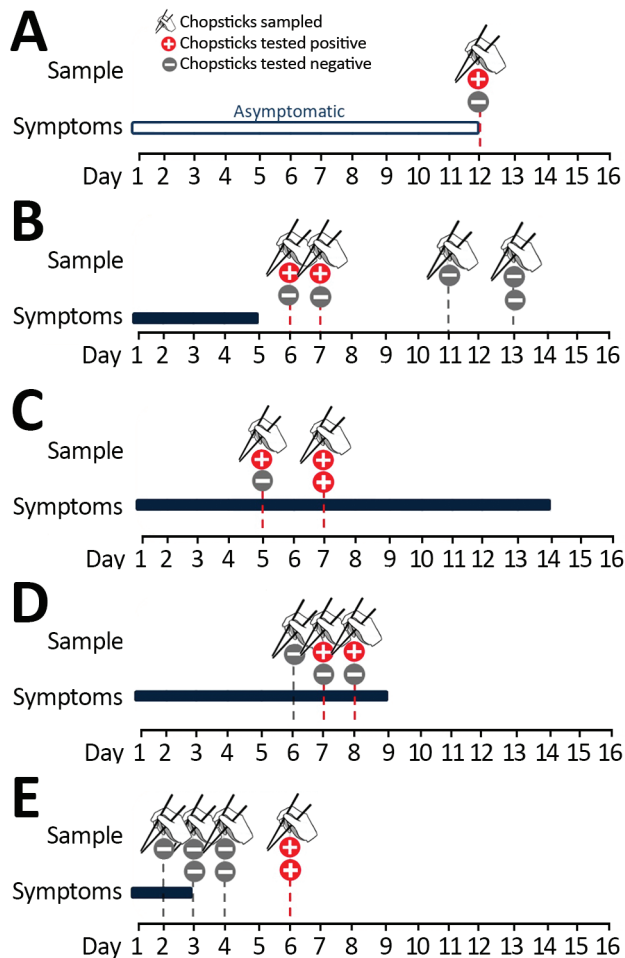


Figure. Timelines showing results of severe acute respiratory syndrome coronavirus 2 reverse transcription -PCR testing of chopsticks used by 5 patients in Hong Kong. The results of testing on serial respiratory specimens confirmed that all chopstick samples were collected when patients were shedding viruses from the respiratory tract. A) Patient A was asymptomatic. B) Patient B was postsymptomatic. C) Patient C had severe infection with pneumonia and desaturation. D) Patient D had moderate infection with pneumonia. E) Patient E was postsymptomatic.

samples were positive during this period. Chest radiograph revealed right lower lobe infiltrates; the patient's oxygen saturation fell, requiring supplemental oxygen for 2 days.

Patient D, a 59-year-old man with ankylosing spondylitis and osteoarthritis of both hip joints, had cough with whitish sputum, sore throat, hoarseness, and fever develop. He had no history of travel or contact with known COVID-19 case-patients. Two chopsticks collected 7 and 8 days after illness onset were positive for SARS-CoV-2 (Figure). All respiratory specimens collected during this period were also positive (Appendix Figure, <https://wwwnc.cdc.gov/>

EID/article/26/9/20-2135-App1.pdf). HRCT of the lungs revealed right lower lobe consolidation.

Patient E, the last patient admitted in this study series, was a 26-year-old woman who had fever and headache develop 4 days after returning from Japan; chest radiograph revealed right lower lobe infiltrates. Her fever subsided soon after admission. She developed gastrointestinal upset after receiving lopinavir/ritonavir and was not eating well. Chopsticks collected 1–3 days after symptom onset were negative for SARS-CoV-2, but the 2 pairs collected 3 days after fever had subsided were positive for SARS-CoV-2 RNA (Figure). All respiratory specimens collected from patient E during the study period were positive.

Our study demonstrates frequent contamination of chopsticks with viruses shed from patients with different severity of SARS-CoV-2 infection, including asymptomatic and postsymptomatic patients. In 2 cases, chopsticks were positive after symptoms had subsided. Our main limitations were the small sample size and no attempt to investigate virus viability. Nevertheless, the possibility of chopsticks or other dining utensils as a vehicle for transmission of this novel coronavirus should not be ignored. Although restaurants often provide extra serving chopsticks for picking food from shared dishes, in practice it is easy to mix up personal and serving chopsticks during a meal. Furthermore, serving chopsticks are not commonly used when dining with family and close friends. Restrictions on communal meals should be implemented as part of social distancing strategies, especially in communities with a custom to share dishes. Chopsticks and other eating utensils used by patients should be handled and disposed of as infectious substances as a standard infection control practice.

About the Author

Dr. Lui is an infectious disease physician at the Faculty of Medicine, The Chinese University of Hong Kong, Hong Kong, China. Her primary research interest is emerging infections.

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Effect of Environmental Conditions on SARS-CoV-2 Stability in Human Nasal Mucus and Sputum

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We found that environmental conditions affect the stability of severe acute respiratory syndrome coronavirus 2 in nasal mucus and sputum. The virus is more stable at low-temperature and low-humidity conditions, whereas warmer temperature and higher humidity shortened half-life. Although infectious virus was undetectable after 48 hours, viral RNA remained detectable for 7 days.

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is shed predominantly in upper and lower airway secretions (1), and transmission likely occurs predominantly through respiratory droplets, and potentially through direct contact and fomites. We describe SARS-CoV-2 stability in human nasal mucus and sputum under different environmental conditions.

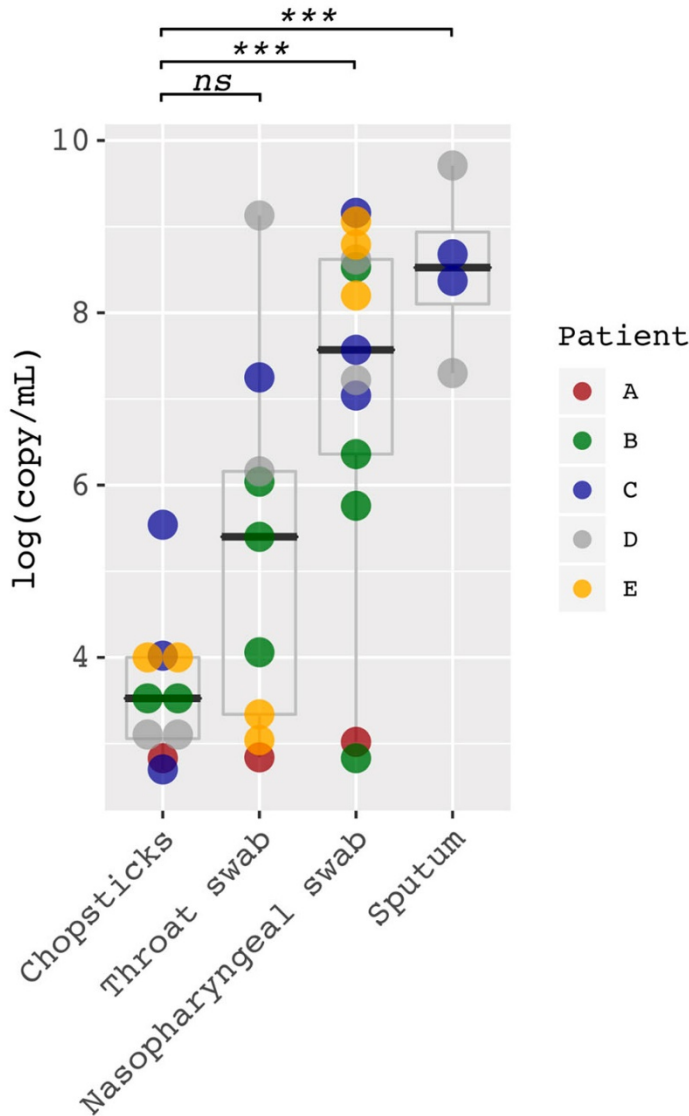
We acquired pooled human nasal mucus and sputum commercially (Lee BioSolutions Inc., <https://www.leebio.com>) and mixed it with SARS-CoV-2 (SARS-CoV-2/human/USA/USA-WA1/2020) (2). We aliquoted 50 μ L of each fluid containing 1×10^5 50% tissue culture infective dose/mL SARS-CoV-2 into sealed tubes (liquid setting) or onto polypropylene disks (surface setting), as previously described (3). We assessed stability under 3 environmental conditions: 4°C/40% relative humidity (RH), 21°C/40% RH, and 27°C/85% RH (RH applies only to exposed surface samples). We collected samples at specified timepoints and analyzed them for infectious virus by using endpoint titration. We extracted aliquots of collected surface samples by using the QIAGEN QIAamp Viral RNA Mini Kit (QIAGEN, <https://www.qiagen.com>) and analyzed them for the presence of viral RNA by using a quantitative reverse transcription PCR assay targeting the E gene (4). We fit linear regression models to \log_{10} -transformed titer data, calculated SARS-CoV-2 half-life ($t_{1/2}$) for each condition, and tested differences by using analysis of covariance. We report all experimental measurements as means of 3 replicates with SE. We considered differences with p values ≤ 0.05 statistically significant.

We observed no significant differences in SARS-CoV-2 $t_{1/2}$ between environmental conditions in liquid nasal mucus. In surface nasal mucus, SARS-CoV-2 $t_{1/2}$ was significantly shorter at 27°C/85% RH compared with 21°C/40% RH ($p = 0.0023$) and 4°C/40% RH ($p = 0.0007$). At 27°C/85% RH, SARS-CoV-2 $t_{1/2}$ also was significantly shorter in surface compared with liquid nasal mucus ($p = 0.0101$). Other comparisons of nasal mucus did not demonstrate significant differences in SARS-CoV-2 $t_{1/2}$ (Table; Figure, panel A, B).

SARS-CoV-2 $t_{1/2}$ was significantly longer in liquid sputum at 4°C than at 21°C ($p = 0.0006$) and 27°C ($p < 0.0001$). In surface sputum, SARS-CoV-2 $t_{1/2}$ also was significantly longer at 4°C/40% RH than at 21°C/40% RH ($p = 0.0042$) and 27°C/85% RH ($p = 0.0002$). In addition, SARS-CoV-2 $t_{1/2}$ was significantly longer at 21°C/40% RH than 27°C/85% RH ($p = 0.0027$) in surface sputum. We observed no significant differences in SARS-CoV-2 $t_{1/2}$ between

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Appendix



Appendix Figure. Concentration of SARS-CoV RNA detected from chopsticks and respiratory specimens. The cycle threshold (Ct) values of real-time RT-PCR were converted into viral RNA copies based on a standard curve prepared from 10-fold serial dilutions of known copies of plasmid containing the full N gene (2019-nCoV_N_Positive Control, Integrated DNA Technologies, <https://www.idtdna.com>).

***The concentration of SARS-CoV-2 RNA detected from chopsticks (median 3.4×10^3 , interquartile range [IQR] $1.0\text{--}10.0 \times 10^3$) viral copies/mL was significantly lower than those of nasopharyngeal swabs ($3.68 [0.23\text{--}42.04] \times 10^7$), and sputum samples ($3.54 [1.27\text{--}27.92] \times 10^8$), $p < 0.001$ by *t*-test for both comparisons; ns, no significant difference in viral copy levels between chopsticks (median [IQR]: $3.4 [1.0\text{--}10.0] \times 10^3$) and throat swab samples ($2.50 [0.22\text{--}14.4] \times 10^5$ viral copies/mL, $p = 0.058$ by *t*-test). Patient A, who was asymptomatic, had very low viral levels in chopsticks and respiratory samples (range $0.7\text{--}1.0 \times 10^3$ viral copies/mL).