

Form Approved OMB #0920-0743 EXP. DATE: 03/31/2025

Maternity Practices in Infant Nutrition and Care

2022

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About the Maternity Practices in Infant Nutrition and Care (mPINC)™ trademark: The mPINC trademark (word and logo) are owned by the U.S. Department of Health and Human Services in the United States. An organization's participation in CDC's mPINC survey does not imply endorsement by the U.S. Department of Health and Human Services or the Centers for Disease Control and Prevention.

About this survey:

The Centers for Disease Control and Prevention (CDC) invites you to participate in a national survey of newborn feeding practices at hospitals in the United States and Territories that provided maternity care in the past year. The survey is being conducted for CDC by Battelle, a national survey and research organization with extensive experience in the collection of health data. Participation of every hospital providing maternity care makes this survey representative of all maternity care hospitals in the United States and Territories. If your hospital provided maternity care at multiple locations, <u>only</u> report data for the specific physical location listed in your email invitation.

Your participation in the survey is completely voluntary.

Prior to submitting the survey, you will have the opportunity to provide your contact information so that you, the survey recipient, will receive one (1) electronic copy of your hospital's results. Providing your contact information is voluntary. Your contact information will in no way be connected to survey responses or scores.

How long will this survey take to complete?

The survey will take about 30 minutes to complete.

How will this information be used?

The purpose of this survey is to learn about newborn feeding practices at hospitals in the United States and Territories. After data collection is complete, your hospital will receive an individualized report containing a summary of survey results. Data will also be used to generate state-specific reports, national aggregate data tables, and may be used to answer other questions. Data may be released for additional approved purposes and may be shared with state health departments for the development of public health programs. Information from this survey will also assist CDC with program planning.

Are our survey responses kept confidential?

Your responses will be treated in a secure manner and will not be disclosed unless required by law. Your name, hospital name, and any other personal identifiers will not be included in either oral or written presentation of survey results. Responses will only be reported in summary form so individual responses cannot be identified.

Survey Instructions: Please use Google Chrome Browser to complete your survey.

Survey Instructions:

Thank you for participating in this survey. You have been identified as the survey recipient for your hospital, which means that only you have access to the unique link to complete and submit the 2022 mPINC survey for your hospital.

We are asking you to fill out the survey with data from the 2021 calendar year (January 1, 2021 – December 31, 2021) or your hospital's fiscal year 2021. <u>Unless otherwise specified, questions on the survey are asking about healthy newborns who are discharged to home</u> (i.e., not transferred or admitted to the Special Care Nursery (SCN) or Neonatal Intensive Care Unit (NICU)).

This survey contains 6 core sections and an additional section for hospitals with an SCN or NICU. Each section should be completed by the most knowledgeable and appropriate staff. For example, the Mother-Baby Unit supervisor may be better able to answer one section, while the Lactation Services coordinator or NICU nurse manager may be better able to complete another section. See the table below for a list of people who may be helpful with completing different sections of the survey.

Titles of staff who may be appropriate to fill out sections of the survey include:

| Mother-Baby Unit Manager / Supervisor |
|---|
| Labor and Delivery Unit Manager / Supervisor |
| Lactation Services Coordinator / Lactation Specialist |
| NICU Nurse Manager |
| Staff nurse |
| Database Manager / Coordinator |
| Maternal and Child Health Physician Leaders |

Some questions ask you to enter exact percentages; however, if your hospital does not formally track this information, please provide your best estimate.

Click <u>here</u> to download a blank copy of the survey. This version should only be used as a worksheet to record responses prior to entering and submitting them online. <u>No paper copies of the survey will be accepted.</u>

You may wish to work on this survey over a period of time, particularly if it will be completed by multiple staff. You can view all sections and pages in the survey and you may go back and forth and edit responses as needed. Your responses will only be saved after you have clicked **Next** at the bottom of the page. If you cannot complete the survey all at one time, click **Save**, and return at a later time. When you return, you may continue where you left off. Before submitting you will be able to review the questions and your answers. You will be notified before your final submission if you have missed any items.

Survey Tips:

- Click <u>here</u> to download/print a blank copy of the survey.
- Move between sections of the survey on the **Table of Contents** page by clicking the blue circle to the right of the section and then clicking **Next**.
- To move back and forth between questions within a section use the **Next** and **Previous** buttons.
- Do not click on your browser's back or forward button while taking the survey.
- Throughout the survey there will be pop-ups providing you with definitions and explanations; access these by hovering your mouse over the underlined text.

What to do if you have questions:

If you have any questions about the survey, please call the Battelle Survey Line toll free at 1 (866) 826-4176.

What to do when you have completed the survey:

Once you are finished with the survey, you will have the option to review and print your answers by selecting **Review Survey**. Once you are done reviewing or printing your survey, click **Next**. When you are ready to submit your survey, please select **Submit Survey** on the Table of Contents Page and click **Next**. You will be redirected to a screen thanking you for your submission. This action will send the survey to a secure database. Once you have submitted the survey, you will not be able to return to the survey. **It is important to remember to click Submit and then Next to complete the submission process and ensure you receive a hospital report.**

Thank you for your contribution!

| SURVEY ITEMS | Hovers, skip patterns, & notes |
|--|--------------------------------|
| SECTION A: Hospital Data | |
| This section is about deliveries and general hospital information. Mouse over underlined text for a defi | nition or more information. |
| A1 | |
| What type of facility is your hospital? (select 1 option only) | |
| government (public, non-military) hospital | |
| non-profit, private hospital | |
| for profit, private hospital | |
| military hospital | |
| | |
| A2 | |
| Is your hospital a teaching hospital (e.g., medical residents, nursing students)? | 0 0 |
| YES | |
| NO | ICCIAN |
| | |
| A3 | |
| Is your hospital currently designated as "Baby-Friendly" by the Baby-Friendly Hospital Initiative | |
| (BFHI)? | |
| YES | |
| NO NO | |
| | |
| | |

| Λ | |
|---|----|
| А | .5 |

Do women who deliver at your hospital have the opportunity to receive prenatal breastfeeding education (in either group or individual settings) provided by your hospital and/or a hospital-affiliated clinic or service?

| YES | |
|----------|--|
| NO | |
| Not Sure | |

Not For Submission

Complete the following items using data from the past calendar or fiscal year:

A5_a

Among women delivering in your hospital, approximately what percent are: (Round to nearest percentage. Percentages are not required to add to 100%. If information on maternal race is not collected by the hospital or available to report, please leave all rows blank.)

| Race | Enter % |
|---|---------|
| American Indian or Alaska Native | % |
| Asian | % |
| Black or African American | % |
| Native Hawaiian or Other Pacific Islander | % |
| White | % |
| Maternal race missing | % |

A5_b

Among women delivering in your hospital, approximately what percent are: (Round to nearest percentage. If information on maternal ethnicity is not collected by the hospital or available to report, please leave all rows blank.)

| Ethnicity | Enter % |
|----------------------------|---------|
| Hispanic or Latino | % |
| Not Hispanic or Latino | % |
| Maternal ethnicity missing | % |

If information on maternal race is not collected by the hospital or available to report, please leave all rows blank and click next to continue.

If information on maternal ethnicity is not collected by the hospital or available to report, please leave all rows blank and click next to continue.

| Complete the following items using data from the past calendar or fiscal year: A6 [Total live births]: | Total number of live births includes vaginal and Cesarean (C-Section) deliveries. For multiple births, count each newborn as a separate live birth. |
|---|--|
| A7 | |
| Does your hospital perform deliveries by Cesarean section? | |
| YES NO | |
| This question is only asked of those who report "Yes" for item A7. If they select "no" for A7, skip to A8. A7a [Total live births delivered by Cesarean section]: | Total number of live birth Cesarean (C-Section) deliveries that were performed at your hospital, including in the perinatal services area, an operating room, or any other location within the hospital. |
| A8 | |
| How many healthy newborns at your hospital have their umbilical cord clamped more than one | |
| FEW SOME MANY MOST (0-19%) (20-49%) (50-79%) (80% +) | |

A9

Throughout their hospital stay, what percent of healthy newborns are fed the following?

| | Enter % | Select one |
|--|---------|--------------------|
| [ONLY breast milk] | | Actual |
| [ONLI breast mink] | % | Estimate |
| Breast milk AND any formula, water, or glucose water | % | Actual Estimate |
| No breast milk | % | Actual Estimate |
| Total sums to 100% | 100% | |

[ONLY breast milk]:

- no water or formula at any time during hospitalization
- no glucose water or sucrose solution except for during painful procedures

A10

Among breastfed newborns who are supplemented, and <u>not</u> in a special care nursery or n eonatal intensive care unit, how many receive donor human milk?

| Not offered at our hospital | Few (0-19%) | Some (20-49%) | Many (50-79%) | Most (80% +) |
|-----------------------------------|----------------|------------------|------------------|-----------------|
| | | | | |

| Although most of the survey is about early postpartum care practices for <u>healthy</u> mother-baby dyads, | |
|---|--|
| the following items address a special population of newborns. | |
| A11_0a (new) In the past year, has your hospital cared for ANY newborns diagnosed with [Neonatal Abstinence Syndrome (NAS)]? No, we did not have any newborns born in our hospital who were diagnosed with NAS (skip to B1) No, all newborns with NAS born in our hospital were transferred to another facility (skip to B1) Yes (proceed to A11_Ob) | Neonatal Abstinence Syndrome (NAS): A newborn with confirmed or suspected in utero exposure to opioids, benzodiazepines, or barbiturates. Please see the "CSTE Neonatal Abstinence Syndrome Standardized Case Definition." |
| A11_0b (new) In the past year, our hospital cared for approximately the following number of newborns diagnosed with NAS: | Neonatal Abstinence Syndrome (NAS): A newborn with confirmed or suspected <i>in utero</i> exposure to opioids, benzodiazepines, or barbiturates. Please |
| 1-25 26-50 51-100 101-200 >200 | see the "CSTE Neonatal Abstinence Syndrome Standardized Case Definition." |
| A11 How many newborns diagnosed with NAS | Rooming-in is a practice where mother and newborn are in close proximity. |
| FEW SOME MANY MOST (20-49%) (50-79%) (80% +) (no NICU/PICU at our hospital) | Skin-to-skin contact: The naked newborn is placed directly on the mother's bare chest or abdomen (with or without a diaper). |
| are breastfed or provided with any expressed human milk, if not contraindicated? | Kangaroo Care refers to skin-to-skin care where a newborn, often premature, is placed prone directly on the mother's, |
| are provided high-calorie formula or fortified breast milk? [are rooming-in]? | father's, or other's bare chest or abdomen. The caregiver is then wrapped in a blanket or other cloth to secure the newborn |
| are cared for in your hospital's Intensive Care Unit (NICU or PICU)? | against his or her chest. |

| | practice [skin-to-skin contact] or [Kangaroo Care] outside of the immediate postpartum period? | | | | | | |
|------------------------|---|---|---------------------------|------------|---------|------|---|
| A12 Are | the following included in a <u>written</u> policy/protoco | l about manage | ement of I | NAS at you | ır hosp | tal? | Rooming-in is a practice where mother and newborn are in close proximity. |
| To blo Us Sco | rbal screening for maternal substance use (e.g., a xicology screening for maternal substance use (e.g., a bod) e of a standardized tool to evaluate NAS (e.g., Mooring System, modified Finnegan) eastfeeding or provision of expressed human milk opharmacological treatment of NAS, if not contra | g., urine, meco odified Neonata c recommended | nium, hair al Abstiner | , cord | Yes | No | Kangaroo Care refers to skin-to-skin care where a newborn, often premature, is placed prone directly on the mother's, father's, or other's bare chest or abdomen. The caregiver is then wrapped in a blanket or other cloth to secure the newborn against his or her chest. Skin-to-skin contact: The naked newborn is |
| [Sk pe Ph | coming-in] as a recommended nonpharmacologic kin-to-skin contact] or [Kangaroo Care] outside of riod as a recommended nonpharmacological treatmacologic treatment of NAS | the immediate tment of NAS | postpartu | | | | placed directly on the mother's bare chest or abdomen (with or without a diaper). |
| | Neonatal Abstinence Scoring System (e.g., modif Abstinence Measure) Eat, Sleep, Console (ESC) Other (e.g., Lipsitz Tool, Neonatal Narcotic Withounknown (not specified) None | ied Finnegan's, | | | | | |

SECTION B: SPECIAL CARE NURSERY (SCN) AND / OR NEONATAL INTENSIVE CARE UNIT (NICU)

This section is about practices in your hospital's SCN and / or NICU. Mouse over underlined text for a definition or more information. The primary contact should consult with an SCN or NICU colleague before answering these questions.

B1

What is the highest level of neonatal care provided at your hospital?

The remaining questions in Section B only apply if your hospital has Level II-Level IV neonatal care.

Level I: Well newborn nursery

Level II: Special care nursery

Level III: Neonatal Intensive Care Unit

Level IV: Regional Neonatal Intensive Care Unit

This section is only available to those who have a Level 2-4 SCN or NICU from Item **B1.** If they select Level 1 for B1, skip the remaining items in Section B and go right to Section C.

If level 1 is selected:

You've selected Level 1. The rest of the questions in this section do not apply. Click **Next** to return to the Table of Contents. If you selected Level 1 by mistake, please click **Previous**, return to the question and correct your answer

| \mathbf{n} |
|--------------|
| |
| |

How many mothers with newborns in your hospital's SCN or NICU . . .

| | FEW (0-19%) | SOME (20-49%) | MANY (50-79%) | MOST (80% +) |
|---|----------------|------------------|------------------|-----------------|
| are advised to provide human milk as a | | | | |
| component of their newborn's medical care? | | | | |
| are advised to breastfeed or express their milk | | | | |
| 8 or more times every 24 hours to establish and | | | | |
| maintain their milk supply? | | | | |
| begin expressing and collecting their milk | | | | |
| within 1 hour of their newborn's birth (among | | | | |
| healthy, stable mothers)? | | | | |
| are shown techniques or are given written | | | | |
| instruction for cleaning breast pump equipment? | | | | |

| n | • |
|---|---|
| к | - |

Among SCN/NICU newborns eligible for [Kangaroo Care], how many practice Kangaroo Care?

| Not offered at our hospital | Few (0-19%) | Some (20-49%) | Many (50-79%) | Most (80% +) |
|-----------------------------------|----------------|------------------|------------------|-----------------|
| | | | | |

Kangaroo Care refers to skin-to-skin care where a newborn, often premature, is placed prone directly on the mother's, father's, or other's bare chest or abdomen. The caregiver is then wrapped in a blanket or other cloth to secure the newborn against his or her chest.

What percent of infants are receiving their mother's own breast milk at any time in the SCN/NICU?

| Few | Some | Many | Most |
|---------|----------|----------|---------|
| (0-19%) | (20-49%) | (50-79%) | (80% +) |
| | | | |

B5

How many infants receive donor human milk at any time while cared for in your hospital's SCN/NICU?

| Donor milk not | Few | Some | Many | Most |
|----------------|---------|----------|----------|---------|
| available | (0-19%) | (20-49%) | (50-79%) | (80% +) |
| | | | | |

SECTION C: CARE PRACTICES

This section is about early postpartum care practices for <u>all healthy</u> mother-baby dyads, <u>**REGARDLESS OF FEEDING METHOD**</u>.

C1

After <u>vaginal delivery</u>, how many newborns remain in uninterrupted [skin-to-skin contact] with their mothers beginning immediately after birth . . .

| | FEW (0-19%) | SOME (20-49%) | MANY (50-79%) | MOST (80% +) |
|---|----------------|------------------|------------------|-----------------|
| if breastfeeding, until the first breastfeeding is completed? | | | | |
| if not breastfeeding, for at least one hour? | | | | |

skin-to-skin contact: The naked newborn is placed directly on the mother's bare chest or abdomen (with or without a diaper).

| C2 After Cesarean-delivery, how many newborns their mothers as soon as the mother is response | remain in uninterrupted [skin-to-skin contact] with ive and alert after birth? | skin-to-skin contact: The naked newborn is placed directly on the mother's bare chest or abdomen (with or without a diaper). |
|--|--|--|
| if breastfeeding, until the first breas completed?if not breastfeeding, for at least one | | This item is skipped if no cesareans (A7 = no) |
| | | |
| How many <u>vaginally-delivered</u> newborns are se [rooming-in]? Few Some Man (0-19%) (20-49%) (50-79) | y Most Rooming-in is not an | Before: Prior to or during transfer from Labor / Delivery care to Postpartum / Nursery care Rooming-in is a practice where mother and newborn are in close proximity. |
| C4 What percent of newborns stay in the room withose separated for medical reasons)? | th their mothers for 24 hours per day (not including | |
| Enter % | Select one Actual Estimate | |

| y newborns receive continuous [observed monitoring] ely following birth? | throughout th | e first two hou | rs . | Observed monitoring includes for positioning, color, and breathing |
|--|-----------------|-----------------|------|--|
| | MOST (80% +) | | | |
| Pediatric exams/rounds Hearing screening | _ | | - | ISSION |
| Pulse oximetry screening (congenital heart defect screening) | | | | |
| Routine labs/blood draws/injections | | | | |
| Newborn bath | | | | |
| | | | | |

| C7 | | | | | Examples of high-risk include: low Apgar |
|-----------|--|----------------|---------------------|---------|--|
| Does | your hospital have a protocol that requires frequent observ | ations of [hig | h-risk] mother-infa | ant | scores, late preterm, infants who required |
| dyads | s by nurses to ensure safety of the infant while they are toge | ether? | | | resuscitation, difficult delivery, or |
| , | | | | | medications given to the mother that may |
| | YES | | | | make her drowsy or sedated or affect the |
| | NO NO | | | | newborn. |
| | | | | | |
| | | | | | |
| | | | | | |
| SECT | TION D: FEEDING PRACTICES | | | | |
| This s | section is about infant feeding practices for healthy BREASTF | FED newborns | s. Mouse over und | erlined | text for a definition or more information. |
| D1 | <u> </u> | | - | | |
| How | many healthy breastfed newborns are given pacifiers by stat | ff? | | | |
| | <u>ot</u> include the use of pacifiers for painful procedures – e.g., ci | | in vour response. | | |
| | | | | | |
| | FEW SOME MANY | MOST | | | |
| | (0-19%) (20-49%) (50-79%) | (80% +) | | | |
| | | | | | 1.).) |
| | | | | | |
| D3 | | | | | |
| What | percent of healthy, term breastfed newborns are fed any o | f the followin | g? | | |
| | <u></u> | | 0 · | | |
| | | Enter % | Select one | | |
| | Infant formula | | Actual | | |
| | iniant formula | % | Estimate | | |
| | Water or glucose water | | ^ atal | | |
| | | 1 | Actual | 1 | |

Not expected to sum to 100%

Estimate

Do <u>not</u> include the use of glucose water for painful

procedures – e.g. circumcision – in your response.

D5

Does your hospital perform <u>routine</u> blood glucose monitoring of full-term healthy newborns who are <u>NOT</u> at risk for hypoglycemia?

YES NO

Not For Submission

Safe sleep: infants are placed on their **E1** backs on a firm, flat surface (e.g., bassinet) To prevent newborn adverse events (e.g., infant falls, accidental suffocation) associated with that is free of any items and will prevent maternal sleep in the hospital, how many mothers are shown by staff how to place their newborn on infant falls. a separate, [safe sleep] surface or with another caregiver when the mother becomes sleepy/drowsy? FEW SOME MANY MOST (50-79%) (0-19%)(20-49%) (80% +)

Not For Submission

| E2 |
|---|
| How many breastfeeding mothers are taught or shown how to |

| | FEW (0-19%) | SOME (20-49%) | MANY (50-79%) | MOST (80% +) |
|--|----------------|------------------|------------------|-----------------|
| recognize and respond to their newborn's | | | | |
| [feeding cues]? | | | | |
| position and latch their newborn for | | | | |
| breastfeeding? | | | | |
| assess effective breastfeeding by observing | | | | |
| their newborn's latch and the presence of | | | | |
| audible swallowing? | | | | |
| assess effective breastfeeding by observing | | | | |
| their newborn's elimination patterns (i.e., urine and stool output and stool character)? | | | | M |
| breastfeed [as often and as long] as their | | | | |
| newborn wants, [without restrictions]? | | | | |
| hand express their breast milk? | | | | |
| understand the [use and risks of artificial | | | | |
| nipples and pacifiers]? | | | | |

Feeding cues: Signs the baby is ready to feed, including increased alertness, flexion of the extremities, mouth and tongue movements, cooing sounds, rooting, bringing fist toward the mouth, or sucking on fingers / hand.

As often and as long: Also known as 'cuebased' or 'on-demand' feeding.

Without restrictions: Without setting a schedule for how long baby should be at the breast and/or the amount of time that should pass between feeds.

Use and risks of artificial nipples and pacifiers: hygiene, oral formation, and recognition of feeding cues.

E3

When breastfeeding mothers request infant formula, how often do staff counsel them about the possible consequences to the health of their infant and the success of breastfeeding?

| RARELY | SOMETIMES | OFTEN | ALMOST ALWAYS |
|---------|-----------|----------|---------------|
| (0-19%) | (20-49%) | (50-79%) | (80% +) |
| | | | |

| E4 Among | g mothers whose newborns are fed any formula, how | many ar | e taught | | | | Feeding in response to hunger cues and holding the baby closely during the feed, allowing for eye-to-eye contact. |
|---------------------|--|----------------|------------------|------------------|----------------|----|---|
| | | FEW (0-19%) | SOME (20-49%) | MANY (50-79%) | MOST (80% + | | Safely prepare and feed: Instructions for mixing, handling, and storing infant formula. |
| | appropriate [formula feeding techniques]? | | | | | | many, nationing, and scoring many formula. |
| | how to [safely prepare and feed] formula? | | | | | | |
| N - | ur discharge criteria for breastfeeding newborns requi direct observation of at least one effective feeding the 8 hours prior to discharge? | | oreast wit | | ES | NO | |
| | scheduling of the first follow-up visit with a health | care pro | ovider? | | | | |
| E6 What o | discharge support does your hospital routinely provide | e to brea | stfeeding | g mother | rs? | | In-person follow-up visits: Breastfeeding assessments, support, and weight checks at a post-discharge home, |
| | | | | Y | 'es | No | hospital, clinic, or office visit; breastfeeding-specific support group in a |
| | [In-person follow-up visits/appointments for lactati | on supp | ort] | | | | hospital wellness center |
| | Personalized phone calls to mothers to ask about b automated calls) | reastfee | ding (not | | | | Formalized, coordinated referrals: |
| | [Formalized, coordinated referrals to lactation prov community when additional support or follow-up is | | | | | | Scheduling an appointment on the mother's behalf with a lactation provider, |
| | [Breastfeeding information and resources] | | | | | | WIC peer counselor, or home visiting |
| ļ | Virtual breastfeeding support consultations (e.g. te | lehealth | consults | ١ | | | program; providing a referral for insurance coverage; providing access to lactation |

| | other online/remote support; writing a prescription for lactation support. Breastfeeding information and resources: Educational booklets/pamphlets, |
|--|---|
| | informational smartphone app or other online information, list of community resources, breastfeeding assessment sheet/feeding log, warm-lines. |
| SECTION F: STAFFING This section is about maternity-care staff and providers who work in your maternity-care unit, as well a training. Mouse over underlined text for a definition or more information. | s staff and provider responsibilities and |
| How often are nurses [formally assessed] for clinical competency in breastfeeding support and lactation management? At least every 2 years Less frequently than every 2 years Not required | Systematic evaluation of staff's hands-on ability to support breastfeeding mothers, and may include demonstration of competency at an annual skills lab or observation by a lactation specialist. |
| | |

F4

Are nurses required to demonstrate competency in the following skills?

| | Yes | No |
|--|-----|----|
| Placement and monitoring of the newborn in [skin-to-skin contact] with the mother | | |
| immediately following birth | | |
| Assisting with effective newborn positioning and latch for breastfeeding | | |
| Assessment of milk transfer during breastfeeding | | |
| Assessment of maternal pain related to breastfeeding | | |
| Teaching hand expression of breast milk | | |
| Teaching safe formula preparation and feeding | | |
| Counseling the parents/caregivers on [safe sleep] practices for their newborn during the | | |
| hospital stay | | |
| Counseling the mother on the importance of exclusive breastfeeding | | |

Skin-to-skin contact: The naked newborn is placed directly on the mother's bare chest or abdomen (with or without a diaper).

Safe sleep: infants are placed on their backs on a firm, flat surface (e.g., bassinet) that is free of any items and will prevent infant falls.

F7

How often does your hospital require that maternity staff and providers complete [continuing education or in-service training] on breastfeeding support and lactation management?

Nurse Staff Nurses Physicians* **Certified Nurse** Medical Practitioners / Midwives Residents (e.g., Advance Practice Registered Registered Nurses) Nurses At least every 2 years Less frequently than every 2 years Not required We don't have this type of provider

Participation in educational and training activities that improve the care that is provided to mothers and infants.



^{*}Physicians: Obstetricians, Pediatricians, Family Practice Physicians

| SECTION G: POLICIES AND PROCEDURES | | | |
|---|-----|----|---|
| G1 Does your hospital | | | Human milk is the only food provided and includes expressed human milk from the mother or from a donor milk bank. Medicines, minerals, and vitamins may also be given, but no formula, water, or other preparations. |
| | YES | NO | |
| record (keep track of) [exclusive breastfeeding] throughout the entire hospitalization? | | | • |
| have an ongoing monitoring and data-management system that is used for quality improvement related to practices that support breastfeeding? | 7 | 30 | ICCIAN |
| 62 | | | |

Which of the following are included in a <u>written policy</u> (or policies) at your hospital?

| | | Yes | No |
|-----------|---|-----|----|
| Policy | documentation of medical justification and/or informed parental consent for giving [non breast milk | | |
| requiring | feedings] to breastfed newborns | | |
| | formal assessment of staff's clinical competency in breastfeeding support | | |
| | formal, in-service, breastfeeding-related staff training | | |
| | documentation of prenatal breastfeeding education | | |
| | staff to teach mothers breastfeeding techniques, including how to manage common difficulties | | |
| | staff to show mothers how to express breast milk | | |
| | placement of newborns in [skin-to-skin contact] with their mother at birth or soon thereafter | | |
| | purchase of infant formula and related breast milk substitutes by the hospital at fair market value | | |
| | staff to provide mothers with resources for breastfeeding support after discharge | | |
| | staff to teach mothers about strategies for [safe sleep] while [rooming-in] at the hospital | | |
| | the option for mothers to room-in with their newborns | | |

| | staff to teach mothers to breastfeed [as often and as long] as their newborn wants, [without restrictions] | |
|-------------|--|--|
| | staff to counsel mothers on the use and risks of feeding bottles, nipples, and pacifiers | |
| Policy | distribution of marketing/education materials, samples, or gift packs by the facility that include or | |
| prohibiting | promote breast milk substitutes (infant formula), infant feeding supplies, or infant formula coupons | |

Non breast milk feedings: formula, water, glucose water

Safe sleep: infants are placed on their backs on a firm, flat surface that is free of any items and will prevent infant falls.

Rooming-in is a practice where mother and newborn are in close proximity.

As often and as long: Also known as 'cue-based' or 'on-demand' feeding.

Without restrictions: Without setting a schedule for how long baby should be at the breast and/or the amount of time that should pass between feeds.

G3

How many health care providers who have <u>any</u> contact with pregnant women, mothers, and/or newborns have been oriented on the hospital's infant feeding policies?

| Our hospital does not have written policies related to infant feeding practices. | Few | Some | Many | Most |
|--|---------|----------|----------|---------|
| | (0-19%) | (20-49%) | (50-79%) | (80% +) |
| | | | | |

G4

How does your hospital acquire each of the following:

| | HOSPITAL PURCHASES at [fair market price] | HOSPITAL RECEIVES free of charge |
|-----------------------------|---|----------------------------------|
| Infant formula | | |
| Bottles, nipples, pacifiers | | |

Consistent with hospital-wide vendor policy

| _ |
|---|
| _ |
| 3 |
| |

Does your hospital give mothers any of the following items free of charge, <u>as gifts or free samples</u> (not including items prescribed as part of medical care)?

| | Yes | No |
|--|-----|----|
| Infant formula (including formula discharge packs) | | |
| Feeding bottles, bottle nipples, nipple shields, or pacifiers | | |
| Coupons, discounts, or educational materials from companies that make or sell infant formulas or feeding products. | | |

G6

How does your hospital certify compliance with Centers for Medicaid & Medicare Services (CMS) health and safety standards? Check one.

| ACCREDITATION | American Osteopathic Association Healthcare Facilities | |
|-------------------|--|--|
| by a national | Accreditation Program (AOA/HFAP) | |
| accreditation | Center for Improvement in Healthcare Quality (CIHQ) | |
| organization | Det Norske Veritas Healthcare (DNV Healthcare) | |
| | The Joint Commission (TJC) | |
| CERTIFICATION by | a State Survey Agency | |
| NOT APPLICABLE (r | not approved as a CMS Provider) | |
| DON'T KNOW | | |

SECTION H: EXIT / COMPLETION

H1

Select the positions or titles of the people who have participated in completing this survey, including your own. *Click all that apply.*

| Mother-Baby Unit Manager / Supervisor Labor and Delivery Unit Manager / Supervisor | | | | |
|---|--|--|--|--|
| | | | | |
| | | | | |
| Maternity Care Services Director / Manager | | | | |
| Lactation Services Coordinator | | | | |
| Lactation Care Provider (i.e., IBCLC, CLC, CBC) | | | | |
| Clinical Nurse Specialist | | | | |
| Director of Obstetrics and Gynecology | | | | |
| Director of Perinatal Care | | | | |
| Director of Pediatrics | | | | |
| Medical Director | | | | |
| NICU Nurse Manager | | | | |
| Staff physician | | | | |
| Staff midwife | | | | |
| Staff nurse | | | | |
| Database Manager / Coordinator | | | | |
| Other | | | | |
| I prefer not to answer | | | | |



| H2 | | | | |
|---|-----------------------------|-----------------------------|----------------|--------|
| Contact information for mPINC report | :S | | | |
| We will email a copy of your hospital's | results. To protect the con | fidentiality of your hospit | al's scores we | |
| cannot send electronic copies of the H | | | | |
| Hotmail). Please enter your name, pos | | | | |
| hospital's results. Providing your contact | | | | |
| electronically provide your hospital's res survey recipient, will receive one (1) el | | | | |
| will in no way be connected to survey | | | | |
| | | | | |
| Survey Recipient Name | Position | Email | | |
| Survey Recipient Name | rosition | Lillali | | |
| | | | | CCIAN |
| | | | | |
| Н3 | | | | 991911 |
| Comments | | | | |
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Thank you for your time!